Zinc & Castor Oil Ointment
(Zinc Oxide)

For symptomatic relief of nappy rash, and as a protective water-resistant cream for dry, chapped skin.

Read all the label before use.

What the medicine is for
Zinc and Castor Oil Ointment contains zinc oxide, a mild antiseptic and astringent for the skin in an emollient base which helps soften dry, hard and chapped skin.

Before you use the medicine...
X Do not use the medicine if you or your child have:
• An allergy to refined arachis oil (peanut oil), soya, or any other ingredients listed.

I Talk to your doctor if....
You or your child are having an x-ray, as this medicine may mask x-ray pictures.

I Pregnant or breastfeeding
Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Zinc and Castor Oil Ointment should not be used, unless the doctor has told you to do so.

Important ingredient information
• This medicine contains cetostearyl alcohol which may cause local skin reactions (e.g. contact dermatitis).
• It also contains refined arachis oil (peanut oil). If you are allergic to peanuts or soya do not use this product.

How to use the medicine
If separation of the ointment occurs, re-mix before use. Apply the ointment to the skin.
Adults, the elderly and children: Apply to the affected skin up to four times a day or at each nappy change.

FOR EXTERNAL USE ONLY.
I If you accidentally swallow some see a doctor straight away.

Possible side effects
There are no known side effects from using Zinc and Castor Oil Ointment as directed. If you notice any side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard.

By reporting side effects, you can help provide more information on the safety of this medicine.

Storing the medicine
Do not store above 25°C. Keep out of the sight and reach of children. Use by the date shown on the label.

Active ingredient: zinc oxide 7.5%.w/w.
Also contains: refined arachis oil (peanut oil), cetostearyl alcohol, white beeswax (E901), virgin castor oil.

What the medicine looks like
Zinc and Castor Oil Ointment is an off-white cream.

This label was last revised in July 2016.
Manufactured by the licence holder L.C.M. Ltd., Huddersfield, HD7 5QH, UK for Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

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