Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

• Keep this leaflet. You may need to read it again.
• If you have any further questions, ask your doctor or pharmacist.
• This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
• If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is this leaflet?:

1. What Tolterodine Tartrate is and what it is used for
2. What you need to know before you take Tolterodine Tartrate
3. How to take Tolterodine Tartrate
4. Possible side effects
5. How to store Tolterodine Tartrate
6. Contents of the pack and other information

1. What Tolterodine Tartrate is and what it is used for
The active substance in Tolterodine Tartrate is tolterodine. Tolterodine belongs to a class of medicinal products called antimuscarinics. Tolterodine Tartrate is used for the treatment of the symptoms of overactive bladder syndrome. If you have overactive bladder syndrome, you may find that:
• you are unable to control urination,
• you need to rush to the toilet with no advance warning and/or go to the toilet frequently.

2. What you need to know before you take Tolterodine Tartrate
Do not take Tolterodine Tartrate if you:
• are allergic to tolterodine or any of the other ingredients of this medicine (listed in section 6).
• are unable to pass urine from the bladder (urinary retention).
• have an uncontrolled narrow-angle glaucoma (high pressure in the eyes with loss of eyesight that is not being adequately treated).
• suffer from myasthenia gravis (excessive weakness of the muscles).
• suffer from severe ulcerative colitis (ulceration and inflammation of the colon).
• suffer from a toxic myoclonus (acute dilatation of the colon).

Warnings and precautions
Talk to your doctor or pharmacist before taking Tolterodine Tartrate if you:
• have difficulties in passing urine and/or a poor stream of urine.
• have a gastro-intestinal disease that affects the passage and/or digestion of food.
• suffer from kidney problems (renal insufficiency).
• have a liver condition.
• suffer from neurodegenerative disorders that affect your blood pressure, bowel or sexual function (any neoplasms of the autonomic nervous system).
• have a haematoma (hemorrhage of an abdominal organ).
• have experienced decreased bowel movements or suffer from severe constipation (decreased gastro-intestinal motility).

3. How to take Tolterodine Tartrate
Dosage
Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is one 2 mg tablet twice daily.

4. Possible side effects
Possible side effects of Tolterodine Tartrate may include:
• a slow heart rate (bradycardia).
• an abnormal heart tracing (ECG).
• arrhythmia (irregular heartbeat) and heart failure.
• having abnormally low levels of potassium (hypokalaemia), calcium (hypocalcaemia) or magnesium (hypomagnesaemia) in your blood.

Other medicines and Tolterodine Tartrate
Tell your doctor if you are taking, have recently taken or might take any other medicines.

Tolterodine, the active substance of Tolterodine Tartrate, may interact with other medicinal products. It is not recommended to use tolterodine in combination with:
• antibiotics (containing e.g. erythromycin, clarithromycin).
• medicinal products used for the treatment of fungal infections (containing e.g. ketoconazole, itraconazole).
• medicinal products used for the treatment of HIV.

Tolterodine Tartrate should be used with caution when taken in combination with:
• medicines that affect the passage of food (containing e.g. metoclopramide and cisapride).
• medicines for the treatment of irregular heartbeat (containing e.g. amiodarone, sotalol, quinidine, procainamide).
• other medicines with a similar mode of action to Tolterodine Tartrate (antimuscarinic properties) or medicines with an opposite mode of action to Tolterodine Tartrate (cholinergic properties). Ask your doctor if you are unsure.

Tolterodine Tartrate with food and drink
Tolterodine Tartrate can be taken before, after or during a meal.

Pregnancy and breast-feeding
Pregnancy
You should not use Tolterodine Tartrate when you are pregnant. Tell your doctor immediately if you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Breast-feeding
It is not known if tolterodine, the active substance of Tolterodine Tartrate, is excreted in the mother’s breast milk. Breast-feeding is not recommended during administration of Tolterodine Tartrate.

Driving and using machines
Tolterodine Tartrate may make you feel dizzy, tired or affect your sight; your ability to drive or operate machinery may be affected.

Other medicines and Tolterodine Tartrate
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

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Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. You should see your doctor immediately if you experience symptoms of angioedema. There have also been reports of worsening symptoms of angioedema and disorientation.

Additional reactions reported include severe allergic reactions:

- Memory impairment
- Heartburn
- Nervousness
- Allergic reactions

Very common side effects (may affect up to 1 in 10 people) are:

- Headache
- Dry mouth

Common side effects (may affect up to 1 in 10 people) are:

- Bronchitis
- Dizziness, sleepiness, sensation of pins and needles in the fingers and toes
- Dry eyes, blurred vision
- Verteigo
- Palpitations
- Difficulty with digestion (diabetespisia), constipation, abdominal pain, excessive amounts of air or gases in the stomach or the intestine, vomiting
- Dry skin
- Paralytic or difficult urination, inability to empty the bladder
- Tiredness, chest pain, extra fluid in the body causing swelling (e.g. in the ankles)
- Increased weight
- Diarrhoea

Uncommon side effects (may affect up to 1 in 100 people) are:

- Allergic reactions
- Nervousness
- Increased heart rate, heart failure, irregular heartbeat
- Heart burn
- Memory impairment

Additional reactions reported included severe allergic reactions, such as an angioedema, flushed skin, angioedema and disorientation. There have also been reports of worsening symptoms of dementia in patients being treated for dementia.

Report of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the yellow card scheme at www.mhra.gov.uk/yellowcard or search for MHRA yellow card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.