Package leaflet: Information for the patient
Diazepam 2mg, 5mg and 10mg tablets

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
• Keep the leaflet. You may need to read it again.
• If you have any further questions, ask your doctor or pharmacist.
• The medicine has been prescribed for you. Do not pass it on to others.
• It may harm them, even if their signs of illness are the same as yours.
• If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is this leaflet;
1. What Diazepam tablets are and what they are used for
2. What you need to know before you take Diazepam tablets
3. How to take Diazepam tablets
4. Possible side effects
5. How to store Diazepam tablets
6. Contents of the pack and other information

1. What Diazepam tablets are and what they are used for
Diazepam belongs to a group of medicines called benzodiazepines. Diazepam helps in the treatment of anxiety, mental health problems and convulsions (fits). Diazepam tablets are used to treat a number of conditions:
In adults:
• short term relief (2-4 weeks only) of severe anxiety, which is an emotional state where you may feel the need to escape from situations you cannot control and have a fast heartbeat and may occur alone or with insomnia (a lack of sleep) or insomnia (a mental health problem)
• helping muscles relax and for muscle spasm and painful conditions
• helping to treat muscle spasm caused by tetanus
• helping to relax nervous dental roots.
In children:
• helping to control tension and irritability caused by a condition which can cause diazepam to interact with other medicines (tetanus) if you are taking,
• helping to control movement and irritability
• helping to treat seizures caused by tetanus
• helping to relax nervous dental roots.
Both adults and children can take Diazepam tablets before an operation to help with relaxation and to cause sleepiness.
The medicine should be used for as short a time as possible and should not be used for more than four weeks. If used for too long without a break, there is a risk of becoming dependent on or having problems when you stop taking it. When taking this medicine there is a risk of dependence. It is necessary to stop taking this medicine gradually. The risk increases with the dose and length of treatment. If you are at risk of dying if you ever had a history of alcohol or drug abuse.

2. What you need to know before you take Diazepam tablets
On this leaflet are Diazepam tablets and tell your doctor:
• if you have ever had an allergic reaction to diazepam or to any other benzodiazepine medicines or to any of the other ingredients in your tablets (see section 4)
• if you have or ever had any of the problems in your tablets (see section 5)
• if you have or ever had breathing problems, which may be severe
• if you have or ever had a history of breathing problems
• if you have or ever had a breathing problem with or without anxiety or hyperactivity

Diazepam All strengths — PIL United Kingdom

Item number: BBBA8735
Originator: CGrant
Revision Date: 05/08/2020
Dimensions: 148x210
Min Body Text Size: 7pt
Supplier: Accord Barnstable

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Proof Round: 01

Diazepam BP Tablets 2, 5, 10mg x 28 (UK)
JDE No.: 50099223
Dimensions: 148x210 (Reel Fed)
Component: Leaflet for Blisters
Pharmacode: 4504
Date Sent: 04/08/2020
Technologist: T. Hull

Approved for print/date

Technical Approval
Date sent: N/A
Date received: N/A

EU-Artwork-Support@accord-healthcare.com
**Diazepam All strengths - PIL United Kingdom**

**Item number:** BB8A735  
**Originator:** C.Grant  
**Revision Date:** 05/08/2020  
**Supplier:** Accord Barnstaple

**Dimensions:** 148x210  
**Min Body Text Size:** 7pt  
**JDE No.:** 50993223

**User Instructions:**

1. **How to take Diazepam tablets**
   - Always take the medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. You should not take Diazepam tablets for longer than 4 weeks.
   - Swallow the tablets whole, with a glass of water.
   - The recommended dose is:
     - **Adults:**
       - Anxiety or mental health problems: 5mg-30mg each day, in divided doses.
       - Insomnia (problems sleeping): 10mg-20mg each day, in divided doses.
       - It is usually recommended that this dose is reduced by half after 4 weeks. The dose may be increased gradually, up to a maximum of 280mg each day.
     - **Children over 12 years:**
       - Diazepam tablets should not be used. 
     - **Children under 12 years:**
       - Diazepam tablets should not be used. 
   - **Elderly or Frail:**
     - It is recommended that the dose is reduced by half. 
     - Diazepam tablets should not be used.
   - **Kidney or liver impairment:**
     - Diazepam tablets should not be used.

2. **What Diazepam tablets look like and contents of the pack**
   - Diazepam tablets look like:
     - 2mg white, oval, flat, bevelled edge uncoated tablets, impressed “D” and the identifying letters “OC” either side of a central division line on one face.
     - 5mg yellow, oval, flat, bevelled edge uncoated tablets, impressed “D” and the identifying letters “OC” either side of a central division line on one face.
     - 10mg blue, circular, flat, bevelled edge uncoated tablets, impressed “D” and the identifying letters “OC” either side of a central division line on one face.
   - Pack size is 28 tablets.

3. **Marketing Authorisation Holder and Manufacturer:**
   - Accord, Barnstaple, EX32 6QG, UK.
   - Date of Review: August 2020.

**Non Printing Colours**

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**Cartons and labour leaflets only (labels only when specified):**

**German GTIN 14** (incorporating FZN)

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**Diazepam BP Tablets**

**Dimensions:** 148x210 (Reel Fed)  
**Component for Leaflets:** Boxer for Blisters  
**Pharmacode:** 4504  
**Date Sent:** 04/08/20  
**Supplier:** Accord Barnstaple

**Technical Approval:**

**Accord BST - Pack Testing**

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**EU-Artwork-Support@accord-healthcare.com**

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**Diazepam BP Tablets 2, 5, 10mg x 28 (UK)**

**JDE No.:** 50993223

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**Version 7**  
12.02.2020