

Oilatum[®] Gel

light liquid paraffin

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to use Oilatum Gel carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If you notice any side effects, please tell your doctor or pharmacist.

In this leaflet:

1. What Oilatum Gel is and what it is used for
2. Before you use Oilatum Gel
3. How to use Oilatum Gel
4. Possible side effects
5. How to store Oilatum Gel
6. Further information

1. What Oilatum Gel is and what it is used for

Oilatum Gel contains a medicine called light liquid paraffin. It is used to treat itchy, irritating dry skin problems such as eczema and dermatitis.

Oilatum Gel works by:

- soothing, moisturising and conditioning your skin.
- stopping loss of moisture from your skin.

This makes your skin:

- soft and supple.
- less rough and scaly.
- less itchy and irritated.

2. Before you use Oilatum Gel

Do not use Oilatum Gel if:

- you are allergic to light liquid paraffin or any of the other ingredients in this medicine (listed in Section 6).
 - you have greasy or oily skin.
- Do not use Oilatum Gel if any of the above applies to you. If you are not sure, talk to your pharmacist or doctor before using this medicine.

3. How to use Oilatum Gel

If this medicine is from your doctor or pharmacist, do exactly as they have told you. Otherwise, follow the instructions below. If you do not understand the instructions or you are not sure, ask your doctor or pharmacist.

- You should use Oilatum Gel every time you wash or shower.
- Use this medicine only on your skin. Avoid getting this gel in your eyes or on your lips or mouth.
- Take care to avoid slipping. This gel may make your shower or bath more slippery.

Using Oilatum Gel in the shower, bath or sink

1. Shower or wash as usual.



2. When your skin is still wet, rub a small amount of gel between your hands. Gently massage it onto the affected area of your skin. If you are applying the gel onto someone else, your hands as well as the area being treated, should be wet.



3. Rinse the area of application and your hands with warm water.



4. Pat your skin dry with a soft towel. Do not rub as this will remove the Oilatum Gel from your skin.



4. Possible side effects

Like all medicines, Oilatum Gel can cause side effects, although not everybody gets them. The following side effects have been reported at the site of application in approximately 1 in 1,000 people:

- Redness of the skin, rash, irritation or itching
- Allergic type reactions including red, swollen, inflamed skin (dermatitis).

Some of these effects can also be symptoms of the condition you are treating. However, if you experience any of these effects for the first time, or you experience worsening of these effects stop use and speak to your doctor or pharmacist.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can

also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Oilatum Gel

- Keep out of the sight and reach of children.
- Do not store above 25°C.
- Do not use Oilatum Gel after the expiry date which is stated on the end of the tube as EXP. The expiry date refers to the last day of the month.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What Oilatum Gel contains

- The active ingredient is light liquid paraffin 70% w/w.
- The other ingredients are polyethylene, polyethylene glycol 400 dilaurate, polyoxyethylene 40 sorbitol septeoate, 2 octadodecanol, polypropyleneglycol-2-myristyl ether propionate, polyphenylmethyl siloxane copolymer and floral spice (fragrance).

What Oilatum Gel looks like and contents of the pack

- Oilatum Gel comes in tubes of 150 grams.
- Oilatum Gel is a non-foaming emollient gel.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder:
Stiefel, 980 Great West Road,
Brentford, Middlesex,
TW8 9GS, U.K.

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Manufacturer:
Glaxo Operations UK Ltd,
(trading as Glaxo Wellcome Operations),
Harmire Road, Barnard Castle, Co. Durham,
DL12 8DT, United Kingdom

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Oilatum is a registered trade mark of Stiefel Laboratories, Inc.

