



Meprobamate Tablets 400mg

Each tablet contains
400mg Meprobamate BP

Meprobamate Tablets also contain microcrystalline cellulose. Use as directed by your doctor. To be taken by mouth. Keep out of reach and sight of children. Store at room temperature (at or below 25°C).

MA holder:
Genus Pharmaceuticals,
Park View House,
65 London Road, Newbury,
Berkshire RG14 1JN, UK.

PM/01803
PIP 106 2819
*Trademark

PL 17225/0003
9243489 1012

POM

84 tablets

PACKAGE LEAFLET: INFORMATION FOR THE USER Meprobamate Tablets 400mg (Meprobamate)

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side-effects get serious, or if you notice any side-effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Meprobamate Tablets 400mg are and what they are used for
2. Before you take Meprobamate Tablets 400mg
3. How to take Meprobamate Tablets 400mg
4. Possible side-effects
5. How to store Meprobamate Tablets 400mg
6. Further information

1. WHAT MEPROBAMATE TABLETS 400MG ARE AND WHAT THEY ARE USED FOR

Meprobamate Tablets 400mg contain meprobamate. Meprobamate Tablets 400mg are used for the short-term relief of anxiety or muscle tension.

2. BEFORE YOU TAKE MEPROBAMATE TABLETS 400MG

Do not take Meprobamate Tablets 400mg if you:

- are allergic (hypersensitive) to meprobamate or any of the other ingredients of Meprobamate Tablets 400mg (see section 6 – Further information for details)
- are or have been addicted to drugs or alcohol
- suffer from acute intermittent porphyria. Your doctor will have told you if you suffer from this rare disease
- are breast-feeding
- have severe breathing or chest problems.

Take special care with Meprobamate Tablets 400mg if you:

- become pregnant
- suffer from epilepsy, since Meprobamate Tablets may induce seizures in patients with epilepsy
- have liver or kidney problems

- suffer from depression
- suffer from muscle weakness or breathing problems.

Using other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Take care if you are taking the following medicines:

- steroids for asthma
- oral contraceptives (The "pill")
- warfarin for thinning your blood
- rifampicin, an antibiotic
- chlorpromazine, a drug for mood or mental disorders
- griseofulvin for fungal infections
- phenytoin for epilepsy or depression.

Taking Meprobamate Tablets 400mg with food and drink

You should avoid drinking alcohol when taking Meprobamate Tablets.

Pregnancy and breast-feeding

Do not take meprobamate if you are pregnant, planning to become pregnant or are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

Some people feel sleepy when taking Meprobamate Tablets. Do not drive or operate machinery until you are sure you are not affected.

3. HOW TO TAKE MEPROBAMATE TABLETS 400MG

Always take Meprobamate Tablets 400mg exactly as your doctor has told you to. You should check with your doctor or pharmacist if you are not sure.

You should swallow your tablets with a glass of water.

Adults and the elderly only

The usual dose is one 400mg tablet three times daily with an extra 400mg tablet before going to bed. If you are over 65 years of age, you may need a lower dose. Half the normal adult dose or less may be enough.

If you have been taking Meprobamate Tablets for more than a month, talk to your doctor.

Meprobamate should not usually be taken long-term.

Meprobamate Tablets 400mg are not recommended for children.

If you take more Meprobamate Tablets 400mg than you should

Do not take more tablets than stated on the label of your medicine. If you take too many, seek medical attention immediately.

If you forget to take Meprobamate Tablets 400mg

If you forget to take a dose at the right time, take it as soon as you remember and then go on as before. Do not take a double dose to make up for a forgotten tablet.

If you stop taking Meprobamate Tablets 400mg

Some patients experience withdrawal effects when stopping treatment with Meprobamate Tablets. For this reason, your doctor may ask you to slowly reduce the number of tablets you take before stopping treatment.

Withdrawal effects, if any, are usually mild provided the drug is reduced gradually before stopping. You must seek the advice of your doctor before decreasing or stopping your dose of Meprobamate Tablets.

If Meprobamate Tablets are stopped suddenly after they have been taken in high doses for a long period of time, withdrawal effects may be severe.

Withdrawal effects may include:

anxiety, shaking, excitement, restlessness, confusion and hallucinations, sweating, stomach upsets, difficulty in sleeping and occasionally convulsions.

You should tell your doctor if you believe you are suffering from any of these or other symptoms when you stop taking Meprobamate Tablets.

4. POSSIBLE SIDE-EFFECTS

Like all medicines, Meprobamate Tablets 400mg can cause side-effects, although not everybody gets them.

You should tell your doctor immediately if you experience any of the following more rare side-effects:

- bruising or bleeding (e.g. nose bleeds) with no apparent cause
- anaemia (feeling unusually tired, or short of breath and looking pale)
- unexplained irritation to the skin or mucous membranes such as the throat
- skin rashes which may or may not be bumpy and itchy
- blisters
- shaking
- chills
- fever
- fainting
- swelling
- severe difficulty in breathing
- passing little or no urine
- sore or swollen mouth
- mouth ulcers or sore rectum.

Occasionally you may have unwanted effects whilst taking meprobamate. These are usually not serious and do not last for long. However, you should tell your doctor if any of the following symptoms are severe or become troublesome:

- drowsiness
- dizziness
- feeling sick
- clumsiness
- vomiting
- over-excitement or strange feelings such as pins and needles
- feeling weak or light-headed.

If any of the side-effects get serious or if you notice any side-effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE MEPROBAMATE TABLETS 400MG

Keep out of the reach and sight of children

Do not use Meprobamate Tablets 400mg after the expiry date which is stated on the blister and carton after EXP. The expiry date refers to the last day of that month. Store below 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment

6. FURTHER INFORMATION

The active substance in Meprobamate Tablets 400mg is 400mg meprobamate. The other ingredients are polacrillin potassium, microcrystalline cellulose, methylcellulose and magnesium stearate.

What Meprobamate Tablets 400mg look like and the contents of the pack

Meprobamate Tablets 400mg are round, white and flat and are marked with GP035 on one side. They are usually supplied in bottles of 84 (although you may only be given as many as your doctor prescribes).

POM PL 17225/0003

Meprobamate Tablets 400mg

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder: Genus Pharmaceuticals, Park View House, 65 London Road, Newbury, Berkshire RG14 1JN, UK.

Manufacturer: Custom Pharmaceuticals Limited, Conway Street, Hove, East Sussex BN3 3LW, UK.

This leaflet was last approved in September 2010.