200mg Tablets and Nurofen 200mg Caplets

Contains Ibuprofen

1. What Nurofen 200mg Tablets and Nurofen 200mg Caplets are and are used for

Nurofen 200mg Tablets and Nurofen 200mg Caplets belong to a group of medicines known as non-steroidal anti-inflammatory drugs (NSAIDs). They are used to relieve:

- Period pain
- Headaches and migraine pain
- Pain due to accidents such as sprains or strains
- Arthritis
- Pain from dental extraction
- Pain due to other medical conditions

2. How to take Nurofen 200mg Tablets and Nurofen 200mg Caplets

Nurofen 200mg Caplets can be taken with or without food. Nurofen 200mg Tablets should be swallowed whole with a little water. Nurofen 200mg Tablets and Nurofen 200mg Caplets can be taken up to 6 tablets in 24 hours.

3. How much Nurofen 200mg Tablets and Nurofen 200mg Caplets are needed

It is important not to exceed the recommended dose, as this may increase the risk of side effects.

4. Possible side effects

Like all medicines, Nurofen can cause side effects, although not everyone gets them.

Common side effects:

- Stomach pain (may be stomach ulcer)
- Heartburn
- Indigestion
- Vomiting

Uncommon side effects:

- Swelling of the face, tongue or throat
- Difficulty breathing
- Unexplained or unusual bruising or bleeding
- Symptoms of liver problems

Rare side effects:

- Allergic skin reactions
- Severe exhaustion

If you get any side effects, talk to your doctor, pharmacist or nurse. You can also report side effects directly via the Yellow Card Scheme at: publichealth.gov.uk/yellowcard

5. How to handle Nurofen 200mg Tablets and Nurofen 200mg Caplets if you forget to take them

If you forget to take a dose, take it as soon as you remember, but do not take two doses at the same time. If you forget to take a dose, do not take more than the recommended dose for the day. If you notice any side effects, tell your doctor or pharmacist.

6. How to stop taking Nurofen 200mg Tablets and Nurofen 200mg Caplets

STOP TAKING the medicine and seek immediate medical help if you develop:

- Swelling of your face, tongue or throat
- Signs of serious allergic reaction (such as hives, rash, breathing difficulties)
- Difficulty breathing

7. What to do if you take too much Nurofen 200mg Tablets and Nurofen 200mg Caplets

If you take too much Nurofen 200mg Tablets and Nurofen 200mg Caplets, keep the medicine container and any remaining tablets and take them with you to the consultation.

8. Further information

This leaflet explains the most likely side effects and does not include all possible side effects. You can report side effects by calling the Yellow Card Scheme on: 0800 234 5987.