

If you need more advice,  
ask your pharmacist.

**Boots**

**Mucus Cough Relief**  
100mg/5ml  
Oral Solution

✓ **How to take this medicine**

Check the seal is not broken before first use. If it is, do not take the medicine.

**Adults, the elderly and children over 12 years old:** Take two 5ml spoonfuls, up to 4 times a day.

**Children under 12 years: Do not use.**

This medicine should be swallowed.

Do not exceed the stated dose.

No more than four doses should be taken in any 24 hours.

Do not take with other medicines to treat coughs or colds.

Stop taking this medicine and contact a healthcare professional if you have had a cough for more than 7 days or if you have any other symptoms which might be related to your cough, for example fever, rash, persistent headache or shortness of breath.

**If you take more medicine than you should:**

If you take too much of this medicine, consult your doctor or hospital immediately.

Bring any remaining medicine with you to show the doctor.

Signs and symptoms that you have taken too much medicine are: nausea and vomiting.

**If you forget to take your medicine:**

Take a dose when you need to, provided the last dose was taken at least 4 hours ago.

**Do not take a double dose to make up for the one you have missed.**

**Possible side effects**

Most people will not have problems, but some may get some.

**! If you get any of the side effects mentioned below or any other side effects, STOP taking the medicine immediately and contact your doctor:**

Allergic reactions. Symptoms could include itchy skin or rashes, difficulty breathing, faster heart rate, swelling of the face, neck, tongue or throat

**Other possible side effects:**

Feeling sick (nausea), being sick (vomiting), stomach discomfort

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this carton. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

**How to store this medicine**

Do not store above 25°C.

Do not refrigerate or freeze.

**Keep all medicines out of the sight and reach of children.**

Use by the date on the end flap of the carton or on the label edge.

**Active ingredient**

Each 5 ml of oral solution contains Guaifenesin 100 mg. Also contains: purified water, liquid sugar (sucrose), glycerol (E422), citric acid, sodium citrate, hyetellose, potassium sorbate (E202), acesulfame potassium, flavours (cream, blackcurrant, menthol).  
PL 00014/0554 UK Only  
Text prepared 04/2025

Marketing Authorisation Holder: The Boots Company PLC, Nottingham, NG2 3AA.  
Manufacturer: Laleham Health and Beauty Limited, Fairfield, Bradshaw Lane, Greenhalgh, Kirkham, Preston, PR4 3JA

**Other formats**

To request a copy of this carton in Braille, large print or audio please call, free of charge: 0800 198 5000 (UK only)

Please be ready to give the following information: Product name: Boots Mucus Cough Relief 100 mg/5 ml Oral Solution  
Reference number: 00014/0554

This is a service provided by the Royal National Institute of Blind People.

If you need more advice, ask your pharmacist.

150 ml e

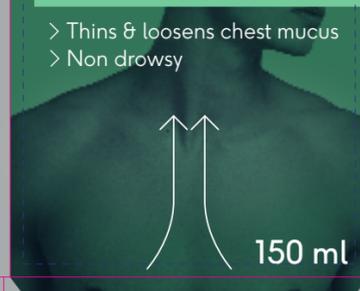
**Boots**

**Mucus Cough Relief**

100mg/5ml  
Oral Solution  
Guaifenesin

**SOOTHES & RELIEVES  
A MUCUS COUGH**

> Thins & loosens chest mucus  
> Non drowsy



150 ml

**Boots Mucus Cough Relief  
100mg/5ml Oral Solution**

Read all of this carton for full instructions.

**What this medicine is for**

This medicine contains Guaifenesin, which belongs to a group of medicines called cough expectorants, which work by changing an unproductive cough to one that is more productive and less frequent.

**Before you take this medicine**

**! Do not take:**

• If you are allergic to guaifenesin or any of the ingredients in this medicine

**! Talk to your doctor:**

• If you have had a cough for a long time (such as occurs with smoking), chronic bronchitis, emphysema (disease of the lungs), if you have asthma or if you are having an asthma attack

**! Talk to your pharmacist or doctor:**

• If you are pregnant or breastfeeding  
• If you are taking other medicines to treat coughs or colds

**Information about some of the ingredients:**

This medicine contains less than 1 mmol sodium (23 mg) per 5 ml, that is to say essentially 'sodium-free'. This medicine contains 1.8 g of liquid sugar (sucrose) per 5ml. This should be taken into account if you have diabetes. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine. This medicine contains glycerol which may cause headache, stomach upset and diarrhoea.



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Lot:

Use by:

CT003273

UNITED KINGDOM ONLY

CARTON Recycle

BOTTLE Recycle