Read all of this leaflet carefully before you start taking this medicine because it contains important information for you. Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor, pharmacist or healthcare professional.

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

Talk to your doctor or pharmacist, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

What Loratadine tablets are and what are they used for

How to take Loratadine tablets

Possible side effects

How to store Loratadine tablets

Contents of the pack and other information

What Loratadine tablets are and what they are used for

What you need to know before you take Loratadine tablets

What Loratadine tablets look like and what they contain

What Loratadine tablets contain

• This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

• Talk to your doctor or pharmacist, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is loratadine tablets and what are they used for

What you need to know before you take Loratadine tablets

Dose

• Adults (including older people) and children over 12 years of age: 1 tablet once daily. The tablet should be swallowed with water or other liquid.

• Children: 11-12 years of age: 1 tablet once daily. Body weight 40 kg or above: 1 tablet every other day. Body weight below 40 kg: 1 tablet every day.

• Patients with severe liver problems: 1 tablet every other day. Body weight 40 kg or above: 1 tablet every other day. Body weight below 40 kg: 1 tablet every day.

• Swallow the tablets whole, do not crush or break them.

Length of treatment

Length of treatment is important to improve your symptoms, but as with all medicines people may need to consult their doctor or pharmacist occasionally. Stop taking Loratadine tablets if you experience any of the side effects. If you think you may be pregnant or are planning to have a baby, talk to your doctor or pharmacist.

If you take more than you should

If you take more than you should be sure to consult your doctor or pharmacist. If you take too much Loratadine tablets, contact a doctor or pharmacist immediately. Keep the container and any packaging that comes with your medicine to throw away medicines you no longer use. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

If you forget to take Loratadine tablets

Do not take a double dose to make up for a forgotten dose. If you forget to take a dose, take it as soon as you remember it and then take the next dose at the right time.

If you have any further questions on the use of this medicine, talk to your doctor or pharmacist.

Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop taking Loratadine tablets and contact your doctor or pharmacist if you experience:

• An allergic reaction:

• Rash, itching.

• Dizziness

• Trouble sleeping.

The most commonly reported side effects in adults over 12 years of age are:

• Headache

• Increased appetite

• Difficulty sleeping

The most commonly reported side effects in children under 3 years of age are:

• Headache

• Enanuresis

• Tiredness

The following side effects are not often seen in children:

• Weight gain

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or healthcare professional. These side effects may be very serious. You can also report side effects by calling the Yellow Card scheme on 0800 731 6384 or by using the EMA website.

How to store Loratadine tablets

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date.

Do not store above 25°C.

Do not use after the expiry date stated on the carton. The expiry date refers to the last day of that month.

Do not throw away any medicines you have expired or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

Contents of the pack and other information

What Loratadine tablets contain

• The active substance (the ingredient that makes the medicine work in the body) is Loratadine.

• The other ingredients are lactose monohydrate solution (dye) sodium starch glycolate, magnesium stearate.

Loratadine tablets look like and are of the same size as follows:

What is in this leaflet

How to take Loratadine tablets

Possible side effects

How to store Loratadine tablets

Contents of the pack and other information

Front Side
What Loratadine tablets are and what they are used for

Loratadine tablets belong to a group of medicines called antihistamines. Loratadine tablets are used to relieve:

- Itching and swelling of the skin, especially those due to allergic reactions
- Allergic reactions such as runny and blocked nose, sneezing, watery eyes

Length of treatment

Loratadine tablets should improve your symptoms. If your symptoms do not improve, speak to your doctor or pharmacist.

Possible side effects

The following side effects may occur when using Loratadine tablets:

- Drowsiness (may affect up to 1 in 1000 people)
- Difficulty sleeping
- Tiredness
- Upset stomach
- Rash, itching
- Swelling of the face, lips, tongue or throat, narrowing of the airways
- An allergic reaction:
  - Shock, collapse
  - Difficulty breathing
  - Swelling of the face, lips, tongue or throat
  - Narrowing of the airways
- A skin condition with pale or red irregular spots
- Inability to swallow

Other side effects may also occur in some patients. Consult your doctor or pharmacist if you notice any other side effects.

Driving and using machines

Loratadine tablets are not expected to affect your ability to drive or use machines.

How to take Loratadine tablets

The usual adult dose is:

- Body weight over 30kg: One tablet once daily

Take the tablets once a day, either in the morning or the evening. They can be taken at any time of the day, without regard to food.

How to store Loratadine tablets

Do not store above 25°C. Keep the tube in a sealed container.

If you get any side effects, talk to your doctor, pharmacist or other healthcare professional.

Reporting of side effects

If you think you have had a side effect from this medicine, you can report this using the yellow card scheme.

For more information about reporting side effects to the MHRA, please go to: www.mhra.gov.uk/yellowcard

Possible side effects

The following very rare side effects have also been seen during the testing:

- A side effect that occurs rarely (may affect up to 1 in 10,000 people)
- A side effect that occurs very rarely (may affect up to 1 in 100,000 people)

If you notice any of the following side effects, stop taking this medicine and tell your doctor or pharmacist immediately.

- Changes in blood pressure
- Swelling of the ankles
- Difficulty in passing urine
- Inability to pass urine
- Abnormal shape or size of the testicles

If you notice any of the following side effects, stop taking this medicine and tell your doctor or pharmacist immediately.

- Changes in blood pressure
- Swelling of the ankles
- Difficulty in passing urine
- Inability to pass urine
- Abnormal shape or size of the testicles

If you notice any other side effects, tell your doctor or pharmacist.

In case of overdose:

If you swallow too much Loratadine tablets, you may feel drowsy. Please follow the instructions in the leaflet for what to do in this case.

If you think you may have taken too much Loratadine tablets, contact your doctor or pharmacist immediately.

If you have not improved and you think a child may have swallowed any, contact your nearest hospital immediately.

What to do if you forget to take Loratadine tablets

If you forget to take Loratadine tablets, take the missed dose as soon as you remember it. Then take your next dose at your usual time.

Do not take a double dose to make up for a missed dose.

What if you do not take Loratadine tablets

Your symptoms may not improve.