



Magnesium Hydroxide

Mixture B.P. (Magnesium hydroxide 8% w/w)

For symptomatic relief of
flatulence, heartburn, dyspepsia
and indigestion.
For relief of occasional constipation.

500ml e

Read all the label before use.

What the medicine is for

Magnesium Hydroxide Mixture is an antacid, which in larger doses acts as a laxative.

Before you take the medicine....

X Do not use the medicine if you have....

- An **allergy** to any of the ingredients listed.
- **Severe kidney failure.** • A **severe stomach or bowel condition.** • Or give to children **under 12 years old.**

! Talk to your doctor if you have....

- Kidney or liver problems. • Or you are elderly or weak as you may react differently to this medicine.

! Children

In small children use of magnesium hydroxide may cause hypermagnesemia particularly if they have renal impairment or dehydration.

! Talk to your doctor or pharmacist if you are taking any other medicines as antacids can interfere with their action....

- You should avoid taking other medicines at the same time as this medicine if possible. Some medicines may be affected by magnesium hydroxide or they may affect how well magnesium will work. Tell your doctor or pharmacist if you are already taking salicylates. Allow 3 hours between taking this and your other medicines to reduce the possibility of interaction. Talk to your doctor if unsure.

! Pregnant or breastfeeding

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Magnesium Hydroxide Mixture should not be used in pregnancy or breastfeeding unless the doctor has told you to do so.

! Important information about some of the ingredients

This medicine contains less than 1mmol sodium (23mg) per 5ml dose, that is to say essentially 'sodium-free'. This medicine contains 2.5mg sodium benzoate in each 5ml dose, which is equivalent to 0.05% w/v.

✓ How to use the medicine

Take the suspension by mouth.

SHAKE THE BOTTLE.

Adults, the elderly and children over 12 years: As an antacid

- Take 1 or 2 x 5ml spoonfuls with a little water when required.

As a laxative

- Take 5 to 10 x 5ml spoonfuls (25 - 50ml) in a glass of water at bedtime.

Do not give to children under 12 years old.

If constipation persists ask your doctor for advice.

! If you accidentally take too much see a doctor straight away.

Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Very rare side effects (may affect up to 1 in 10,000 people): Hypermagnesemia. This was seen after prolonged administration to patients with renal impairment. Other side effects (frequency cannot be estimated from the available data): Abdominal pain,

diarrhoea, colic. If you have any side effects, stop use and tell your doctor or pharmacist.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for 'MHRA Yellow Card' in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

Storing the medicine

Do not store above 25°C. Do not allow to freeze.

Keep out of the sight and reach of children.

Use by the date shown on the label. Use within 3 months of first opening.

Active ingredient per 5ml:

magnesium hydroxide paste concentrated 1.325g.

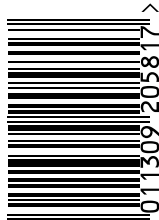
Also contains: sodium benzoate (E211) and purified water.

What the medicine looks like
Magnesium Hydroxide Mixture is a white suspension.

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Manufactured by the licence holder
Thornton and Ross Ltd.,
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