For oral administration, chew thoroughly before swallowing. Adults including the elderly and children 12 years and over: When symptoms occur take two 4 mg tablets after each meal and at bedtime up to four times a day. Children under 12 years old should only be taken on medical advice. If you take more Gaviscon Double Action Tablets than you should... (rest of page)
For oral administration, chew thoroughly before swallowing. Adults including the elderly and children 12 years and over: When symptoms occur take 2 to 4 tablets after meals and at bedtime up to four times a day. Children under 12 years should only be taken on medical advice. If you take more Gaviscon Double Action Tablets than you should
If you take too much of this product it is unlikely to cause you any harm, however, you may feel bloated. Consult your doctor if this doesn’t go away.
If you forget to take Gaviscon Double Action Tablets
If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.
4. POSSIBLE SIDE EFFECTS
Like all medicines, Gaviscon Double Action Tablets can cause side effects, although not everybody gets them. If you experience these side effects, stop taking the product and consult your doctor immediately. Very rare (less than 1 in 10,000) side effects may include abdominal pain, diarrhoea, nausea, vomiting, skin rash, itching, difficulty breathing, dizziness, or swelling of the face, lips, tongue or throat.
Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Internet at: www.mhra.gov.uk/yellowcard.
5. HOW TO STORE GAVISCON DOUBLE ACTION TABLETS
Keep this medicine out of the sight and reach of children. Do not use this product after the expiry date which is stated on the carton after EXP (month/year). The expiry date refers to the last day of that month. Do not store above 30°C and store in the original package to protect from moisture. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.
6. CONTENTS OF THE PACK AND FURTHER INFORMATION
What Gaviscon Double Action Tablets contain
The active substances in each chewable tablet are 250 mg sodium alginate, 104 mg sodium bicarbonate and 187.5 mg calcium carbonate. The other ingredients are: cellulose sodium, magnesium stearate, microcrystalline cellulose (E460), croscarmellose sodium, microcrystalline cellulose (E122). This product does not contain sugar or gluten.
What Gaviscon Double Action Tablets look like and the contents of the pack
Gaviscon Double Action Tablets are flat, circular, bilayer tablets with the colour and flavour of peppermint. One layer of the tablet is coloured pink with a slightly mottled appearance, with the other layer being white. Gaviscon Double Action Tablets are available in packs of 6, 8, 16, 24, 32, 48, 60, 96, 12, and 192 chewable tablets. Not all pack sizes may be marketed.
Marketing Authorization Holder and Manufacturer
Reckitt Benckiser Healthcare (UK) Ltd, Hulhul, Hull HU5 7DS. Marketing Authorization Number: PL 000518/0177. This leaflet was last approved in 12/2017.

Talk to your doctor or pharmacist before using Gaviscon Double Action Tablets if you:
- have severe kidney problems
- have a blood disorder causing low level of phosphate in the blood (hypophosphataemia).
- suffer from or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases (talk to your doctor regarding the salt content).
- have troubled reducing amounts of gastric acid in your stomach, as this product may be less effective.
As with other antacid products, taking Gaviscon Double Action Tablets may mask the symptoms of other more serious conditions, underlying medical conditions.
If symptoms persist after 7 days consult your doctor.

Children
Do not give this medicine to a child under 12 years of age except on the advice of a doctor. There is a risk of increased levels of sodium in the blood (hypernatremia) in children who have kidney problems or who have an inflamed stomach or bowel (gastroenteritis).

Other medicines and Gaviscon Double Action Tablets
Do not take this medicine within 2 hours of taking other medicines by mouth as it can interfere with the action of some other medicines.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines obtained without prescription, Pregnancy, breast-feeding and fertility:
You can take this product if you are pregnant or breast-feeding or planning to have a baby. As with all medicines, the treatment duration should be limited as much as possible.

Important information about some of the ingredients of Gaviscon Double Action Tablets:
Contains a source of phenylalanine. May be harmful to people with phenylketonuria. These tablets contain aspartame (E951) which contains aspartame (E951) which may cause an allergic reaction. They may contain 11.75 mg (0.02 mg) sodium per dose. To be taken into consideration by patients on a controlled sodium diet. They also contain 110 mg (0.025 mg) calcium per dose. Speak to a doctor before taking this medicine if you have kidney stones or high levels of calcium in your blood.

3. HOW TO TAKE GAVISCON DOUBLE ACTION TABLETS
Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE GAVISON DBL ACTION TABLETS:
Do not take Gaviscon Double Action Tablets:
If you know you are allergic to any of the ingredients of this medicine (listed in section 6).

WHAT ARE GAVISCON DOUBLE ACTION TABLETS AND WHAT ARE THEY USED FOR?
Gaviscon Double Action Tablets are a combination of two antacids (sodium alginate and sodium bicarbonate) and an alginate which work in two ways:
1. Neutralising excess stomach acid to relieve the pain and discomfort.
2. Forming a protective barrier over the stomach contents to soothe the burning pain in your chest that may last for up to 4 hours. This medicine is used for the treatment of acid related symptoms of gastro-oesophageal reflux disease (heartburn and induction which may occur, for example, following meals, during pregnancy.

1. WHAT IS IN THIS LEAFLET:
1. What are Gaviscon Double Action Tablets and what are they used for?
2. What you need to know before taking Gaviscon Double Action Tablets.
3. How to take Gaviscon Double Action Tablets.
4. Possible side-effects.
5. How to store Gaviscon Double Action Tablets.
6. Contents of the pack and further information.