Read all of this leaflet carefully before you start using this medicine

1. What Nalcrom Capsules are and what they are used for

Nalcrom 100mg Capsules (called Nalcrom Capsules in this leaflet) contains a medicine called sodium cromoglicate. This belongs to a group of medicines called anti-allergics.

It works by stopping the release of the natural substances in your body that can cause an allergic reaction. It also lowers your response when you are exposed to substances to which you are allergic.

What Nalcrom Capsules are used for

• Nalcrom Capsules are used to treat allergic reactions to certain foods

2. Before you take Nalcrom Capsules

• You are allergic (hypersensitive) to sodium cromoglicate or any of the other ingredients of Nalcrom Capsules (listed in Section 6: Further information)

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Pregnancy and breast-feeding

Talk to your doctor before taking this medicine if you are pregnant, might become pregnant or think you may be pregnant.

Do not use this medicine if the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking Nalcrom.

3. How to take Nalcrom Capsules

Always take Nalcrom Capsules exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

• Take this medicine by mouth
• Take this medicine before a meal

How much to take

Adults (including the Elderly)

• Two capsules, four times a day, before meals

How much to take continued...
Children (aged between 2 and 14 years)  
- One capsule, four times a day, before meals  
- When your child’s symptoms improve, your doctor may lower the dose

If you take more Nalcrom than you should  
Talk to your doctor or go to a hospital straight away. Remember to take any medicine that is left with you so the doctor knows what you have taken.

If you forget to take Nalcrom Capsules  
If you forget a dose, take it as soon as you remember it. However, if it is nearly time for the next dose, skip the missed dose. Do not take a double dose to make up for a forgotten dose.

If you stop taking Nalcrom Capsules  
Keep taking Nalcrom Capsules until your doctor tells you to stop. Do not stop taking Nalcrom Capsules just because you feel better. If you stop, your food allergies may come back or get worse.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects  
Like all medicines, Nalcrom Capsules can cause side effects, although not everybody gets them.

Stop taking Nalcrom Capsules and see a doctor or go to a hospital straight away if:  
- You have an allergic reaction to Nalcrom Capsules. The signs may include: a rash, swelling of your lips, face, throat or tongue problems, swelling of your lips, face, throat or tongue

Talk to your doctor or pharmacist if any of the side effects gets serious or lasts longer than a few days, or if you notice any side effects not listed in this leaflet:
- Skin rash
- Pain in your joints
- Feeling sick (nausea)

Reporting of side effects  
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Nalcrom Capsules  
Keep this medicine in a safe place where children cannot see or reach it.

Do not use Nalcrom Capsules after the expiry date which is stated on the label and carton. The expiry date refers to the last day of that month.

Store below 25°C.

Store in a dry place. Keep the bottle tightly closed in order to protect from moisture.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information  
What Nalcrom Capsules contain  
- The active substance is sodium cromoglicate. Each capsule contains 100 mg of sodium cromoglicate
- The other ingredients are purified water, gelatine and Black ink (containing Water, Ethyl alcohol, Iso-propyl alcohol, Propylene alcohol, N-butyl alcohol, Shellac, Ammonium hydroxide, Potassium hydroxide and Iron oxide black (E172))

What Nalcrom Capsules look like and contents of the pack  
- Nalcrom Capsules are hard gelatine capsules with a clear, colourless cap and body printed in black ‘SODIUM CROMOGGLICATE 100 mg’ and containing a white powder
- Nalcrom Capsules are available in a plastic bottle with a screw cap containing 100 capsules

Marketing Authorisation Holder and Manufacturer  
Marketing Authorisation Holder:
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Tel: 0845 372 7101
email: uk-medicalinformation@sanofi.com

Manufacturer:
ITC FARMA S.R.L. Via Pontina Km 29 Pomezia, Rome, Italy.

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

This leaflet was last revised in September 2015 © sanofi, 2001-2014