**IMPORTANT:** Peel this label at corner and read BEFORE use. Do not tear off, re-fix for future use.

For symptomatic relief of dry or irritating coughs.

Take the solution by mouth.

Adults. the elderly and children over 12 years: Take 1 or 2 x 5ml spoonfuls. Repeat after 4 hours if required, but not more than 4 doses in 24 hours.

Do not give to children under 12 years old.

Do not take with other cough and cold medicines.

**Warning:** Do not take more medicine than the label tells you to.

If symptoms persist consult your doctor. Peel where shown for further precautions.

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**Pholcodine Linctus**

Soothes dry or irritating coughs

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**Active ingredient per 5ml:**

Pholcodine monohydrate 5mg.

**Also contains:**

- Ethanol, colours (E104, E110, E123), Sodium benzoate (E211), sucrose 4g per 5ml, alcohol 6.5 vol%.

**Peel where shown for full list of ingredients:**

Do not store above 25°C.

Keep out of the sight and reach of children.

Manufactured by the licence holder L.C.M. Ltd, Huddersfield, HD7 5QH, UK for Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

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**200ml e**

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**This medicine contains pholcodine monohydrate, which reduces the desire to cough.**

1. **Before you use this medicine**

Do not use the medicine if you have:

- an allergy to any of the ingredients listed in section 3.
- liver disease.
- Shallow breath or breathing difficulties.
- Chest problems or chest infections for a long time.
- An asthma attack.
- Taken MAOIs (monoamine oxidase inhibitors) for depression within the last two weeks.
- Or in children under 12 years old.

**Tell your doctor or pharmacist if you have:**

- Kidney or liver problems.
- A history of asthma or other breathing problems including bronchitis.
- A persistent cough or one that produces phlegm.
- A history of drug abuse; pholcodine is an opioid and addiction is observed with opioids as a class.

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2. **Possible side effects**

Like all medicines, Pholcodine Linctus can have side effects, although these don’t affect everyone.

**Important side effects:** If you think you have any of the following side effects, stop using this medicine immediately and see a doctor as soon as possible.

- Allergic reactions which cause difficulty in breathing, fever, swelling of the mouth, lips or skin, severe rashes and itching.

**Other possible side effects are:**

- Feeling or being sick.
- Constipation.
- Dizziness.
- Drowsiness.
- Feeling excited or confused.
- Rash.
- Failure to cough up phlegm.

If you notice these or any other side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

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3. **Further information**

**If you accidentally take too much** see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

**The active ingredient per 5ml is:**

Pholcodine monohydrate 5mg.

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**The other ingredients are:**

- Citric acid (E330), ethanol, quinoline yellow (E104), sunset yellow (E110), amaranth (E123), sodium benzoate (E211), syrup (sucrose) and purified water.

**What the medicine looks like**

Pholcodine Linctus is an orange syrupy liquid. It is supplied in 200ml bottles.

This label was last revised in February 2020

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