3. How to take Cetirizine Hydrochloride Tablets

Do not take Cetirizine Hydrochloride Tablets if you:
- Are allergic to cetirizine hydrochloride, or any of the ingredients of this medicine (listed in section 6), to hydroxyzine or to any piperazine derivatives (closely related active substances of other medicines).
- Suffer from severe kidney disease (severe renal failure with creatinine clearance below 10 ml/min).
- Have problems of urinary retention.
- If you have any other medical condition which may worsen with cetirizine use.

Advice:
- If you have liver or kidney problems, ask your doctor for advice; if necessary, you will take a lower dose. The new dose will be determined by your doctor.
- If you have predisposition factors of urinary retention (eg: spinal cord lesion, prostatic hyperplasia) ask your doctor or pharmacist for advice.
- If you are an epileptic patient or a patient at risk of convulsions, you should ask your doctor for advice.
- If you are scheduled for allergy testing, ask your doctor if you should stop taking Cetirizine Hydrochloride Tablets for several days before testing. This medicine may affect your allergy test results.

Children and Cetirizine Hydrochloride Tablets

The use of this medicine is not recommended in children aged less than 6 years since this formulation does not allow for appropriate dose adaptation.

Other medicines and Cetirizine Hydrochloride Tablets

Please tell your doctor or a pharmacist if you are taking or have recently taken any other medicines, including any bought without a prescription.

Cetirizine Hydrochloride Tablets with food and drink and alcohol

Food does not affect absorption of Cetirizine Hydrochloride Tablets. No clinically significant interactions have been observed between alcohol (at the recommended dose) and cetirizine used at the recommended doses. However there are no data available on the safety when higher doses of cetirizine and alcohol are taken together. Therefore as it is the case with all medicine (listed in section 6), to hydroxyzine or to any piperazine derivatives (closely related active substances of other medicines).

Pregnancy and breastfeeding

You should not take these tablets if you are pregnant without first consulting your doctor or pharmacist.

Do not take these tablets if you are breast-feeding.

Driving and using machines

Do not drive or operate machinery if the tablets make you feel drowsy. At the recommended dose, these tablets do not cause drowsiness in the majority of people.

Cetirizine Hydrochloride Tablets contain lactose

This medicine contains lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking these tablets.

3. How to take Cetirizine Hydrochloride Tablets

The tablets should be swallowed with water.

Adults, elderly patients and children 12 years and over: 1 tablet daily.

Children aged 6 to 12 years: Half a tablet twice daily.

Children under 6 years: Not recommended.

If you have kidney problems (or liver and kidney problems together) please ask your doctor for advice: you may need to take a lower dose. The new dose will be determined by your doctor.

Duration of treatment

The duration of the treatment depends on the type, duration and course of your complaints. Please ask your pharmacist for advice.

If you take more than you should

If you accidentally take too much medicine, contact your doctor or nearest casualty department at once.

If you forget to take a tablet

Do not take a double dose to make up for a forgotten dose.

4. Possible side effects

Like all medicines Cetirizine Hydrochloride Tablets can cause side effects, although not everybody gets them.

The following side effects are very rare but you must stop taking the tablets and speak to your doctor immediately if you notice them:
- Allergic reactions including sudden wheeziness, difficulty in breathing or dizziness, rash, itching and fever, swollen throat, face, eyelids or lips. This reaction might start soon after you first take the medicine, or it might start later.
- Bruising or bleeding more easily than normal.

The following side effects have also been reported.

Common side effects (affects less than 1 in 10 people)
- Tiredness, feeling sleepy
- Headache
- Dry mouth
- Naso
- Diarrhoea (children only)

Uncommon side effects (affects less than 1 in 100 people)
- Itching and rash
- Asthenia (extreme fatigue) or feeling generally unwell
- Confusion, depression, hallucination (hearing or seeing things), sleeplessness
- Urticaria (hives).

Very rare side effects (affects less than 1 in 10,000 people)
- Bluened vision, difficulty focusing
- Oedemediation (eyes having uncontrollable circular movements)
- Loss of levels of blood platelets causing unusual bleeding or bruising
- Bad taste in mouth
- Tension, tics (habit spasm)
- Involuntary movements and/or jerking of the limbs
- Abnormal elimination of urine (bedwetting, pain and/or difficulty passing urine).

Not known frequency of side effects
- Memory loss and forgetfulness.
- Increased appetite
- Vomiting
- Urinary retention.

In very rare cases people have thought about committing suicide and if you feel this way then stop taking the tablets and see your doctor.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: http://yellowcard.mhra.gov.uk/

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Cetirizine Hydrochloride Tablets

Keep this medicine out of the sight and reach of children. Do not take the tablets after the expiry date, which is stated on the blister and carton. The expiry date refers to the last day of that month. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Cetirizine Hydrochloride Tablets contain

Each tablet contains 10mg of cetirizine hydrochloride (the active ingredient). They also contain lactose, microcrystalline cellulose, maize starch, colloidal anhydrous silica, magnesium stearate, talc, hypromellose, titanium dioxide (E171), macrogol 4000 and sodium citrate.

What Cetirizine Hydrochloride Tablets look like and contents of the pack

The tablets are white circular bi-convex, film-coated tablets marked C on one side and a breakline on the other.

Available in cartons containing 7, 14, 21, 28, 30 and 60 tablets.

Marketing authorisation holder and manufacturer

Cetirizine Hydrochloride 10mg Tablets PL08553/0193

Dr Reddy’s Laboratories (UK) Ltd
6 Riverview Road, Beverley, East Yorkshire, HU17 0LD

Revision date May 2014

Cetirizine Hydrochloride 10mg

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Pack 150057025