	Package Leaflet: Information for the User Lemsip Max All in One Wild Berry & Hot Orange Powder for oral solution	
Ē	(paracetamol, guaifenesin, phenylephrine hydrochloride)	Ô.
	Please read this leaflet carefully before you take this medicine.	ě.
	f you are not sure of anything, ask your pharmacist or doctor.	
	I. What is this medicine and what is it used for?	
	zemsip Max Atl in One Wild Berry & Hot Orange Powder for Orat Solution contains a combination of ingredients	Ц
	which are effective in relieving the symptoms associated with colds and flu, including relief of aches and pains,	
	ore throats, headache, nasal congestion and lowering of temperature, and chesty coughs. Paracetamol is a	1
	vell-known painkiller (analgesic). It is effective against aches and pains, including a headache, and can also reduce	
	tever (antipyretic). Guaifenesin (expectorant) allows you to cough up phlegm when suffering from a chesty	<u>o</u>
	cough. Phenylephrine hydrochloride (nasal decongestant) reduces swelling in the passages of the nose, relieving	нц.
	asal congestion and reducing the pressure which may cause a headache.	
	2. What you need to know before you take this medicine	1
	As with all medicines, Lemsip Max-All in One Wild Berry & Hot Orange Powder for Oral Solution may not be —	H
	suitable for some people.	
	Do not take this medicine if:	
	• You are allergic to any ingredient (see section 6 for further information).	
	You have a serious heart condition.	
	• You have high blood pressure (hypertension) or an overactive thyroid.	
	• You are taking or have taken within the last 14 days a medicine called a monoamine oxidase inhibitor (MAOI),	
_	usually used to treat depression.	
	You have an enlarged prostate.	
	You have phaeochromocytoma.	
	You have diabetes mellitus.	
	You have closed-angle glaucoma.	1
	<ul> <li>You are taking other sympathomimetic decongestants.</li> </ul>	
	Warnings and precautions	
	Falk to your doctor or pharmacist before taking this medicine if:	
_	• You have Raynaud's syndrome (poor blood circulation which makes the fingers or toes pale and numb).	
	<ul> <li>You have a problem with your liver or kidneys.</li> </ul>	1
	You have non-cirrhotic liver disease (liver disease that is not associated with changes in the structure of the	i i
	liver).	
	• You are suffering from porphyria (a rare blood disease).	
	<ul> <li>You experience persistent or chronic cough, or if you are using any other cough suppressants.</li> </ul>	
	During treatment with this medicine, tell your doctor straight away if:	1
	You have severe illnesses, including severe renal impairment or sepsis (when bacteria and their toxins circulate in-	H
	he blood leading to organ damage), or you suffer from malnutrition, chronic alcoholism or if you are also taking	
	Iucloxacillin (an antibiotic). A serious condition called metabolic acidosis (a blood and fluid abnormality) has been	
	reported in patients in these situations when paracetamol is used at regular doses for a prolonged period or when	
	paracetamol is taken together with flucloxacillin. Symptoms of metabolic acidosis may include: serious breathing	1
	difficulties with deep rapid breathing, drowsiness, feeling sick (nausea) and being sick (vomiting).	1
(	Other medicines and Lemsip Max All in One Wild Berry & Hot Orange Powder for oral solution	
	Do not take with other paracetamol-containing products.	
_	• This medicine may interfere with the results of some urine tests. If you are having any urine tests, tell the	
	doctor or hospital staff that you are taking this medicine.	1
	Falk to your doctor or pharmacist if you are:	
	• Taking beta-blockers for high blood pressure, other antihypertensives or vasodilators (drugs used to treat high	
	blood pressure, leg pain due to vascular problems or Raynaud's syndrome).	
	• Taking tricyclic anti-depressants (a specific class of drugs used to treat depression), other decongestants, or	
	barbiturates (used to treat sleep problems or epilepsy).	
—	- Taking other medicines. Some drugs may affect the way in which paracetamol works, including those used to-	– – H
	treat blood cholesterol (cholestyramine) and nausea and vomiting (metoclopramide and domperidone). The	
	effect of blood thinning drugs (warfarin and other coumarins) may be increased by paracetamol. Some drugs	
	may affect the way in which phenylephrine works (MAOIs, other sympathomimetic amines, antihypertensives,	
	tricyclic antidepressants, digoxin and cardiac glycosides).	
	• Taking flucloxacillin (antibiotic), due to a serious risk of blood and fluid abnormality (called high anion gap	
	metabolic acidosis) that must have urgent treatment (see section 2).	
_	• Taking liver enzyme-inducing drugs, such as, anticonvulsants (including phenytoin, barbiturates,	
_	carbamazepine) and alcohol, may increase the hepatotoxic potential of paracetamol.	7
	• Taking isoniazid (antibiotic), due to a risk of increased toxicity of paracetamol.	
	Taking oxytocic agents (labour inducing drugs), the vasopressor effect of phenylephrine may be potentiated when	
	used in conjunction with oxytocic drugs and ergot alkaloids, which can increase risk of haemorrhagic stroke. Tell	
	your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.	
1	Lemsip Max All in One Wild Berry & Hot Orange Powder for oral solution with alcohol	
	• Do not take with large quantities of alcohol.	
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Pregnancy and breast-feeding This product should not be used in women with a Ask your doctor or pharmacist for advice before ta This medicine contains: <ul> <li>Aspartame (61.5mg per dose), a source of phe (PKU), a rare genetic disorder in which pheny</li> <li>Sucrose. If you have been toild by your doctor before taking this medicine product.</li> <li>Sodium (129.0mg per dose), main component recommended maximum daily dietary intake</li> <li>Thow to take this medicine</li> <li>To be made into a hot drink. Dissolve one sachet in Stir until dissolved. If preferred, sweeten to taste w It is important to drink plenty of fluids when suffe Adults and children 16 years and over: One sac than 4 sachets in 24 hours.</li> <li>Do not give to children under 16 years of age.</li> <li>If the symptoms of your cold or flue pressit for mort Talk to a doctor at once if you take too much of paracetamol can cause delayed, serious liver da palpitations (irregular or forceful heartheat), st pale appearance (pallor), feeling sick (nausea) of 4. Possible side-effects</li> <li>Allergic reactions (such as skin rashes).</li> <li>Very rare cases of serious skin reactions have</li> <li>Blood disörders, such äs, thrombocytopenia (reduction neutropenia (reduction in white blood cells with or a serious condition that can make blood more using paracetamol (see section 2).</li> <li>Nausea and vomiting.</li> <li>Abdominal discomfort and diarrhoea.</li> <li>Difficulty in passing urine (especially in males). Reporting of ide effects</li> <li>If you get any side effects, you can help provide mit on this leaflet. You can also report side effects dire www.mhra.gov.uk/yellowcard or search for MHR By reporting side effects, you can help provide mit on to use after the end of the month of the expir) Do not use after the end of the month of the expir) Do not use after the end of the month of the expir) Do not use after the end of the</li></ul>