



# Covonia Vapour Drops

(menthol, peppermint oil)

## Important information about Covonia Vapour Drops

- This medicine relieves nasal congestion, catarrh and hay fever in adults and children over 2 years old.

### Do not use....

- For anyone under 2 years old.

**Now read the rest of the leaflet before you use this medicine. It includes other information which might be especially important for you.**

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need any more information or advice.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## 1. What the medicine is for

Covonia Vapour Drops contain menthol and peppermint oil which relieve nasal congestion. The drops relieve the symptoms of catarrh, hay fever and nasal congestion.

## 2. Before you use this medicine

**✗ Do not use the medicine if you or your child have....**

- An **allergy** to any of the ingredients listed in section 6.
- Or **is under 2 years old.**

**⚠ Pregnant or breastfeeding....**

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Covonia Vapour Drops should not be used in pregnancy unless the doctor has told you to do so.

**⚠ Important information about some of the ingredients**

- This medicine contains 69mg of alcohol (ethanol) per 3 droplets. The amount in 3 droplets of this medicine is equivalent to 2ml beer or 1ml wine. The small amount of alcohol in this medicine will not have any noticeable effects.
- This medicine contains 0.5%v/v benzyl alcohol. Benzyl alcohol may cause allergic reactions.

## 3. How to use this medicine

- Avoid contact with the eyes.
- Avoid direct contact with the skin.
- Do not place directly into the nostrils.
- Do not swallow.

**i Dosage**  
**Adults and children over 2 years**

- Sprinkle a few drops onto a handkerchief and inhale the vapour as required.

**✗ Do not give to children under 2 years**

If your symptoms persist you should ask your doctor for advice.

**⚠ If you swallow some**

If you accidentally swallow some, see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

**Turn over** ↗

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## 4. Possible side effects

Like all medicines, Covonia Vapour Drops can have side effects, although these don't affect everyone.

- Allergic reactions may occur, such as contact dermatitis and local skin irritation.

If you notice this or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

By reporting side effects you can help provide more information on the safety of this medicine.

## 5. Storing this medicine

- Keep it out of the sight and reach of children.
- Do not store above 25°C.
- Do not use after the expiry date shown on the carton. The expiry date refers to the last day of that month.
- Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

## 6. Further information

### What is in this medicine

**The active ingredients are:**

menthol 17.5% w/v, peppermint oil 0.2% v/v.

**The other ingredients are:**

eucalyptus oil, cajuput oil (contains benzyl alcohol), spike lavender fragrance oil, industrial methylated spirit (contains ethanol).

### What the medicine looks like

Covonia Vapour Drops is a clear yellow liquid. It is supplied in 7.5ml, 15ml and 30ml bottles.

### Marketing authorisation holder and manufacturer

Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

**This leaflet was last revised in July 2020**

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