

5. How to store Clonidine Hydrochloride 25 microgram Tablets

Keep out of the sight and reach of children.

Do not use Clonidine Hydrochloride 25 microgram Tablets after the expiry which is stated on the blister and carton. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What Clonidine Hydrochloride 25 microgram Tablets contain

Active substance:

Each tablet contains clonidine hydrochloride 25 micrograms.

Other ingredients: Microcrystalline cellulose, maize starch, pregelatinised maize starch, lactose monohydrate, talc, sodium starch glycolate Type A and magnesium stearate.

Each box of Clonidine Hydrochloride 25 microgram Tablets contains 112 white to off-white, circular tablets with 'CD 25' engraved on one side, in 4 blister strips of 28 tablets each.

Marketing Authorisation Holder and Manufacturer

Accord, Barnstaple, EX32 8NS, UK

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Clonidine Hydrochloride 25 microgram Tablets
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PATIENT INFORMATION LEAFLET

Clonidine Hydrochloride 25 microgram Tablets

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you.

**Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.**

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1. What is Clonidine Hydrochloride and what is it used for?

Clonidine Hydrochloride 25 microgram Tablets belong to a group of medicines called 'vasodilators', which cause widening of the blood vessels and therefore an increase in blood flow.

Your doctor has prescribed Clonidine Hydrochloride 25 microgram Tablets for you to prevent attacks of migraine and similar types of headache. The tablets are also used to prevent hot flushes that may occur in women during the menopause ('change of life').

2. Before you take Clonidine Hydrochloride 25 microgram Tablets

Do not take Clonidine Hydrochloride 25 microgram Tablets:

- if you think that you may have had an allergic, or any other type of, reaction to Clonidine Hydrochloride 25 microgram Tablets, or a similar medicine, in the past. An allergic reaction may be recognised as a rash, itching, swollen face or lips, or shortness of breath;
- if you have a slow heart rate resulting from a disease of the heart called 'sick-sinus syndrome' or severe heart problems.

Clonidine Hydrochloride 25 microgram Tablets must only be used to treat the condition(s) your doctor has given you this medicine for.

Other things to do or know before you take the tablets

If the answer to any of the following questions is 'Yes', you may still be able to take Clonidine Hydrochloride 25 microgram Tablets, but you should discuss this with your doctor before taking the tablets:

- Do you have cerebrovascular disease (problems with blood flow to the brain)?
- Do you have heart or severe kidney problems?
- Do you suffer from cold and numb hands and feet, eg Raynaud's disease?
- Do you suffer from constipation?
- Have you ever suffered from depression?

As you may get dry eyes whilst taking this medicine, this may be a problem if you wear contact lenses.

Taking other medicines

Always tell your doctor if you are taking any other medicines (including those you bought yourself without a prescription) because taking some medicines together with Clonidine Hydrochloride 25 microgram Tablets can be harmful.

In particular, you should tell your doctor if you are taking any of the following medicines, as they can affect the way the tablets work:

- certain medicines used to lower blood pressure (*antihypertensives* and *alpha-blockers*); *alpha-blockers* are medicines also used to treat swelling of the prostate gland
- certain medicines that relax blood vessels (*vasodilators*)
- water tablets (*diuretics*)
- medicines which are often used to slow the heart rate or lower the blood pressure (*beta blockers*)
- medicines used to treat heart failure (*cardiac glycosides*)
- certain medicines used to treat depression (*tricyclic antidepressants*)
- other antidepressants, eg mirtazapine
- certain medicines used to relieve anxiety such as tranquillisers, hypnotics (and also alcohol) (*neuroleptics*)

Pregnancy and breast feeding

Tell the doctor if you are pregnant, think you might be pregnant or are trying to become pregnant. Clonidine Hydrochloride 25 microgram Tablets can reach your baby and may lower your baby's heart rate.

Clonidine Hydrochloride 25 microgram Tablets are not recommended for use while breast feeding; tell your doctor if you are breast feeding.

Driving and using machines

Medicines like Clonidine Hydrochloride 25 microgram Tablets may occasionally cause drowsiness, dizziness or could have some disturbances of vision. If you are affected in this way, do not drive or operate machinery.

Important information about some of the ingredients in Clonidine Hydrochloride 25 microgram Tablets

This medicine contains **lactose monohydrate**. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. How to take Clonidine Hydrochloride 25 microgram Tablets

Take the tablets by mouth, exactly as your doctor, pharmacist or medicine label tells you to.

The usual recommended dose is as follows:

Adults over 18 years:	Two to three tablets twice a day
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Children & Adolescents:	The use of clonidine is not recommended in paediatric patients under 18 years.
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The tablets should be swallowed whole with water, with or without food. It may take 2 to 4 weeks for the medicine to work properly.

If you take too many tablets

Contact your doctor or pharmacist as soon as possible. Always take the labelled medicine container with you whether or not there are any Clonidine Hydrochloride 25 microgram Tablets left.

If you forget to take a dose

Take a dose as soon as you remember, then carry on as before.

4. Possible side effects

Like all medicines, these tablets may cause side effects, although not everyone gets them.

The side effects described below have been listed as follows:

Very common (may affect more than 1 in 10 people): Dizziness, drowsiness, a dry mouth, and fall in blood pressure on standing which can cause light headed feelings (orthostatic hypotension) mainly following the first time a high dose was taken.

Common (may affect up to 1 in 10 people): Feeling depressed, problems sleeping, headache, nausea (feeling sick), pain below the ear (from the salivary gland), vomiting, constipation and feeling tired.

Uncommon (may affect up to 1 in 100 people): Slow heart beats (bradycardia), tingling or numbness of the hands or feet, itchy skin, skin rash, urticaria (nettle rash), generally feeling unwell (malaise), hallucinations (visions), problems with the blood flow in the limbs (e.g. Raynaud's type symptoms), problems with awareness and nightmares.

Rare (may affect up to 1 in 1000 people): Irregular heart-beat, blood glucose increased and inability to get or maintain an erection (impotence), dry nose, hair loss (alopecia). Rarely a condition known as pseudo-obstruction has been seen, symptoms include colicky pain, dry eyes (this may be a problem for people who wear contact lenses), enlargement of male breast tissue, constipation and vomiting.

Very rare (may affect up to 1 in 10,000 people): Pain in the parotid gland (a gland below the ear).

Not known (frequency cannot be estimated from the available data): Restlessness at night, blurred vision, confusion and reduction in sexual desire (libido).

If you experience any of these side effects and they continue, or become troublesome, please tell your doctor or pharmacist. Also tell your doctor or pharmacist if you experience any other effect not mentioned above.

Reporting of side effects: If you get any side effects, talk to your doctor or pharmacist.

This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.