



interfere with the action of some other medicines.  
 This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, thyroid hormones, antifungals such as ketoconazole, digoxin and beta-blockers (for heart conditions), neuroleptics (for mental illness), thyroxine, chloroquine (for malaria), bisphosphonates (for osteoporosis) and estramustine (for prostate cancer).

**How to take Gaviskon Double Action Liquid Sachets**  
**For oral administration.**  
**Adults including the elderly and children 12 years and over:** one to two 10ml sachets after meals and before bedtime, up to four times a day.  
**Children under 12 years old:** Should only be taken on medical advice.  
 If you take too much of this product it is unlikely to cause you any harm. However, you may feel bloated. Consult your doctor if this doesn't go away.  
 If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.  
 Taking large doses of calcium carbonate every day for prolonged periods can lead to high levels of calcium in the blood.  
**After taking Gaviskon Double Action Liquid Sachets:**  
 If symptoms persist, or treatment is required for more than seven days continuously, seek medical advice.  
**Possible side effects**  
 Very rarely (less than 1 in 10,000 patients treated) there is a chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side effects, stop taking the product and consult your doctor immediately. Other side effects of unknown frequency may include constipation, irritability, muscle twitching or muscle cramps, indigestion that comes back when you stop taking the tablets and high levels of calcium in the blood.  
 Also you can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.  
**How to store**  
 Do not use this product after the expiry date (EXP: month/year) shown. Keep out of the sight and reach of children. Do not store above 25°C. Store in the original package. Do not refrigerate or freeze.  
**Further information**  
 This product is an off-white to cream suspension with the odour and flavour of peppermint. Each 10ml contains 500 mg sodium alginate, 213 mg sodium bicarbonate and 325 mg calcium carbonate. The other ingredients are sodium, carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint flavour, sodium hydroxide, and water. This product does not contain sugar or gluten. Gaviskon Double Action Liquid Sachets available in packs of 2, 4, 12 and 24 sachets. Not all pack sizes may be marketed.  
 Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.  
 PL 00063/0524  
 Gaviskon is a trade mark of the RB group of companies  
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