

PACKAGE LEAFLET: INFORMATION FOR THE USER

Buttercup Bronchostop Cough Syrup

Thyme herb extract, Marshmallow root extract

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor, pharmacist or qualified healthcare practitioner has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist or qualified healthcare practitioner if you need more information or advice.
- If you get any side effects, talk to your pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor or qualified healthcare practitioner if you do not feel better or if you feel worse after 7 days.

What is in this leaflet:

1. What Buttercup Bronchostop Cough Syrup is and what it is used for
2. What you need to know before you take Buttercup Bronchostop Cough Syrup
3. How to take Buttercup Bronchostop Cough Syrup
4. Possible side effects
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6. Contents of the pack and other information

1. WHAT BUTTERCUP BRONCHOSTOP COUGH SYRUP IS AND WHAT IT IS USED FOR

Buttercup Bronchostop Cough Syrup is a traditional herbal medicinal product used for the relief of coughs, such as chesty coughs and dry, tickly, irritating coughs and catarrh based on traditional use only.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE BUTTERCUP BRONCHOSTOP COUGH SYRUP

Do not take Buttercup Bronchostop Cough Syrup

- If you are allergic to Marshmallow root, Thyme or other members of the Lamiaceae family (e.g. Basil, Rosemary, Sage), or to any of the other ingredients of this medicine (listed in section 6).
- If you are pregnant or breast-feeding.

Warnings and precautions

Consult your doctor before taking Buttercup Bronchostop Cough Syrup if you:

- are prone to develop allergic reactions. There is a possible risk that this medicine may trigger severe and life-threatening allergic reactions in patients who have a tendency to develop allergic reactions.
- have asthma, as Buttercup Bronchostop Cough Syrup may make asthma symptoms worse.

Children

Do not give this medicine to children under 12 years.

Other medicines and Buttercup Bronchostop Cough Syrup

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

Absorption of concomitantly administered medicines may be delayed. As a precautionary measure, the product should not be taken ½ to 1 hour before or after intake of other medicinal products.

Pregnancy and breast-feeding

Do not take this medicine if you are pregnant or breast-feeding.

Driving and using machines

No studies on the effects on the ability to drive and to use machines have been performed. Buttercup Bronchostop Cough Syrup contains no ingredients that are known to cause drowsiness.

Buttercup Bronchostop Cough Syrup contains the preservatives Methyl parahydroxybenzoate (E218) and Propyl parahydroxybenzoate (E216)

These may cause allergic reactions which may also appear as a delayed reaction (see the "Do not take" section).

Buttercup Bronchostop Cough Syrup contains xylitol (E967)

This medicine contains 4609.2 mg xylitol per single dose (15ml) which may have a laxative effect. Calorific value 2.4 kcal/g xylitol.

Buttercup Bronchostop Cough Syrup contains raspberry juice concentrate which contains sucrose, glucose and fructose

This medicine contains 66 mg fructose in each 15 ml.

If your doctor has told you that you (or your child) have an intolerance to some sugars or if you have been diagnosed with hereditary fructose intolerance (HFI), a rare genetic disorder in which a person cannot break down fructose, talk to your doctor before you (or your child) take or receive this medicine as patients with HFI should not take or be given this medicinal product..

Buttercup Bronchostop Cough Syrup contains propylene glycol

This medicine contains 33.3 mg of propylene glycol in each 15 ml of syrup.

3. HOW TO TAKE BUTTERCUP BRONCHOSTOP COUGH SYRUP

Always take this medicine exactly as described in this leaflet or as your doctor, pharmacist or qualified healthcare practitioner has told you. Check with your doctor, pharmacist or qualified healthcare practitioner if you are not sure.

Always use the enclosed measuring cup.

Buttercup Bronchostop Cough Syrup can be taken undiluted or can be diluted in water or warm tea.

Dosage

Adults, the elderly and children over 12 years:

Using the measuring cup provided, 15 ml of syrup to be taken every 4 hours, 4 times per day. If required, up to a maximum of 6 doses (90 ml) can be taken per day.

Do not give to children under 12 years.

DO NOT EXCEED THE STATED DOSE.

You must talk to a doctor or qualified healthcare practitioner if you do not feel better or if you feel worse after 7 days.

If you are short of breath, have a high temperature (fever), your phlegm is yellow-green or brown in colour (purulent sputum), you must consult your doctor or qualified healthcare practitioner.

If you take more Buttercup Bronchostop Cough Syrup than you should

Talk to a doctor straight away, or contact your nearest hospital casualty department. Take the carton and this leaflet with you.

If you forget to take Buttercup Bronchostop Cough Syrup

Take the next dose when it is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The frequency of the following side effects occurring is not known.

This medicine may cause the following serious allergic reactions. **If you experience any of the following effects, stop taking the syrup and seek medical advice immediately:**

- severe and potentially life-threatening reactions, with symptoms that may include feeling lightheaded or faint, breathing difficulties or wheezing, a fast heartbeat, skin rash, confusion and anxiety, or loss of consciousness (anaphylactic reaction)
 - swelling of the face, lips, tongue, mouth or throat (angioedema),
 - blistering of the mouth and throat
 - worsening of asthma symptoms
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- difficulty breathing (including shortness of breath)

Other possible side effects

If any of the following side effects get serious or concern you, or you notice any other side effect, stop taking the syrup and seek medical advice as soon as possible:

Allergic skin reactions including urticaria (red bumps on the skin), and itching. Gastrointestinal disorders such as pain or discomfort in the abdomen, diarrhoea, vomiting, and nausea.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE BUTTERCUP BRONCHOSTOP COUGH SYRUP

Do not store above 25°C.

Store in the original package in order to protect the contents from light.

Keep out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.

Close tightly after use. After opening, use within 4 weeks.

Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures help protect the environment.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Buttercup Bronchostop Cough Syrup contains

15 ml of oral syrup (16.7 g) contains the actives substances:

120 mg of extract (as dry extract) from Thyme herb (*Thymus vulgaris* L. and *Thymus zygis* L., herb) (DER 7-13:1) extraction solvent: water

830 mg of extract (as liquid extract) from Marshmallow root (*Althaea officinalis* L.) (DER 1:12-14) extraction solvent: water

The other ingredients are:

Maltodextrin, Acacia (E414), Xylitol (E967), Methyl parahydroxybenzoate (E218), Raspberry juice concentrate (containing sucrose, glucose and fructose), Xanthan gum, Citric acid monohydrate, Propyl parahydroxybenzoate (E216), Raspberry aroma flavouring (synthetic and natural flavourings, propylene glycol (E1520)), Purified water

What Buttercup Bronchostop Cough Syrup looks like and contents of the package

Buttercup Bronchostop Cough Syrup is a brown-red, viscous liquid. The syrup is contained in brown glass bottles with a sealed screw cap, in 120 ml, 200 ml and 240 ml sizes. Not all pack sizes may be marketed.

The package includes a measuring cup with a scale from 2.5 ml to 20 ml which allows precise measuring of the recommended dose.

THR Holder

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