Prochlorperazine 5mg Tablets PIL - UK

Read all of this leaflet carefully before you start taking this medicine, because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:
1. What Prochlorperazine tablets are and what they are used for
2. What you need to know before you take Prochlorperazine tablets
3. How to take Prochlorperazine tablets
4. Possible side effects
5. How to store Prochlorperazine tablets
6. Contents of the pack and other information

1. What Prochlorperazine tablets are and what they are used for
Prochlorperazine tablets belong to a group of medicines called phenothiazine tranquillisers. They may be used to treat:
- dizziness due to ear diseases (such as Meniere's syndrome or Meniere's disease),
- mental illnesses (such as schizophrenia and mania),
- anxiety in the short term,
- sleep disorders (such as restlessness or insomnia),
- an extreme rise or fall in body temperature.

2. What you need to know before you take Prochlorperazine tablets
Do not take Prochlorperazine tablets if you:
- have had any heart problems or a family history of heart problems,
- have ever abused alcohol and are not eating properly,
- have low blood concentrations of potassium (hypokalaemia), calcium (hypocalcaemia) or magnesium (hypomagnesaemia), neutrophils (agranulocytosis),
- or someone else in your family has a history of blood clots, as medicines like these have been associated with formation of blood clots,
- suffer with myasthenia gravis,
- have ever had a stroke.

Other medicines and Prochlorperazine tablets
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines:
- strong painkillers (e.g. morphine, codeine phosphate),
- antacids or kaolin preparations,
- medicines to treat depression (such as lithium or tricyclics (e.g. amitriptyline, doxepin, imipramine),
- tetrabenazine (to treat allergies),
- medicines to treat diabetes (e.g. chlorpropamide, gliclazide),
- medicines to treat high blood pressure (e.g. clonidine, doxazosin, guanethidine, nifedipine, verapamil),
- medicines to treat Parkinson's disease and some mental illnesses such as bromocriptine, cabergoline, levodopa, pramipexole, ropinirole, apomorphine, lisuride, pergolide.
- anticholinergics (e.g. atropine sulfate, oxybutynin),
- medicines used to treat anxiety and difficulty sleeping (e.g. diazepam, chloralhydrate),
- sotalol (to prevent and treat some heart conditions),
- desferrioxamine (to treat iron poisoning),
- sirolimus (used for weight loss),
- adrenaline (epinephrine),
- amphetamine,
- antipsychotics (e.g. chlorpromazine, trifluoperazine),
- medicines to treat epilepsy (e.g. phenobarbital),
- medicines to treat irregular heart beat (e.g. amiodarone, flecainide),
- if you are about to undergo surgery or dentistry where an anaesthetic will be used,
- ritonavir (for HIV infection),
- cimetidine (to treat stomach ulcers),
- medicines that effect electrolyte imbalance e.g. diuretics (furosemide or bumetanide).

Prochlorperazine tablets with alcohol
You are advised not to drink alcohol with this medicine as it may cause difficulty breathing and increase the chance of other side effects, including drowsiness.

Pregnancy and breast-feeding
This medicine is not recommended for women who are pregnant or breast-feeding.

If you are pregnant, planning to become pregnant or are breast-feeding:
- You may need to use other medicines to treat your condition.
- Talk to your doctor or pharmacist before taking Prochlorperazine tablets
- Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.
- Tell your doctor or pharmacist if you are about to undergo surgery or dentistry where an anaesthetic will be used.
- Other medicines and Prochlorperazine tablets
- Desferrioxamine (to treat iron poisoning)
- Sotalol (to prevent and treat some heart conditions)
- Amphetamine
- Antipsychotics (e.g. chlorpromazine, trifluoperazine)
- Medicines to treat epilepsy (e.g. phenobarbital)
- Medicines to treat irregular heart beat (e.g. amiodarone, flecainide)
- If you are about to undergo surgery or dentistry where an anaesthetic will be used
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Driving and using machines
Prochlorperazine tablets may cause drowsiness. Make sure you are not affected before you drive or operate machinery.

Prochlorperazine tablets contain lactose
If you have been told you have an intolerance to some sugars, contact your doctor before taking this medicine, as it contains a type of sugar called lactose.

3 How to take Prochlorperazine tablets
Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.
Swallow the tablets with water. Do not crush, break or chew the tablets more than you need to as you may develop sore, red or blistered skin.

