PATIENT INFORMATION LEAFLET

Boots VAPOUR Chest Rub
Camphor, Eucalyptus, Levomenthol

✓ Effective relief from colds
✓ Clears congestion, blocked nose & coughs

45 g e

Read all of this carton for full instructions.

What this medicine is for
This medicine contains a combination of volatile oils for effective cold relief. It can be used to clear congestion, blocked nose and coughs due to colds.

Before you use this medicine
X Do not use:
• If you are allergic to any of the ingredients in this medicine
• Around the nostrils, mouth eyes or face
• On broken skin or wounds
• On children under 2 years
• For inhalation for children under 12 years
• On the chest area if you are breastfeeding

! Talk to your pharmacist or doctor:
• If you are pregnant

✓ How to use this medicine
Check the seal is not broken before first use. If it is, do not use the medicine. Use on the skin, or add to water and inhale the vapour. Do not swallow.

Adults and children of 2 years and over:
Apply a small amount to the chest and back (for older children and adults use a moderate amount) particularly at bedtime. Rub gently and leave clothes loose to allow vapours to be inhaled easily or

Adults and children of 12 years and over: Use 1 teaspoonful in half a pint of hot - not boiling - water and inhale the vapours.

Use when you need to but particularly at bedtime.
If symptoms do not go away talk to your pharmacist or doctor.

! If someone accidentally swallows some: Go to your nearest hospital casualty department straight away. Take this medicine with you. Do not try to make them sick.

Possible side effects
Most people will not have problems, but some may get some of these:
• Occasionally, an allergic skin reaction (e.g. skin rash, red itchy skin)
• Irritation of the skin
Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this carton. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

Keep all medicines out of sight and reach of children.
Use by the date on the side of the carton.

Active ingredients
This ointment contains Eucalyptus Oil 1.5% w/w, Levomenthol 1% w/w, Racemic Camphor 6% w/w. Also contains: white soft paraffin, turpentine oil, pumilio pine oil, thymol.

PL 00014/5331R
Text prepared 10/16
Manufactured by BCM Ltd Nottingham NG2 3AA for the MAH: The Boots Company PLC Nottingham
NG2 3AA

Lot
Use by:
Item code
Barcode:

Artwork reference: BTC241131 Action D