1 What the medicine is for

IMODIUM® Instants are used to treat two types of diarrhoea. The two types have different age limits.

**Short-form diarrhoea**

- For adults and children aged 12 and over.
- To treat attacks that last up to 48 hours.
- If your attack lasts longer than 48 hours, talk to your doctor.

**IBS diarrhoea**

- For adults and young people aged 18 and over who have been diagnosed with IBS (Irritable Bowel Syndrome).
- To treat attacks that last up to 48 hours.
- You can use this medicine for up to 2 weeks for repeated attacks, but if any one attack lasts continuously for longer than 48 hours, talk to your doctor.

The tablets contain loperamide hydrochloride, a substance that helps reduce diarrhoea by slowing down an overactive bowel. This allows water and salts that are usually lost in diarrhoea to be absorbed by the body.

2 Before taking this medicine

**Warnings for everyone**

This medicine is suitable for most people, but a few people may be affected. For the list of ingredients, see Section 6.

**Do not take this medicine**

- If you have ever had a bad reaction to any of the ingredients.
- If any of these applies to you (now or in the past), talk to a doctor or pharmacist:
  - You have ever had a bad reaction to any of the ingredients.
  - You have a problem related to your liver.
  - You have a problem related to your kidneys.
  - You have a condition called myasthenia gravis.
  - You have or have had any of the conditions mentioned in Section 6.
  - You have difficulty or pain passing urine.
  - You have recently travelled abroad.
  - You have ever had jaundice or other symptoms of which may include blood in your stool and a fever.
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How to take this medicine

Check the tables below to see how much medicine to take. See the ‘How long to take IMODIUM® for short-term diarrhoea’ for more information.

- Read this leaflet carefully and save it for future reference.
- Do not take the medicine if you are allergic to loperamide hydrochloride (the active ingredient). If you get any side effects, talk to your doctor, pharmacist or hospital for advice. Symptoms may include:
  - Bradycardia (these symptoms can have potentially serious, life-threatening consequences), muscle stiffness, uncoordinated movement and slurred speech.

Key:
- Difficulties passing water.
- Feeling sick, constipation or wind.
- Headache.
- Miosis (narrowing of the pupils of the eye).
- Vomiting, indigestion.
- Dry mouth.
- Tiredness.

Table: Possible side-effects

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<th>Age</th>
<th>Dose</th>
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<td>Take two tablets to start treatment</td>
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<td>Take two tablets after each loose bowel movement</td>
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Possible side-effects:

Common:

- Headache.
- Vomiting, indigestion.
- Feeling sick, constipation or wind.
- Miosis (narrowing of the pupils of the eye).
- Dry mouth.
- Tiredness.

Uncommon:

- Loss of consciousness or reduced level of consciousness (passing out, feeling faint or dizziness), uncoordinated movement.
- If you get any of the above, stop using the medicine and talk to your doctor.

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Uncommon:

- Loss of consciousness or reduced level of consciousness (passing out, feeling faint or dizziness), uncoordinated movement.
- If you get any of the above, stop using the medicine and talk to your doctor.

If you forget to take the medicine

You should only take this medicine if you need it, following the dosage instructions above carefully. If you forget to take a dose, take a dose after the next loose stool (bowel movement). Do not take a double dose.

4 Possible side-effects

IMODIUM® can have side-effects, like all medicines, although these don’t affect everyone and most are usually mild.

Get medical help at once:

- Rare: (affects less than 1 in 1,000 but 1 or more in 10,000 people)
- Difficulties passing water.
- Burning or pricking sensation of the tongue.
- Loss of consciousness or reduced level of consciousness (passing out, feeling faint or dizziness).
- Unexplained wheezing, shortness of breath.
- Skin rashes, which may be severe and include blistering or peeling skin.
- Loss of consciousness or reduced level of consciousness (passing out, feeling faint or dizziness).
- Incontinence.
- Stomach pain or swollen stomach.

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Uncommon:

- Loss of consciousness or reduced level of consciousness (passing out, feeling faint or dizziness), uncoordinated movement.
- If you get any of the above, stop using the medicine and talk to your doctor.

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You should only take this medicine if you need it, following the dosage instructions above carefully. If you forget to take a dose, take a dose after the next loose stool (bowel movement). Do not take a double dose.

5 Storing this medicine

Keep the product out of the sight and reach of children. Store in the original packaging. Do not use your medicine after the date shown as the expiry date on the packaging.

6 Further information

What’s in this medicine

The active ingredient in IMODIUM® Instant is: Loperamide hydrochloride 2 mg per tablet.

Other ingredients are: Gelatin, mannitol, aspartame, mint flavour and sodium hydrogen carbonate.

What the medicine looks like

IMODIUM® tablets come in the form of white, oblong-shaped tablets. IMODIUM® tablets are available in packs of 6 and 12 (not all pack sizes may be marketed).

Product Licence holder: McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

Manufacturer: Janssen-Cilag, Domaine de Maigremont, 27100 Val-de-Reuil, France.

This leaflet was revised February 2018. IMODIUM® is a registered trade mark.