Doses:
- **Adults:** The recommended dose is 5mg three times a day, up to a maximum of 30mg a day. Your doctor may gradually reduce to 5-10mg a day after several weeks.
- **Nausea and vomiting:** Prevention: the recommended dose is 5-10mg two or three times a day.
- **To help with the treatment of anxiety:** the recommended dose is 15-20mg a day (divided throughout the day). Up to a maximum of 40mg a day (divided throughout the day).
- **Mental illness:** the recommended dose is 75-100mg a day, depending on response.
- **Elderly:** Your doctor may prescribe a lower dose.

Use in children and adolescents: Not recommended for children under 12 years of age.

If you take more Prochlorperazine tablets than you should
If you (or someone else) swallow a lot of tablets at the same time, or you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately. Signs of an overdose include drowsiness, loss of consciousness, low blood pressure, fast or irregular heart rate, low body temperature and jerky movements.

If you forget to take the Prochlorperazine tablets
Do not take a double dose to make up for a forgotten dose. If you forget to take a dose take it as soon as you remember it and then take the next dose at the right time.

If you stop taking the Prochlorperazine tablets
Contact your doctor before stopping Prochlorperazine tablets as you may develop withdrawal effects such as feeling or being sick, sweating, difficulty sleeping, or involuntary movements. Your doctor will reduce your dose gradually to reduce the risk of developing withdrawal effects.

4 Possible side effects
Like all medicines, this medicine can cause side effects, although not everybody gets them.

In elderly people with dementia, a small increase in the number of deaths has been reported for patients taking antipsychotics compared with those not receiving antipsychotics.

Contact your doctor immediately if you experience the following:
- **Blood:** this medicine may alter the numbers and types of your blood cells, you may notice increased bruising, nosebleeds, sore throats or infections. Your doctor may want to give you a blood test.
- **Blood clots:** in the veins especially in the legs (symptoms include swelling, pain and redness in the leg), which may travel through blood vessels to the lungs causing chest pain and difficulty in breathing. If you notice any of these symptoms seek medical advice immediately.
- **Liver:** a sudden fever 1-3 weeks after starting the tablets, followed by jaundice (yellowing of the skin or whites of the eyes) and possibly a rash.
- **Neuroleptic Malignant Syndrome:** excess temperature, drowsiness, rigid muscles, rapid breathing, restlessness and uncontrolled movements.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:
- **Nervous system:**
  - Parkinsonian effects (tremor, rigidity, loss of normal muscle movement).
  - tardive dyskinesia (lip-smacking or puckering, puffing of cheeks, rapid or worm-like movements of tongue, uncontrolled chewing movements, uncontrolled movements of arms and legs).
- **difficulty in controlling movements and jerky movements and muscle spasms** (more common in children and young adults).
- trouble sleeping, agitation
- **Eye:** visual disturbances
- **Heart:** dizziness and feeling faint especially when you stand up, irregular or fast heartbeats, heart block (these are more likely if you already suffer from heart problems, are elderly, have low levels of potassium in the blood or are taking medicines known as tricyclic antidepressants), changes in the electrical activity of the heart or heart attack, sudden death.
- **Chest and airways:** blocked nose, difficulty breathing
- **Digestive system:** dry mouth
- **Skin and tissues:** greyish-mauve discolouration of skin (following direct contact with the tablets), sensitivity to sunlight (if this occurs you should avoid sunlamps and direct sunlight, you may be advised to use a sunscreen), skin rashes
- **Reproductive system:** raised blood levels of the hormone prolactin which can cause breast milk production, breast tenderness and swelling or changes in periods, reduced sexual potency in men
- **Others:** drug withdrawal in newborn infants

5 Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

6 How to store Prochlorperazine tablets
Keep out of the sight and reach of children.
Store below 25°C in a dry place, protected from light, and in the original packaging.
Do not use this medicine after the expiry date stated on the label/carton/bottle. The expiry date refers to the last day of that month.
Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to dispose of medicines you no longer use. These measures will help to protect the environment.

6 Contents of the pack and other information
**What Prochlorperazine tablets contain**
- The active substance (the ingredient that makes the tablet work) is 5mg of prochlorperazine maleate.
- The other ingredients are lactose monohydrate, magnesium stearate, maize starch, microcrystalline cellulose (E460).

**What Prochlorperazine tablets look like and contents of the pack**
Prochlorperazine tablets are white, circular, uncoated tablets.
Pack size is 28 and 84 tablets.
Marketing Authorisation Holder and Manufacturer
Accord, Barnstaple, EX32 8NS, UK
Date of last revision May 2019

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**Prochlorperazine Tablets**
5mg x 28 & 84's (UK)

**JDE No.:** 50967412
**Component:** 148x210 (Reel Fed)
**Pharmacode:** 3457
**Date Sent:** 18/04/19
**Technologist:** R.Wrey

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