1. WHAT INDAPAMIDE IS AND WHAT IT IS USED FOR

The name of your medicine is Indapamide 2.5mg Tablets (called indapamide throughout this leaflet). It belongs to a group of medicines called diuretics (water tablets).

Indapamide can be used for treating:

- High blood pressure (hypertension). It may be used on its own or in combination with other medicine for high blood pressure. More often, it increases the amount of urine produced by the kidneys, leading to the loss of sodium and other substances from the blood, so it only causes a slight increase in the amount of urine produced. In addition, indapamide widens blood vessels so that blood pressure passes through more easily. This helps lower blood pressure.

2. YOU NEED TO KNOW BEFORE YOU TAKE INDAPAMIDE

Do not take indapamide if:

- you are allergic (hypersensitive) to indapamide, or any other of the ingredients of this medicine (listed in section 6).
- you have severe kidney disease
- you have severe liver disease or suffer from a condition called hepatic encephalopathy (liver problems which affect your brain and central nervous system)
- you have low levels of potassium in your blood (hypokalaemia)

Do not take this medicine in any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking indapamide.

Warnings and precautions

Talk to your doctor or pharmacist before taking indapamide:

- if you suffer from gout or have diabetes
- if you have kidney problems
- if you have an overactive thyroid gland (hyperthyroidism)
- if you have heart rhythm problems
- if you have liver problems

You should tell your doctor if you have had phaeochromocytoma recently.

Your doctor may give you blood tests to check for low sodium or potassium levels or high calcium levels. Athletes should be aware that this medicine contains an active ingredient, which may give a positive reaction in doping tests.

If you think any of these situations may apply to you or you have any questions or doubts about taking your medicines, you should consult your doctor or pharmacist.

Other medicines and indapamide

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes medicines you buy without a prescription, including herbal medicines. This is because indapamide can affect the way some medicines work. Also some medicines can affect the way indapamide works.

In particular, tell your doctor if you are taking any of the following as special care may be required:

- lithium (used to treat depression). You should not take indapamide with lithium due to the risk of increased levels of lithium in the blood.
- medicines for heart rhythm problems such as quinidine, hydroquinidine, disopyramide, oral corticosteroids, diltiazi me, verapamil or digoxin
- bosentan (treatment for pulmonary hypertension)
- leflunomide (anti-rheumatic drug) and methotrexate (anti-rheumatic and immunosuppressant)
- medicines to treat mental disorders such as depression, anxiety or schizophrenia (for example tricyclic antidepressants, antipsychotic drugs, mood stabilizers)
- warfarin, fibrinolytics, erythrocyte-stimulating hormones (such as erythropoietin)
- angiotensin converting enzyme (ACE) inhibitors (used to treat high blood pressure and heart failure)

Driving and using machines:

This medicine can cause side effects such as tiredness or dizziness due to lowering of the blood pressure (see section 4). These side effects are more likely to occur after the initiation of the treatment and after dose increases. If this occurs, you should refrain from driving and other activities requiring alertness. However, under good control, these side effects are unlikely to occur.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking indapamide.

Pregnancy and breast-feeding

Indapamide can be used for treating:

- High blood pressure (hypertension). It may be used on its own or in combination with other medicine for high blood pressure. More often, it increases the amount of urine produced by the kidneys, leading to the loss of sodium and other substances from the blood, so it only causes a slight increase in the amount of urine produced. In addition, indapamide widens blood vessels so that blood pressure passes through more easily. This helps lower blood pressure.

3. HOW TO TAKE INDAPAMIDE

Always take indapamide exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Keep taking this medicine until your doctor tells you to stop. It may take several months before this medicine shows its full effect.
- This medicine can be taken with or without food
- Swallow the tablets whole with a drink of water

Adults and Elderly

This medicine is for oral tablets, once a day, taken in the morning.

If you take more indapamide than you should
If you take more tablets than you should, tell your doctor or go to your nearest hospital casualty department immediately.

Take the carton and any indapamide tablets left with you so that the doctors know what you have taken.

Take too much indapamide may make you feel or be sick (nausea or vomiting), cause low blood pressure, cramps, diarrhoea, confusion, dizziness, fainting and changes in the amount of urine produced by the kidneys due to dehydration.

If you forget to take indapamide

Do not take a double dose to make up for a forgotten tablet. Miss it out and take the next dose at the usual time.
What Indapamide 2.5mg Tablets contain

• Each tablet contains 2.5mg of the active substance, Indapamide hemihydrate.

• Other ingredients are microcrystalline cellulose, magnesium stearate, lactose, croscarmellose sodium, hypromellose, macrogol 400 and titanium dioxide.

What Indapamide 2.5mg Tablets look like and contents of the pack

The film-coated tablets are round and white with “Z” stamped on one side. They are available in packs of 28 or 56 tablets.

Marketing Authorisation Holder

Zentiva, One Oxenford Street, Guildford, Surrey, GU1 4YS, UK.

Manufacturing site

S.C. Zentiva S.A.
G. Manger, Pitești Blvd., 33226, Bucharest, Romania.

This leaflet was last updated in May 2019

“Zentiva” is a registered trade mark. © 2019 Zentiva

902976