What is Irritable Bowel Syndrome (IBS)?

IBS can include diarrhoea or constipation. Sometimes both constipation and diarrhoea can happen together. The muscles of the bowel appear to be very sensitive to things like:

- Stress, eating and drinking habits
- Hormonal factors
- Food allergies or intolerances
- Medicines, including medicines obtained without a prescription. This includes herbal medicines, including medicines obtained
- Being sick
- Changes in your bowel movements
- Other allergies
- Taking other medicines
- In particular, tell your pharmacist or doctor if you are taking any of the following medicines:
  - Anticholinergic medicines such as antipsychotic medicines such as dopamine antagonists such as antihistamines - used to treat hayfever and other allergies
  - Antihistamines - used to treat hayfever and other allergies
  - Antidepressants - used to treat depression and some types of pain
  - Antipsychotic medicines such as butyrophenones or phenothiazines - used to treat severe mental illness such as schizophrenia
  - Beta 2 adrenergic medicines such as salbutamol inhalers for asthma
  - Beta 2 adrenergic medicines - used to control your heart beat
  - BuPROPion NORTriptyline - used to treat attention deficit hyperactivity disorder
  - Metoclopramide for feeling sick
  - Quinidine or disopyramide - used to control your heart beat
  - Amantadine – used for Parkinson’s disease
  - Tetracyclic or tricyclic medicines - used to treat depression and some types of pain
  - Food allergies or intolerances
  - Taking other medicines

IBS can affect the way BUSCOPAN IBS RELIEF can affect the way some other medicines work; also some other medicines can affect the way BUSCOPAN IBS RELIEF can affect the way some other medicines work.

Take special care with BUSCOPAN IBS RELIEF

Tell your pharmacist or doctor before taking this medicine if any of the following apply to you, even if you know you have IBS, in case your abdominal pain may be something else:

- You are 40 years or over and it is some time since your last attack of IBS or the symptoms have changed
- You have been treated by a doctor for a suspected or confirmed blockage and does not work properly
- You are feeling sick or vomiting
- You have a very fast heart rate or other symptoms of heart problems
- You have recently travelled abroad (in case your abdominal pain may be something else)
- You have recently passed blood from the bowel
- You have severe constipation
- You have lost appetite or lost weight
- You have difficulty or pain passing water
- You have had a recent diagnosis of breast cancer
- You have become pregnant or are breast-feeding
- You are feeling sick or vomiting
- You have been treated by a doctor for a very fast heart rate or other symptoms of heart problems
- You have recently travelled abroad (in case your abdominal pain may be something else)
- You have binary diabetes
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Pregnancy and breast-feeding
Do not take BUSCOPAN IBS RELIEF if you are pregnant, likely to get pregnant or are breast-feeding.

Driving and using machines
Some people may have temporary blurring of vision while taking this medicine. If this happens to you, seek until your vision returns to normal before driving or using any tools or machines.

Important information about some of the ingredients of Buscopan IBS Relief
Buscopan IBS Relief contains sucrose. If you have been told by your doctor that you have an intolerance to some sugars, contact your pharmacist before taking this medicine.

3. HOW TO TAKE BUSCOPAN IBS RELIEF
Always take this medicine exactly as your doctor or pharmacist tells you. You should read the leaflet or the information card that comes with this medicine each time you take it. Follow any storage instructions that may appear on the packaging.

3.1 DOSE AND METHOD OF ADMINISTRATION

3.1.1 Adults and children 12 years or over:
• Start by taking 1 tablet three times a day
• You can increase your dose to a maximum of 4 tablets three times a day if needed
• Swallow the tablet whole with water
• Do not crush or chew the tablet

BUSCOPAN IBS RELIEF is not recommended for children under 12 years.

3.2 If you take more BUSCOPAN IBS RELIEF than you should
If you take more than you should, talk to a doctor or go to a hospital straight away. Take the medicine pack with you.

4. POSSIBLE SIDE EFFECTS
This leaflet was revised in September 2022

4.1 Side effects that do not normally require medical treatment:
• Uncommon – affects fewer than 1 in 100 people
• Dry mouth
• Abnormal sweating or reduced sweating
• Any of these side effects get troublesome or if your symptoms get worse or if you develop new symptoms or if your symptoms do not improve, please tell your pharmacist or doctor.

4.2 If you get any of the side effects described below, stop taking this medicine and tell your pharmacist or doctor. You may need urgent medical treatment:
• Rare – affects fewer than 1 in 1,000 people
• Problems emptying the bladder
• Isolated events – some side effects are so rare that it is not known how many people may be affected
• Anaphylactic reaction and shock – this is a severe type of allergic reaction. An itchy, swelling rash may appear on your skin. You may have difficulty in breathing and may lose consciousness.
• Dizziness (difficult or laboured breathing)
• Allergic reactions (hypersensitivity) such as rash or swelling
• If you experience a painful red eye with loss of vision after taking this medicine, stop taking it and tell your doctor straight away. You may have an eye problem called glaucoma and need urgent medical attention.

5. HOW TO STORE BUSCOPAN IBS RELIEF
Do not store above 25°C. Keep in the original packaging.

Keep out of the sight and reach of children.

Do not take BUSCOPAN IBS RELIEF after the expiry date which you will find printed on the packaging.

6. FURTHER INFORMATION

What BUSCOPAN IBS RELIEF looks like and contains
The tablets are white. BUSCOPAN IBS RELIEF is available in blister packs of 8, 10, 20, 24, 40, 48, 50, 56 and 62 tablets. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

The Marketing Authorisation is held by:
Sanofi, 43B Thames Valley Park Drive, Reading, RG6 1PT, United Kingdom.
Tel: 0800 035 2525
Email: uk-medicalinformation@sanofi.com
and the tablets are manufactured by:
Istituto De Angeli S.r.l.
Loc. Prulli, 103/C
410 Thames Valley Park Drive,
Reading, Berkshire, RG6 1PT,
United Kingdom.

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Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

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