Femoston is used for:

1. Relief of symptoms occurring after menopause
   - hot flushes, which begin and develop later in life than in younger women
   - sweating (sweating is often more severe than hot flushes)
   - vaginal dryness (during or after menopause)
   - vaginal discomfort (during or after menopause)
   - breast discomfort (during or after menopause)
   - unexpected bleeding
   - menopausal symptoms (such as restless evenings)
   - atrophic vaginitis
   - symptoms such as hot face, neck and chest ("hot flushes"). Femoston alleviates these symptoms after menopause.

2. BEFORE YOU TAKE FEMOSTON

   - If you have any further questions, ask your doctor, or pharmacist or nurse.
   - Read all of this leaflet carefully before you start taking Femoston. If you do not understand anything, ask your doctor or pharmacist to explain it to you.

   - Femoston is a medicine used to replace the hormone oestrogen in postmenopausal women. It can help prevent osteoporosis after menopause.

   - Femoston contains 1 mg oestradiol valerate and 10 mg of mestranol. Femoston is used in postmenopausal women at least 4 years after their last menstrual period.

   - Femoston is used to help prevent osteoporosis after menopause.

   - Femoston is used to treat symptoms of menopause such as hot flushes.

   - Femoston can be used to treat irregular bleeding.

   - Femoston can help you sleep better, and this may prevent osteoporosis.

   - Femoston can be used to help your doctor monitor your condition.

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   - Femost
When Femoston is continued, the levels of oestrogens, such as cancer of the womb lining, ovarian cancer by the levels of oestrogens, such as cancer of the womb lining, ovarian cancer

If you stop taking Femoston
If you stop taking Femoston, you may experience discomfort when you start your period again. Take one tablet every day, without a break between doses. You should try to contact your doctor or pharmacist as soon as possible after you stop taking Femoston.