

Glyceryl Trinitrate 300 micrograms Tablets

Glyceryl Trinitrate

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

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1. What Glyceryl Trinitrate tablets are, and what they are used for

Glyceryl Trinitrate belongs to a group of medicines known as nitrates. Nitrates temporarily relax most smooth muscle, including that found in the walls of blood vessels in the heart. This reduces strain on the heart by making it easier to pump blood.

Glyceryl Trinitrate tablets are used in the prevention and treatment of the chest pain associated with angina. They work rapidly by dissolving under the tongue and being absorbed quickly into the blood stream.

2. What you need to know before you take Glyceryl Trinitrate tablets**Do not take Glyceryl Trinitrate tablets if you:**

- are allergic (hypersensitive) to glyceryl trinitrate or any of the ingredients of this medicine (listed in section 6 of this leaflet)
- are taking sildenafil (Viagra) or similar medicines (such as tadalafil or vardenafil) used for the treatment of erection problems.
- are suffering from an inherited disease of the heart muscle where the muscle wall becomes thickened (hypertrophic obstructive cardiomyopathy)
- have suffered any head injury or bleeding in the brain
- suffer from anaemia
- suffer from glaucoma (increased pressure within the eyeball)

Warnings and precautions

Talk to your doctor or pharmacist before taking Glyceryl Trinitrate tablets if you:

- have low body temperature (hypothermia), very low blood pressure (hypotension) or low blood volume
- have a disease of the blood vessels supplying the brain (cerebrovascular disease).

- have been told that you do not have enough oxygen in the blood in your arteries (hypoxemia)
- have any of the following heart conditions: narrowing of heart valves, inflammation of the heart, build up of fluid around the heart or heart failure
- suffer from severe liver or kidney problems
- have an under-active thyroid gland
- have a history of heart attacks
- are suffering from malnutrition (poor nutrition due to an unbalanced diet or digestion problems)

Other medicines and Glyceryl Trinitrate tablets

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription. Especially:

- **sildenafil** (Viagra), **tadalafil** (Cialis) or **vardenafil** (Levitra) used to treat erection problems
- **heparin** used to thin the blood
- **n-acetylcysteine** used in paracetamol overdose
- **long acting nitrates** (isosorbide dinitrate, isosorbide mononitrate)
- medicines used to **treat high blood pressure**
- medicines that can **cause dry mouth** (amitriptyline, disopyramide, atropine and propantheline, tricyclic antidepressants)
- **apomorphine** used to treat Parkinson's disease
- medicines used to treat migraine (**ergot alkaloids**)

Glyceryl Trinitrate tablets with alcohol

You are advised not to drink alcohol with this medicine as it increases some of the effects of Glyceryl Trinitrate.

Pregnancy, breast-feeding and fertility

If you are pregnant, think you may be pregnant, planning to become pregnant or are breastfeeding, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

This medicine may make you feel faint or dizzy. If affected, do not drive or operate machines, especially if taken with alcohol.

Glyceryl Trinitrate tablets contain lactose

If you have been told that you have an intolerance to some sugars, contact your doctor before taking this medicine.

3. How to take Glyceryl Trinitrate tablets

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Adults, including older people

One tablet should be placed under the tongue and allowed to dissolve slowly.

Do not swallow.

The dose may be repeated after 5 minutes if symptoms are not relieved. If the chest pain persists for more than 15 minutes, you should seek medical advice immediately.

If Glyceryl Trinitrate tablets are taken frequently and for long periods,

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the effectiveness of the drug may decrease. If you notice that your tablets are not working as well at relieving the pain as they have done, consult your doctor.

If you take more Glyceryl Trinitrate tablets than you should

If you take too many tablets, remove any tablets from your mouth and contact your doctor, or go to your nearest hospital casualty department immediately.

Please take this leaflet, any remaining tablets and the container with you so that they know what you have taken.

An overdose may make you vomit, feel restless or faint, develop bluish lips and fingers, or methaemoglobin in the blood. Severe poisoning may result in a slow heartbeat, difficulty in breathing and changes in your mental state.

If you have any further questions on the use of this product, please ask your doctor or pharmacist.

4. Possible side effects**If any of the following serious side effects happen, stop taking the medicine and tell your doctor immediately or go to your nearest hospital:**

Worsening of angina symptoms, chest pains, hypoxaemia (difficulty breathing, increased rate of breathing), methaemoglobinaemia (breathing problems, headache, tiredness), difficulty breathing, blue colouring of the lips, fingers or toes (cyanosis), rapid (tachycardia) or slowed (bradycardia) heartbeat, blindness in one eye, cerebral ischaemia which may cause weakness in one arm or leg, or weakness in one entire side of the body, difficulty speaking, slurred speech, loss of coordination, loss of consciousness.

Other side effects:

Very common (may affect more than 1 in 10 people)

- throbbing headache

Common (may affect up to 1 in 10 people)

- spinning sensation, fall in blood pressure when seated or standing up, dizziness, drowsiness
- weakness

Uncommon (may affect up to 1 in 100 people)

- fainting
- facial flushing
- feeling or being sick
- localised burning sensation
- tongue blistering

Rare (may affect up to 1 in 1,000 people)

- allergic skin reactions

Very rare (may affect up to 1 in 10,000 people)

- restlessness
- heartburn
- bad breath, itchy, flaky or red skin, skin rash

Not known (frequency cannot be estimated from the available data)

- pain around the eye, changes in vision

If Glyceryl Trinitrate is taken frequently and for long periods, the effectiveness of the drug may decrease. Consult your doctor if you think this is occurring.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Glyceryl Trinitrate tablets

Keep this medicine out of the sight and reach of children.

The active ingredient can evaporate from the tablets thereby making them less effective. You should therefore observe the following conditions to ensure continued potency of the tablets.

- Close the cap tightly after removing a tablet
- Do not transfer the tablets to another container
- Do not put any packing material into the bottle with the tablets
- If you do not use the tablets within 8 weeks of first opening the bottle, obtain a fresh supply and return the old tablets to the pharmacist for disposal
- Store in a dry place below 25°C and protected from light

Do not use this medicine after the expiry date which is stated on the label. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Contents of the pack and other information**What Glyceryl Trinitrate tablets contain**

- The active ingredient is glyceryl trinitrate.
- Each tablet contains 300 micrograms Glyceryl Trinitrate equivalent to 0.3mg glyceryl trinitrate.
- The other ingredients are mannitol, acacia, lactose, magnesium stearate, talc and stearic acid.

What Glyceryl Trinitrate tablets look like and contents of the pack

Glyceryl Trinitrate tablets are plain white biconvex tablets and are supplied in amber glass bottles. Each bottle contains 100 tablets.

Marketing Authorisation Holder	Manufacturer
Martindale Pharma Bampton Road, Harold Hill, Romford, Essex RM3 8UG United Kingdom	Dales Pharmaceuticals Ltd. Snaygill Industrial Estate Keighley Road, Skipton North Yorkshire BD23 2RW United Kingdom

If you would like any more information, or would like the leaflet in a different format, please contact Medical Information at the above address.

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