1. WHAT PARACETAMOL IS AND WHAT IT IS USED FOR

The name of your medicine is Paracetamol 500mg Tablets (called paracetamol throughout this leaflet). This medicine contains paracetamol. It belongs to a group of medicines called analgesics (painkillers) and is used to treat pain (including headache, toothache, back and period pain) and cold or flu symptoms.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE PARACETAMOL

Do not take paracetamol and tell your doctor if:

- You are allergic to the active substance or any of the other ingredients in your medicine (listed in Section 6).
- You have severe kidney or liver problems.
- You have a liver problem caused by alcohol.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking paracetamol.

Other medicines and paracetamol

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes medicines available from your doctor and more widely in shops.

While taking paracetamol you should not take any other medicines which contain paracetamol.

This includes some painkillers, cough and cold remedies. It also includes a wide range of other medicines available from your doctor and more widely in shops.

Tell your doctor if you are taking any of the following medicines:

- Medicines used to thin the blood such as warfarin.
- Metoclopramide or domperidone - used to stop you feeling sick (nausea) or being sick (vomiting).
- Colestyramine - for lowering blood cholesterol levels.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking paracetamol.

3. HOW TO TAKE PARACETAMOL

Always take paracetamol exactly as instructed on this leaflet. Check with your doctor or pharmacist if you are not sure.

- Do not take more than the recommended dose.
- If you need to use this medicine for more than three days at a time, see your doctor.

Use in children under 10

Take one tablet every four to six hours when necessary to a maximum of four doses in 24 hours.

Use in children aged 10 to 15

The usual dose of paracetamol is 2 tablets.
- Swallow the tablets whole with a drink of water.
- Wait at least 4 hours before taking another dose.
- Do not take more than 4 doses in any 24-hour period.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following side effects may happen with this medicine:

- You get swelling of the hands, feet, ankles, face, lips or throat which may cause difficulty in swallowing or breathing. You could also notice an itchy, lumpy rash (hives) or nettle rash (urticaria). This may mean you are having an allergic reaction to paracetamol.
- You get serious skin reactions. Very rare cases have been reported.

Tell your doctor or pharmacist if any of the following side effects gets serious or lasts longer than a few days:

- You get infections or bruise more easily than usual. This could be because of a blood problem (such as agranulocytosis, neutropenia or thrombocytopenia). This side effect has only happened in a few people taking paracetamol.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

5. HOW TO STORE PARACETAMOL

Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date shown on the pack. The expiry date refers to the last day of that month.
- Keep this medicine out of the sight and reach of children.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Paracetamol 500mg Tablets contain:
- The active substance is paracetamol. Each tablet contains 500mg of paracetamol.
- The other ingredients are: maize starch, potassium sorbate, purified talc, stearic acid, povidone, and soluble starch.

Contents of pack

Paracetamol 500mg Tablets come in cartons of 16, 32 and 100. Not all pack sizes may be sold.

The Marketing authorisation Holder and Manufacturer is Zentiva, One Onslow Street, Guildford, Surrey, GU1 4YS, UK.
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