Bendroflumethiazide 2.5mg & 5mg Tablets PIL - UK

Item number: BBBA8700

Originator: S. Anson
Orignation Date: 31.07.2020
Revision Date: 16.10.2020
Revised By: S. Anson

Dimensions: 148 x 210
Min Body Text Size: 7pt
Supplier: Accord Barnstaple

Colours
1. Black
2. White
3. Blue
4. Red
5. Green
6. Yellow

Non Printing Colours
1. Profile
2. White
3. Blue
4. Red
5. Green
6. Yellow

Colours

Bendroflumethiazide Tablets
2.5, 5mg x 28 (UK)

JDE No.: 50993004

Dimensions: 148 x 210
Component: Leaflet for Blisters
Pharmacode: 4252

Date Sent: 20/07/20
Technologist: T. Hull

Technical Approval

Accord BST - Packing Technical
BST/CutterGuideline/accord-healthcare.com

EU-Artwork-Support@accord-healthcare.com

* Please note that only Artwork Studio is permitted to make changes to the above artwork.
No changes are permitted by any 3rd party other than added notes and mark ups for required changes.

Version 7
12.02.2020
If you are having parathyroid function tests, speak to your doctor as Bendroflumethiazide tablets may affect the results.

**Bendroflumethiazide tablets and alcohol**
Consuming alcohol whilst taking this medicine may make you feel dizzy or faint when you stand.

**Pregnancy and breast-feeding**
Bendroflumethiazide tablets should not be used in pregnant or breast-feeding women. Speak to your doctor or pharmacist before taking any medicine.

**Driving and using machines**
Bendroflumethiazide tablets can cause dizziness, make sure you are not affected before driving or operating machinery.

**Bendroflumethiazide tablets contain lactose**
If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

### 3 How to take Bendroflumethiazide tablets

**Always take Bendroflumethiazide tablets exactly as your doctor has told you.**
Check with your doctor or pharmacist if you are not sure.

Swallow the tablets **with water in the morning** to avoid frequent urination at night.

**The recommended dose is:**
- **Adults and children 12 years and over**
  - Oedema: initially 5–10mg once a day or once every other day. The maintenance dose is 5–10mg once to three times a week.
  - **High blood pressure:** 2.5mg once a day.
- **Children under 12 years**
  - A more appropriate formulation may be used. Initially 400micrograms per kilogram of body weight, a day. The maintenance dose is 50-100micrograms per kilogram of body weight, a day.

**Elderly**
Your doctor may prescribe you a lower dose, especially if you have impaired kidney function.

**If you take more Bendroflumethiazide tablets than you should**
- If you (or someone else) swallow a lot of tablets at the same time, you or the child may have swallowed any, contact your nearest hospital emergency department or tell your doctor immediately.
- Symptoms of an overdose include: lack of appetite, feeling or being sick, diarrhoea, dehydration, low blood pressure, dizziness, weakness, muscle cramps, fits, increase in the frequency and amount of urination, thirst, pain and needles, muscle spasms, changes in the levels of salts and electrolytes in your blood, heart rhythm abnormalities and central nervous system depression (drowsiness, tiredness and coma).

**If you forget to take Bendroflumethiazide tablets**
- If you forget to take a dose, take it as soon as you remember it and then take the next dose at the right time. Do not take a double dose to make up for a forgotten dose.
- If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

### 4 Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**Contact your doctor or emergency department at once if you experience the following:**
- **Rash** (shown in blood tests): increased triglycerides, increased cholesterol, low potassium levels (hypokalaemia) (which may cause an increase in the frequency and amount of urination, a feeling of general discomfort and illness, muscle weakness or cramp, dizziness, feeling or being sick and loss of appetite), low magnesium and sodium levels, high levels of calcium (hypercalcaemia), low levels of chloride ions with increased alkalinity in the body (hypochloraemic alkalosis), increase in uric acid (with or without gout)

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

### 5 How to store Bendroflumethiazide tablets

Keep out of the sight and reach of children.
Store below 25°C in a dry place.
Do not take this medicine after the expiry date stated on the label (carton/bottle). The expiry date refers to the last day of that month.
Do not throw away any medicines via wastewater or household waste.
Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

### 6 Contents of the pack and other information

**What Bendroflumethiazide tablets contain**
- The active substance is bendroflumethiazide PhEur. Each tablet contains either 2.5mg or 5mg of the active substance.
- The other ingredients are lactose, magnesium stearate, maize starch, pregelatinised maize starch, steanic acid, water.

**What Bendroflumethiazide tablets look like and contents of the pack**
- **2.5mg tablets** are white, circular, biconvex, uncoated tablets, impressed “C” on one face and “BA” on either side of the central division line on the reverse.
- **5mg tablets** are white, circular, flat bevelled edge, uncoated tablets, impressed “C” on one face and “BB” on either side of the central division line on the reverse.

**Pack size** is 28.

**Marketing Authorisation Holder and Manufacturer**
Accord Barnstaple, EX32 9NS, UK.
This leaflet was last revised in October 2020.