Olena tablets can cause problems. You need to talk to your doctor. See section 3, Other conditions and Olena tablets.

If you are pregnant or planning to get pregnant, talk to your doctor. See section 2, Pregnancy, breast-feeding and fertility.

Before you start the tablets carefully before you start taking Olena tablets because it contains important information for you:

• if you have had a heart attack, you may not use this medicine.
• if you have any further questions, ask your doctor, pharmacist or nurse.

This medicine has been prescribed for you only. Do not pass it on to other people, even if they have the same symptoms as you.

• if you get any side effects, talk to your doctor, pharmacist or nurse.

If you are taking Olena tablets or if you have any possible side effects not listed in this leaflet. See section 4.

Eight important things you need to know about Olena tablets

Olena tablets contain the active substance fluoxetine which is one of a group of medicines called selective serotonin-reuptake inhibitors (SSRIs) antidepressants.

This medicine is used to treat the following conditions:

• Depressive episodes
• Obsessive-compulsive disorder
• Eating disorders Bulimia nervosa

Children and Adolescents aged 8 to 18 years

Children and adolescents aged 8 to 18 years for the treatment of moderate to severe major depressive episodes in combination with psychological therapy.

Adults and elderly people

Adults and elderly people for the treatment of moderate to severe major depressive episodes in combination with psychological therapy.

Olena tablets also contain the following medicines:

• Calcium carbonate
• Acacia
• Dextrose
• Hydrated lime
• Corn starch
• Magnesium stearate
• Talc
• Hydroxypropyl methylcellulose

What is in this leaflet

This leaflet includes information about medicines that are available in a number of different strengths, and that may be used to treat the same condition or a similar condition.

Five things to consider before you start taking Olena tablets

Take your doctor or pharmacist's advice if you have to take any other medicines.

Taking some other medicines with Olena tablets can cause problems. You need to talk to your doctor. See section 3, Other conditions and Olena tablets.

Tell your doctor or pharmacist if you are taking any other medicines.

Olena tablets may affect the way the following medicines work (interaction):

• Lithium, selegiline, St. John's Wort, tramadol (used to treat severe pain) or clozapine (for epilepsy); because it may reduce the effect of Olena tablets.
• Certain irreversible, non-selective monoamine oxidase inhibitors (MAOIs), some used to treat depression. Incompatible, non-selective MAOIs must not be used with Olena tablets or in any other medicines (potentially toxic syndrome) can occur (see section "Do not take Olena tablets").
• Tamoxifen used to treat breast cancer. If Olena tablets have been prescribed for this medicine for moderate to severe major depressive episodes, it should not be used to treat other conditions.
• Aspirin, other anti-inflammatory agents (e.g. phenothiazine derivatives, antihistamines), tricyclic antidepressants, certain anti-convulsants (for epilepsy), certain anti-psychotics; because Olena tablets may influence the blood pressure, your doctor may need to consider prescribing a different anti-convulsant or anti-psychotic.
• Linezolid (an antibiotic) and methylthioninium chloride (also called physostigmine) used to treat the medicine for certain types of blood thickening or certain irreversible, non-selective MAOIs (for instance bupropion) for depressive episodes; because it may reduce the effect of tamoxifen, your doctor may need to consider prescribing a different anti-convulsant or anti-psychotic.
• Monoamine oxidase inhibitors (MAOIs), some used to treat depression. Incompatible, non-selective MAOIs must not be used with Olena tablets or in any other medicines (potentially toxic syndrome) can occur (see section "Do not take Olena tablets").
• Treatment with Olena tablets should only be started at least 2 weeks after discontinuation of an irreversible, selective MAO (for instance phenelzine).
• Any medicines that affect the heart (e.g. Class I and III antiarrhythmics, anti-psychotics). Because Olena tablets may influence the heart rate, blood pressure and the risk of arrhythmias.
• If you have had a heart attack, Olena tablets may increase the likelihood of an atrial fibrillation. If you fail to get medical advice at the time of your heart attack, your doctor may need to introduce anticoagulant therapy more carefully and carry out checks on your blood clotting times when given with Olena tablets.
• If you are allergic to any of these or any other ingredients of this medicine.
• If you suffer from diabetes, Olena tablets may affect your blood sugar levels. Your doctor may need to alter the dose of your insulin or other diabetes agents.
• If you suffer from an eating disorder (e.g. bulimia nervosa or anorexia nervosa) or develop unexpected weight loss (see section 3, Other conditions and Olena tablets).
• If you have a head injury (e.g. concussion)
• If you have been told to take any other medicines with Olena tablets (see section 4, Effects).
• If you have a family history of mental or physical problems (e.g. schizophrenia)
• If you have a history of blood clots (e.g. in the veins or lungs) or previous stroke (e.g. in the brain). If you smoke, you are more at risk of these clots.
• If you have a head injury (e.g. concussion)
• If you work in conditions that cause you to be exposed to damp, cold or frosty temperatures.
• If you have been told to take any other medicines with Olena tablets (see section 4, Effects).
• If you have a history of blood clots (e.g. in the veins or lungs) or previous stroke (e.g. in the brain). If you smoke, you are more at risk of these clots.
• If you work in conditions that cause you to be exposed to damp, cold or frosty temperatures.
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• If you are allergic to any of these or any other ingredients of this medicine.
• If you suffer from diabetes, Olena tablets may affect your blood sugar levels. Your doctor may need to alter the dose of your insulin or other diabetes agents.
• If you have a head injury (e.g. concussion)
• If you work in conditions that cause you to be exposed to damp, cold or frosty temperatures.
• If you have a history of blood clots (e.g. in the veins or lungs) or previous stroke (e.g. in the brain). If you smoke, you are more at risk of these clots.
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• If you work in conditions that cause you to be exposed to damp, cold or frosty temperatures.
You are advised to swallow the tablet(s) with a half a glass of water or disperse the tablet(s) in milk. Severe undesirable reactions including allergies and tightening of the respiratory passages have been reported. If you get a rash or allergic reaction such as itching, swollen lips/tongue or narrowing of the airways that last, contact your doctor immediately. This medicine also contains sulfur dioxide (E220) which may rarely cause a rash or skin reaction. If you have an intolerance to some sugars, contact your doctor before taking this medicine. If you have been told by your doctor that you have an intolerance to sorbitol which is a sugar, you should only take this medicine if it is clearly necessary. If bread or other foods contain sorbitol, you may need to avoid them. If you are pregnant, or breast-feeding mothers, this medicine should only be taken after consultation with your doctor.

Swallowing Olena tablets may not make you feel any better for the first two weeks or so of taking the medicine. Elderly patients taking this type of medicine.

The recommended dose is 1 tablet (20 mg) daily. Your doctor may decide to prescribe a lower dose or not to use Olena tablets in elderly patients. If you have any of the symptoms listed and they bother you, or last for some time, tell your doctor immediately. The maximum dose is 3 tablets (60 mg) daily. The tablets may be harder to swallow if you are taking them with water or milk. It is important that you keep taking your medicine. Do not take a dose then take the next dose at the usual time. If you get a rash or allergic reaction such as itching, swollen lips/tongue or narrowing of the airways that last, contact your doctor immediately. This medicine also contains sulfur dioxide (E220) which may rarely cause a rash or skin reaction. If you have an intolerance to some sugars, contact your doctor before taking this medicine. If you have been told by your doctor that you have an intolerance to sorbitol which is a sugar, you should only take this medicine if it is clearly necessary. If bread or other foods contain sorbitol, you may need to avoid them. If you are pregnant, or breast-feeding mothers, this medicine should only be taken after consultation with your doctor.

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