1. WHAT DERMOL WASH IS AND WHAT IT IS USED FOR

- Dermol Wash is a moisturising, protective and antiseptic soap substitute for you to use whenever you wish. It has been developed for use instead of soaps (bars and liquids) and cleansers, both of which may irritate dry skin.
- Dermol Wash can also be used as a leave on treatment, re-applied after washing and drying.
- It helps to treat and prevent dry and itchy skin conditions. Common examples include:
  - occupational hand dermatitis (due to frequent hand-washing, or repeated contact with water or chemicals such as cleaning or hair products)
  - eczema and other types of dermatitis
  - ichthyosis (dry, flaky, scaly skin)
  - elderly pruritus (itchy skin due to ageing)
  - lichenification (unusually scaly skin)
  - All age groups can use Dermol Wash, including babies.
- The active ingredients in this product are isopropyl myristate and liquid paraffin (which are emollients), and benzalkonium chloride and chlorhexidine dihydrochloride (which are antimicrobials).
- This soap substitute is specially designed to be non-foaming and is fragrance free. When used as part of your normal washing routine, it helps to:
  - cleanse, soften, moisturise and protect your skin by trapping in moisture and restoring the normal protective function of the skin
  - prevent the skin-drying and irritant effects that can be caused by washing and by the soaps, foaming additives and fragrances used in ordinary cleansing products
  - combat bacteria present on your skin that can make eczema worse
  - prevent infection caused by scratching itchy skin
  - prevent ‘flare-ups’ of your skin condition.
- This product can be used in addition to any other emollients or treatments your doctor, pharmacist or nurse may have given or prescribed for you to treat your dry skin condition.

2. BEFORE YOU USE DERMOL WASH

- Do use Dermol Wash if you are allergic (hypersensitive) to isopropyl myristate, liquid paraffin, benzalkonium chloride and chlorhexidine dihydrochloride or any of the other ingredients of Dermol Wash listed in Section 6.
- Special warnings and precautions
  - This product can be used in addition to any other emollients or treatments your doctor, pharmacist or nurse may have given or prescribed for you to treat your dry skin condition.
  - This soap substitute is specially designed to be non-foaming and is fragrance free. When used as part of your normal washing routine, it helps to:
  - cleanse, soften, moisturise and protect your skin by trapping in moisture and restoring the normal protective function of the skin
  - prevent the skin-drying and irritant effects that can be caused by washing and by the soaps, foaming additives and fragrances used in ordinary cleansing products
  - combat bacteria present on your skin that can make eczema worse
  - prevent infection caused by scratching itchy skin
  - prevent ‘flare-ups’ of your skin condition.
  - This product can be used in addition to any other emollients or treatments your doctor, pharmacist or nurse may have given or prescribed for you to treat your dry skin condition.

3. HOW TO USE DERMOL WASH

- This product is only for application to the skin. Use this product as part of your normal washing routine, instead of your ordinary soap (bar or liquid) or cleanser. For maximum benefit you should use it whenever you wish (including routine hand washing).
- Before using this product, turn the top of the pump dispenser anti-clockwise to unlock it. After unlocking, you will need to press down the pump dispenser several times to prime the pump before any product is dispensed.
- Wash with this product in the same way as you would with any liquid soap.
4. POSSIBLE SIDE EFFECTS

Like all medicines, Dermol Wash can cause side effects, although not everybody gets them.

If you experience any of the following reactions stop using Dermol Wash and get urgent medical help: swelling of the face, lips, tongue or throat; a sudden uncharacteristic red itchy rash (hives) away from the site of application; wheezing or breathing difficulty; feeling faint or dizziness; a strange metallic taste in the mouth; or collapse. You may be having a serious allergic reaction.

This product has been specially designed for use on dry or problem skin areas anywhere on the body. Rarely, Dermol Wash can cause skin reactions on treated areas (involving redness, irritation and/or itching). These very rare skin reactions may become more significant where associated with excessive use as a leave-on application in areas of folded skin such as the groin or in the napry area.

Stop using this product and tell your doctor, nurse or pharmacist:

• If your skin condition seems to look or feel worse.
• If any of the side effects become unacceptable, or you notice any other side effects not mentioned in this leaflet.
• If you accidentally swallow Dermol Wash and you then feel unwell, seek medical attention.

If you accidentally swallow the product and you then feel unwell, seek medical attention. If you swallow Dermol Wash:

• Do not use Dermol Wash after the expiry date shown on the container and carton.
• Do not store above 25°C.
• After using the product it is advisable to turn the top of the pump dispenser clockwise to lock it.

5. HOW TO STORE DERMOL WASH

• Keep out of sight and reach of children.
• Do not use Dermol Wash after the expiry date shown on the container and carton.
• Do not use above 25°C.
• After using the product it is advisable to turn the top of the pump dispenser clockwise to lock it.

6. FURTHER INFORMATION

What Dermol Wash Cutaneous Emulsion contains:
The active ingredients in this product are isopropyl myristate (2.5% w/w), liquid paraffin (2.5% w/w), benzalkonium chloride (0.1% w/w) and chlorhexidine dihydrochloride (0.1% w/w). The other ingredients are cetostearyl alcohol, macrogol cetostearyl ether (cetomacrogol 1000), phenoxyethanol and purified water.

What Dermol Wash looks like and contents of the pack:
The product is a white, non-greasy emulsion (lotion) that contains no dye or fragrance. The product is available in a plastic bottle with a pump dispenser containing 200 ml of lotion. (50 ml packs are also available to medical and allied professions.)

The Marketing Authorisation holder is Dermal Laboratories, Hitchin, Herts, SG4 7QR, UK. The Manufacturer is Aeropak, Viking Road, Great Yarmouth, NR31 0NU, UK.

This leaflet was last revised in April 2017.

7. GENERAL ADVICE ON LOOKING AFTER DRY SKIN CONDITIONS

Breaking the itch-scratch cycle.

Some dry skin conditions like eczema and dermatitis are itchy, and can be quite sore. Although scratching relieves the itching for a short while, it further damages the skin. Badly scratched skin easily gets infected. This makes it itchier and the urge to scratch becomes even greater. It is better if scratching can be avoided by reducing the itching. The regular use of emollients or moisturisers can help with this.

To listen to or request a copy of this leaflet in Braille, large print or audio, please call free of charge: 0800 198 5000 (UK only). Please be ready to give the following information: Dermol Wash Cutaneous Emulsion, 00173/0407. This is a service provided by the Royal National Institute of Blind People (RNIB).