



Aqueous Iodine Oral Solution

(iodine, potassium iodide)

Important information about Aqueous Iodine Oral Solution

This medicine is taken before an operation to correct an overactive thyroid gland. The doctor will decide how much you should take and how often.

Do not take....

- For longer than 6 days before the operation unless the doctor tells you to do so. See section 3.
- If you are pregnant or breastfeeding.
- This medicine is not to be used as a long-term treatment.
- The normal dose is a very small amount. Measure out the correct amount carefully using a 1ml syringe supplied by the pharmacist. See section 3.
- Take extra care when giving this medicine to children.
- Seek immediate medical help if you accidentally take too much.

Now read the rest of the leaflet before you use this medicine. It includes other information which might be especially important for you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need any more information or advice.
- If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

1. What the medicine is for

Aqueous Iodine Oral Solution is taken before an operation to correct an overactive thyroid gland. It helps reduce the risk of bleeding during the operation.

2. Before you use this medicine

Do not use the medicine if you or your child have....

- An **allergy** to **iodine, iodides** or any of the ingredients listed in section 6.
- Or you are **pregnant** or **breastfeeding**.

Talk to your doctor or pharmacist if you or your child are....

- Having tests carried out on your thyroid as this medicine may interfere with the results.

Pregnant or breastfeeding....

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Aqueous Iodine Oral Solution should not be used in pregnancy unless the doctor has told you to do so.

3. How to use this medicine

- The normal dose is given below but your doctor may prescribe a different amount for you. Always follow the instructions given by the doctor or pharmacist.
- Each time you take this medicine, dilute it in a glass of water or milk and drink it all straight away.

Adults, the elderly and children

- Measure 0.1 – 0.3ml in a small 1ml syringe and add it to the water or milk.
- Repeat three times a day for 6 days.
- Take extra care when giving this medicine to children.

DO NOT EXCEED THE STATED DOSE.

If you take too much

If you accidentally take too much, see a doctor immediately. Take the pack with you to show which medicine you have swallowed.

If you forget a dose

Take the next dose as soon as you remember. **Do not** take a double dose. You can then carry on with the normal dose at the correct time.

Turn over

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4. Possible side effects

Like all medicines Aqueous Iodine Oral Solution can have side effects, although these don't affect everyone.

Allergic reactions may occur including:

- Itching.
- Blistering.
- Bleeding or bruising of the skin.
- Fever.
- Pains in the joints.
- Enlarged lymph nodes.
- An increase in the number of white blood cells in the blood.
- Cold-like symptoms.
- Headache.
- Excessive tears or irritation and inflammation in the eyes.
- Hoarseness.
- Pain or difficulty in speaking.
- Bronchitis.
- Pain in the salivary glands.

Effects on the mouth may occur including:

- Metallic taste.
- An increase in saliva.
- Burning or pain.
- Swelling and inflammation of the throat.

Other effects:

- Spots or acne-like skin eruptions.
- Depression.
- Sleeplessness.
- Impotence.
- Diarrhoea which may contain blood.

If you notice these or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. Storing this medicine

- Keep it out of the sight and reach of children.
- Do not store above 25°C.
- Do not use after the expiry date shown on the pharmacist's label.
- Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

6. Further information

What is in this medicine

The active ingredients are:

iodine 5% w/v, potassium iodide 10% w/v.

The other ingredient is:

purified water.

What the medicine looks like

Aqueous Iodine Oral Solution is a dark brown liquid.

It is dispensed for you by the pharmacist.

Marketing authorisation holder and manufacturer

Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

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