



# Galpseud Linctus

(pseudoephedrine hydrochloride)

## Important information about Galpseud Linctus

- This medicine relieves congestion in the nose, sinus and upper chest.
- It can be used by adults, the elderly and children over 6 years.
- Follow the dosage instructions carefully. Children of different ages need different amounts. See section 3.

### Do not give....

- To children under 6 years.
- To anyone who is allergic to the ingredients. See section 6.
- With other nasal decongestants including sprays.

### Now read the rest of the leaflet before you use this medicine. It includes other information which might be especially important for you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need any more information or advice.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## 1. What the medicine is for

Galpseud Linctus is an oral solution for the relief of nose, sinus and upper chest congestion. It contains pseudoephedrine hydrochloride, a decongestant, which works to restrict blood vessels, reduces swelling and production of mucous and so relieves congestion.

## 2. Before you use this medicine

### Do not use the medicine if you or your child have....

- An **allergy** to any of the ingredients listed in section 6.
- Taken **medicine for depression** (monoamine oxidase inhibitors/MAOIs) within the last two weeks.
- **Severe kidney problems.**
- **Heart disease.**
- **Circulation problems.**
- **High blood pressure.**
- **Diabetes.**
- An **overactive thyroid gland.**
- **Glaucoma** (raised pressure inside the eyeball).
- Taken other **nasal decongestants including sprays.**
- Taken **beta-blockers.**
- **Phaeochromocytoma** (a rare tumour of the adrenal glands).
- Or you are **pregnant or breastfeeding.**
- **Do not give to children under 6 years.**

### Talk to your doctor if you or your child have....

- Bladder problems. • Prostate problems.
  - Mild kidney problems. • Severe liver disease.
- If you develop a feverish generalised erythema with pustules, stop taking this medicine and contact your doctor or seek medical attention immediately. See section 4. Sudden abdominal pain or rectal bleeding may occur with Galpseud Linctus, due to inflammation of the colon (ischaemic colitis). If you develop these gastro-intestinal symptoms, stop taking Galpseud Linctus and contact your doctor or seek medical attention immediately. See section 4. Reduction of blood flow to your optic nerve may occur with this medicine.

If you develop sudden loss of vision, stop taking this medicine and contact your doctor or seek medical attention immediately. See section 4.

### Talk to your doctor or pharmacist if you or your child are taking....

- Medicines to reduce your appetite.
- Medicines which stimulate the nervous system, e.g. amphetamines (used to treat Narcolepsy and Attention Deficit Hyperactivity Disorder).
- Medicines which lower your blood pressure.
- Medicines for mental illness.
- Antidepressants including moclobemide.
- Beta-blockers for a heart condition.
- Cardiac glycosides (eg. digoxin, digitoxin).
- Rasagiline or Selegiline for Parkinson's disease.
- Ergotamine or methysergide for migraine relief.
- Aproclonidine for glaucoma.
- Quinidine for irregular heartbeat.
- Kaolin and aluminium hydroxide (antacids).
- The antibiotic Furazolidone.
- If you go into hospital, tell the doctor you are using Galpseud Linctus as it may affect some hospital medicines and anaesthetics.

### Pregnant or breastfeeding

Galpseud Linctus should not be used in pregnancy or when breastfeeding. Ask your doctor or pharmacist for further advice.

### Important information about some of the ingredients

- This medicine contains 76.8mg of ethanol (alcohol) in each 5ml dose which is equivalent to 1.9% v/v. The amount of ethanol in 5ml of this medicine is equivalent to less than 2ml of beer and 1ml of wine. The small amount of alcohol in this medicine will not have any noticeable effects.

Turn over ➔

92765292011

- It contains parahydroxybenzoates (E215, E217, E219), sunset yellow dye (E110) and amaranth dye (E123) which may cause allergic reactions (possibly delayed).
- This medicine contains less than 1mmol sodium (23mg) per 5ml dose, that is to say essentially 'sodium-free'

## 3. How to use this medicine

Take this medicine by mouth.

The normal dose is given below but your doctor may prescribe a different amount for you. Always follow the instructions given by the doctor or pharmacist.

### Adults, the elderly and children over 12 years

Two 5ml spoonfuls three times a day.

### Children from 6 – 12 years

One 5ml spoonful three or four times a day. No more than 4 doses should be given in any 24 hours.

### Children under 6 years

Do not give to children under 6 years.

Do not take more medicine than the leaflet tells you to.

### If you take too much

If you accidentally take too much, see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

## 4. Possible side effects

Like all medicines, Galpseud Linctus can have side effects, although these don't affect everyone. The frequencies of these are unknown.

### Important side effects:

Stop using this medicine if you develop these symptoms and contact your doctor or seek medical attention immediately.

- Allergic reactions which may cause difficulty in breathing, fever, swelling of the mouth, lips or skin, severe rashes, itching or stomach pain.
- Sudden onset of fever, reddening of the skin, or many small pustules (possible symptoms of Acute Generalized Exanthematous Pustulosis - AGEP) may occur within the first 2 days of treatment with this medicine. See section 2.
- Inflammation of the colon due to insufficient blood supply (ischaemic colitis).
- Reduced blood flow to the optic nerve (Ischaemic optic neuropathy)

### Other possible side effects are:

- Hallucinations.
- Restlessness.
- Unable to sleep or disturbed sleep.
- Feeling sick or being sick.
- Headache.
- Skin rashes, lumps and red skin patches.
- Feeling anxious, irritable or excited.
- Glaucoma (raised pressure in the eyeball).
- Difficulty passing urine.
- Abnormal or rapid heartbeat.
- Palpitations.
- High blood pressure.
- Poor circulation e.g. cold feet or hands.
- Trembling.
- Dry mouth.
- Rarely, mental disorders.

If you notice these or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for 'MHRA Yellow Card' in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

## 5. Storing this medicine

- Keep it out of the sight and reach of children.
- Do not store above 25°C.
- Protect from light.
- Do not use after the expiry date shown on the pharmacist's label.
- Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

## 6. Further information

### What is in this medicine

The active ingredient per 5ml is: pseudoephedrine hydrochloride 30mg.

The other ingredients are: citric acid monohydrate (E330), sodium methyl parahydroxybenzoate (E219), sodium ethyl parahydroxybenzoate (E215), sodium propyl parahydroxybenzoate (E217), ethanol, amaranth dye (E123), sunset yellow dye (E110), carmellose sodium (E466), saccharin sodium (E954), menthol, condensed milk flavour, orange flavour, glycerol (E422), purified water.

### What the medicine looks like

Galpseud Linctus is a thick deep orange coloured liquid. It is dispensed for you by the pharmacist.

### Marketing authorisation holder and manufacturer

Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

### This leaflet was revised in October 2020.

Galpseud is a trade mark of Thornton & Ross Ltd.

92765292011