



# Iodine Tincture

(iodine, potassium iodide)

## Important information about Iodine Tincture

- This medicine is an antiseptic for use on minor wounds.
- It can be used on adults and children.

### Do not use....

- On newborn infants.
- On large open wounds.
- Highly flammable. Keep away from naked flames.

### Now read the rest of the leaflet before you use this medicine. It includes other information which might be especially important for you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need any more information or advice.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## 1. What the medicine is for

Iodine Tincture contains iodine which is an antiseptic. It is for use on minor wounds, cuts and scrapes.

## 2. Before you use this medicine

### Do not use the medicine if you or your child have....

- An **allergy** to any of the ingredients listed in section 6.
- A thyroid problem.
- Lithium therapy for manic depression.
- Or on newborn infants.

### Talk to your doctor or pharmacist if you or your child are having....

- Tests on the thyroid as Iodine Tincture may interfere with the results.

### Pregnant or breastfeeding....

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Iodine Tincture should not be used in pregnancy or breastfeeding unless the doctor has told you to do so.

## 3. How to use this medicine

Apply it to the skin.

- Do not use for long periods.
- Do not use on large open wounds.
- Do not cover with a dressing after use.

### Adults, the elderly and children

- Apply to the affected area using cotton wool as required.

FOR EXTERNAL USE ONLY.

### If you swallow some

If you accidentally swallow some see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

## 4. Possible side effects

Like all medicines, Iodine Tincture can have side effects, although these don't affect everyone.

Allergic reactions may occur including:

- Itching.
- Blistering.
- Bruising of the skin.
- Fever.
- Pain in the joints.
- Enlarged lymph nodes.
- An increase in the number of white cells in the blood.
- Frequent application to the skin may cause dryness and irritation.

If you notice these or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) By reporting side effects you can help provide more information on the safety of this medicine.

Turn over

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## 5. Storing this medicine

- Keep it out of the sight and reach of children.
- Do not store above 25°C.
- Keep the container tightly closed.
- Do not use after the expiry date shown on the carton. The expiry date refers to the last day of that month.
- Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

## 6. Further information

### What is in this medicine

**The active ingredients are:** iodine 2.5% w/v, potassium iodide 2.5% w/v.

**The other ingredients are:** purified water and ethanol 89% v/v.

### What the medicine looks like

Iodine Tincture is a dark brown liquid which smells of alcohol. It is supplied in 25ml bottles.

### Marketing authorisation holder and manufacturer

L.C.M. Ltd., Huddersfield, HD7 5QH, UK.

This leaflet was last revised in February 2015