Bendroflumethiazide 2.5mg and 5mg tablets

Warnings and precautions
Talk to your doctor or pharmacist before taking Bendroflumethiazide tablets if you have:
- mild or moderate impaired kidney or liver function.
- liver disease caused by alcohol (alcoholic cirrhosis).
- or may have diabetes. If you are taking insulin, your doctor may need to adjust your insulin dosage.
- systemic lupus erythematosus (SLE) (an inflammatory disease of connective tissue causing large areas of red scaly patches on the face, hair loss, weight loss, painful joints and fever).
- an inherited disorder of the red blood pigment haemoglobin causing skin blisters, abdominal pain and brain or nervous system disorders (porphyria).

Other medicines and Bendroflumethiazide tablets
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. Especially:
- allopurinol (used in gout).
- colestyramine or colestipol (used to lower cholesterol).
- disopyramide, amiodarone, flaxicid, quinidine, lidocaine or mesiletine (used to control an irregular heart beat).
- tricyclic antidepressants, reboxetine or monoamine oxidase inhibitors (MAOIs) (used for depression).
- sulfonylureas (used in diabetes to control blood sugar levels).
- carbamazepine (used in epilepsy).
- amphotericin (used to treat fungal infections).
- prasugrim (used in high blood pressure, heart failure, Raynaud’s syndrome and an enlarged prostate).
- ACE inhibitors (e.g. enalapril) or angiotensin II antagonists (e.g. losartan) to lower blood pressure.
- pimozide or thioridazine (antipsychotics).
- calcium salts.
- calcium channel blockers e.g. amiodipine or diltiazem.
- moxifloxyn (used in Raynaud’s syndrome).
- corticosteroids e.g. prednisolone.
- cisplatin (used to treat cancer).
- mexiletine (used to control an irregular heart beat).
- atorvastatin or simvastatin (used to lower cholesterol).
- allopurinol (used in gout).
- angiotensin-converting enzyme (ACE) inhibitors (e.g. enalapril).
- angiotensin II antagonists (e.g. losartan).
- sympathomimetics (used as decongestant, asthma or heart medicine).
- theophylline (used in breathing problems such as asthma).
- carbeneroxilone (an ulcer healing drug).
- vitamin D.

Pregnancy and breast-feeding
Bendroflumethiazide tablets should not be used in pregnant or breast-feeding women. Speak to your doctor or pharmacist before taking any medicine.

Driving and using machines
Bendroflumethiazide tablets can cause dizziness, make sure you are not affected before driving or operating machinery.
Bendroflumethiazide tablets can cause side effects, although not everybody gets them.

Contact your doctor at once if you experience the following:
- Allergic reaction (hypersensitivity): (frequency Not Known - frequency cannot be estimated from the available data; rashes including skin that is red, flaky and peeling (exfoliative dermatitis), sensitivity to sunlight or artificial light (e.g. sun beds), a viral infection of the lungs (pneumonitis), fluid in the lungs (pulmonary oedema).
- Blood (frequency Rare - may affect up to 1 in 1,000 people): altered numbers and types of blood cells. If you notice increased bruising, nosebleeds, sore throats, infections, excessive tiredness, breathlessness on exertion or abnormal paleness of the skin, you should tell your doctor who may want you to have a blood test.

The following side effects have been reported under frequency Not known (frequency cannot be estimated from the available data). Tell your doctor or pharmacist if you notice any of these side effects, they get worse or you notice any not listed.

- Metabolism: Bendroflumethiazide may occasionally affect the level of sugar in the blood. If you are an insulin-dependent diabetic patient, you may need to have your dose of insulin adjusted as your body’s ability to deal with the insulin may be affected if you are taking bendroflumethiazide at the same time; an increase in uric acid in your blood, causing gout; changes in blood lipid (fat) levels (shown in blood tests).
- Chemicals within the body (shown in blood tests): low blood potassium levels (hypokalaemia) (which may cause an increase in the frequency and amount of urination, thirst, decreased volume within blood vessels, low blood pressure, circulation problems, changes in the levels of salts and electrolytes in your blood and central nervous system depressions (drowsiness, tiredness and coma). Treatment for overdosing involves fluid and electrolyte replacement.

If you forget to take Bendroflumethiazide tablets
If you forget to take a dose take it as soon as you remember it and then take the next dose at the right time. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

Possible side effects
Like all medicines, Bendroflumethiazide tablets can cause side effects, although not everybody gets them.

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- Allergic reaction (hypersensitivity): (frequency Not Known - frequency cannot be estimated from the available data; rashes including skin that is red, flaky and peeling (exfoliative dermatitis), sensitivity to sunlight or artificial light (e.g. sun beds), a viral infection of the lungs (pneumonitis), fluid in the lungs (pulmonary oedema).
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- Chemicals within the body (shown in blood tests): low blood potassium levels (hypokalaemia) (which may cause an increase in the frequency and amount of urination, a feeling of general discomfort and illness, muscle weakness or cramp, dizziness, feeling or being sick and loss of appetite), low blood magnesium and sodium levels, high levels of calcium in the blood (hypercalcaemia), low blood levels of chloride ions with increased alkalinity in the body (hyperchloremic alkalosis).
- Stomach and intestines: feeling or being sick, diarrhoea, constipation, stomach irritation.
- Other: inflammation of the pancreas, blocked bile flow within the liver (which may present as jaundice – yellowing of the skin or whites of the eyes, dark urine and pale stools), inability to maintain an erection, dizziness on standing due to low blood pressure (postural hypotension), dizziness.

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

How to store Bendroflumethiazide tablets
Keep out of the sight and reach of children.
Store below 25°C in a dry place.
Do not use Bendroflumethiazide tablets after the expiry date stated on the label/carton/bottle. The expiry date refers to the last day of that month.
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Contents of the pack and other information
What Bendroflumethiazide tablets contain
- The active substance (the ingredient that makes the tablets work) is bendroflumethiazide PhEur. Each tablet contains either 2.5mg or 5mg of the active substance.
- The other ingredients are lactose, magnesium stearate, maize starch, pregelatinised maize starch, stearic acid, water.

What Bendroflumethiazide tablets look like and contents of the pack
2.5mg tablets are white, circular, biconvex, uncoated tablets.
5mg tablets are white, circular, flat bevelled-edge, uncoated tablets.
Pack size is 28.
Marketing Authorisation Holder and Manufacturer
Accord Barnstaple, EX32 8NS, UK
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