**What Eumovate does**

Eumovate is used for the short term treatment and control of patches of red, itchy skin caused by eczema and dermatitis. The active ingredient is clobetasone butyrate which is a topical corticosteroid to control inflammation of the skin. The cream base also has moisturising properties.

- It helps to stop the skin's over-reaction to the triggers that cause skin flare-ups and dermatitis.
- It controls patches of red, itchy skin caused by eczema.
- It helps to relieve itching and inflammation of the skin.

**How much to use**

Use the cream once or twice daily, for up to 7 days. Adults and children aged 12 years and over:

- Use the cream once or twice daily, for up to 7 days.
- Wash and dry your hands.
- Squeeze out the correct amount of cream onto your index finger. The picture below gives you an idea of how much to use. Half a fingertip will cover a patch of skin the same size as the palm of your hand.
- Gently rub cream into the skin you are treating once or twice a day.
- Wash your hands again (unless it is your hands you are treating).

**How to use Eumovate**

1. Squeeze out the cream along the top of your index finger (see the picture).
2. From the crease in your finger, squeeze the cream halfway to your fingertip. This will cover a patch of skin the same size as the palm of your hand.
3. Use the fingertip unit as a guide. For smaller areas, use a smaller amount. This cream is not meant to treat large areas.
4. If you use a bit too much of the cream by mistake, don’t worry – but try to keep to the fingertip unit.
5. Half a fingertip will cover a patch of skin the same size as the palm of your hand.

**Take special care with Eumovate**

- Do not use over large areas of skin.
- Do not use on the face, groin, genital area or between the toes.
- Take care to ensure the cream does not get into the eyes.
- Do not cover the treated area with bandages or dressings.
- If symptoms persist after 7 days of treatment, see your doctor.
- Contact your doctor if you experience blurred vision or other visual disturbances.
- Talk to your doctor before you use this medicine:
  - If you have an allergic reaction to clobetasone butyrate or to any of the other ingredients (listed in Section 6).
  - If you are under 12 years old.
  - If you are pregnant, trying to become pregnant, or are breast-feeding.

**Check before you use Eumovate**

1. **Do not use Eumovate**
   - If you have had an allergic reaction to (clobetasone butyrate or any of the other ingredients (listed in Section 6).
   - On cuts and open wounds
   - On eczema and dermatitis
   - In areas where you are wearing spectacles, contacts lenses, or are wearing contact lenses.
   - On the face, groin, genital area, or between the toes.
   - In areas where you will be applying contact lenses or if you have ever had an allergic reaction to any of the ingredients in this cream.
   - If you are under 12 years old.
   - If you are pregnant, trying to become pregnant, or are breast-feeding.

2. **Ask your doctor before you use this medicine:**
   - If you have porokeratosis, acne or seborrhoeic dermatitis
   - If you have used the cream on the same area twice before.

3. **If you are taking other medicines**
   - Talk to your doctor or pharmacist before using this cream or any other medicines you are taking.
   - The cream works to stop the skin's over-reaction to the triggers that cause skin flare-ups and dermatitis.

**Pregnancy and breast-feeding**

- Talk to your doctor before using Eumovate if you are pregnant, trying to become pregnant, or are breast-feeding.

- Do not use Eumovate around a leg ulcer.
- Do not cover the treated area with bandages or dressings.
- If symptoms persist after 7 days of treatment, see your doctor.
- Use the cream once or twice daily, for up to 7 days.
- Wash and dry your hands.
- Squeeze out the correct amount of cream onto your index finger. The picture below gives you an idea of how much to use. Half a fingertip will cover a patch of skin the same size as the palm of your hand.
- Gently rub cream into the skin you are treating once or twice a day.
- Wash your hands again (unless it is your hands you are treating).

**Further information**

- Keep this leaflet you may need to read it again.
- If you have any questions, or if there is anything you do not understand, ask your pharmacist.
- This leaflet provides important information about Eumovate.
4. Possible side effects

Like all medicines, Eumovate can have side effects, but not everybody gets them.

Stop using and tell your doctor immediately if you experience any of the following:
- an allergic reaction such as skin rash, redness, itching, local skin burning and skin infection
- if your condition gets worse during treatment.

If you use more than the correct amount of cream or for longer than recommended you may experience:
- increased weight
- slow growth
- acne
- skin thinning
- increased body hair
- cloudy lens in the eye (cataract)
- increased weight
- increased blood pressure
- high blood pressure
- cloudy lens in the eye (cataract)
- increased pressure in the eye (glaucoma)
- local thinning of the bone through gradual loss of mineral (osteoporosis) additional tests may be needed after your medical examination to confirm if you have this condition.

Reporting of side effects

If you are worried about any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Eumovate Eczema & Dermatitis 0.05% Cream

Keep out of the sight and reach of children.

Do not use this medicine after the "EXP" date shown on the pack. Do not store above 25°C.

6. Further information

Active ingredient

The cream contains Clobetasone butyrate 0.05% w/w

Other ingredients

Glycerol, glycerol monostearate, oleyl alcohol, beeswax substitute, dimethicone, sodium citrate, citric acid monohydrate, purified water.

The tube contains 15 g of cream.

The marketing authorisation holder is GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, Brentford, TW8 9GS, U.K. and all enquiries should be sent to this address.

7. More about managing eczema and dermatitis

Skin specialist advice

Skin specialists often advise people with eczema or dermatitis to use non-allergen-containing (non-irritating) skin products, including creams and bath oils, to keep moisture in the skin. This can make your skin more resistant to flare-ups. Avoid using soap and heavily scented products. Ask your pharmacist for further information.

If a rash comes back

Sometimes people with dermatitis find their rash soon comes back after treatment, or never disappears completely. This is often because they are still in contact with their trigger i.e. what causes the reaction. If you can’t work out what’s wrong, ask your doctor for advice.

Common triggers

Jewellery including earrings or studs (especially gold-plated earrings) such as chains, bracelets, necklaces, rings, or the metal back of a watch. Some jewellery may be made from metal that is coated in gold, which is why it can be a problem. For example, if you are sensitive to nickel, all of the triggers in the list could be a problem. So if you’ve reacted badly to one of the common triggers, you’ll need to watch out for the other common triggers.

Other common triggers

Triggers include rubber and pine tree sap, which are used in all sorts of items we touch every day. You might find:

In the home: such as plastics, furniture polish, varnishes, rubber gloves or elastic in clothes.

In the office: clothing, or the materials you use at work: such as glass, oils, lubricants or cement.

In the garden: certain plants and weeds, gardening gloves.

Even if it is not practical to avoid triggers, there are often practical steps you can take – see next section, Finding out more.

Finding out more

• You may be able to find out more from public libraries.
• You can contact the National Eczema Society, Hill House, Highgate Hill, London, N19 5NA. Helpline 0870 241 3604.
• If you have other questions about Eumovate or are not sure about anything, ask your doctor or pharmacist who will be able to advise you.

This leaflet was last revised in April 2018.

The information in this leaflet only applies to Eumovate Eczema & Dermatitis 0.05% Cream. Eumovate is a registered trademark owned by or licensed to the GSK group of companies.

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The manufacturer is GlaxoWellcome Operations, Harrow Road, Barnard Castle, Co. Durham, DL12 8DT, UK.

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