Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

1. What Vistamethasone Drops are and what they are used for

Vistamethasone Drops contain Betamethasone Sodium Phosphate which belongs to a group of medicines called corticosteroids. These are used to relieve redness and swelling. Vistamethasone Drops are used to treat redness and swelling of the eyes, nose and ears.

2. What you need to know before you use Vistamethasone Drops

Do not use Vistamethasone Drops if you:

- have an allergic (hypersensitive) reaction to the active substance, betamethasone sodium phosphate or to any of the other ingredients of this medicine (listed in section 6).
- have a viral infection of the eye
- have a fungal infection of the eye
- have tuberculosis of the eye
- have an eye infection that is producing pus
- suffer from raised pressure in your eye(s) (glaucoma)
- suffer from herpes in your eye(s)
- have undiagnosed red eye(s)
- are wearing soft contact lenses. These should be removed whilst you are using Vistamethasone Drops.

Do not use Vistamethasone Drops if:

- you have any of the conditions mentioned above.
- you have used Vistamethasone Drops for a prolonged period of time (more than 7 days) as this may cause serious side effects, particularly in children. (see section 4 of this leaflet)
- you are pregnant or breast feeding.

3. How to use Vistamethasone Drops

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

For adults and the elderly and children

For use in the eye:

The usual starting dose is one or two drops to be put into the eye every two hours.

Your doctor may reduce the dose once the condition of your eye has begun to improve.

For use in the ear:

The usual starting dose is two or three drops put into the ear every three to four hours. Your doctor may reduce the dose once the condition of your ear has begun to improve.

For use in the nose:

The usual dose is two or three drops into each nostril twice daily or as required.

Instructions for use

Instructions for use in the eye:

If you wear soft contact lenses these must be removed during treatment of the eyes with Vistamethasone Drops.

1. Before opening a new bottle of Vistamethasone Drops, please check that the safety strip on the bottom of the outer cap is unbroken.
2. Twist the outer cap to break the seal.
3. Wash your hands well before use.
4. Remove the outer cap. If you are putting in the drops yourself you should use a mirror.
5. Tilt your head back and look up at the ceiling.
6. Put the lower lid of the eye out to form a small pocket between your eyelid and your eye.
7. Hold the container between the thumb and middle finger of the other hand, turn the bottle upside down near to your eye, try not to touch your eye with the nozzle.
8. Apply enough pressure to the container to release one to two drops or as directed by your doctor.
9. Blink your eye a few times.
10. If you think that you have missed your second drop, then insert another drop.
11. Repeat steps 5-10 in the other eye.

Instructions for use in the ear:

1. Wash your hands well before use.
2. Remove the outer cap on the bottle.
3. Insert the nozzle into the affected ear and apply drops as advised by your doctor.
4. Repeat steps 1-3 in the other ear, if you have been told to use Vistamethasone Drops in both ears.
5. Replace the outer cap on the bottle.
6. Tilt your head back and pour into each nostril drop by drop.
7. Replace the outer cap on the bottle, trying not to touch the applicator tip with anything, including your fingers.
8. Wash your hands.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience any of the following side effects you should tell your doctor immediately. These are symptoms of an allergic reaction:

- difficulty in breathing with or without swelling of the face, lips, tongue and/or throat;
- swelling of the face, lips, tongue and/or throat, which may cause difficulty in swallowing;
- severe itching of the skin (with raised lumps).

Other possible side effects include:

- irritation, burning, itching and stinging in the area.
- blurred vision.
- it may cause dizziness, drowsiness, feeling very tired or weak.
- blurred vision after application to the eye.
- sensitivity, stinging or pain in the eye after using the medicine, talk to your doctor.
- to use Vistamethasone Drops talk to your doctor or pharmacist.
- have any side effects, talk to your doctor or pharmacist.

If you stop using Vistamethasone Drops

If you have missed using your drops and if it is a long time until your next dose is due, put in the missed dose now and continue the twice of treatment. If it is near the time for using your next dose wait and use this dose at the correct time.

Do not take a double dose to make up for one you have missed.

If you stop using Vistamethasone Drops

You should stop using Vistamethasone Drops for as long as your doctor has instructed. Your treatment is helping your condition, even if you do not feel much different in how you feel.

If you need to use Vistamethasone Drops

In using Vistamethasone Drops for as long as your doctor has instructed. Your treatment is helping your condition, even if you do not feel much different in how you feel.

If you need to use Vistamethasone Drops

You should stop using Vistamethasone Drops

You should not use Vistamethasone Drops

5. How to store Vistamethasone Drops

Keep this medicine out of the sight and reach of children. Make sure the container is properly closed after each use.

Store Vistamethasone Drops in the original container away from direct light. Store below 25°C.

Do not use this medicine after the expiry date which is stated on the label. The expiry date refers to the last day of that month.

Do not use any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines no longer use. These measures will help protect the environment.

6. Content of the pack and other information

What Vistamethasone Drops contain

The active substance is betamethasone sodium phosphate 0.1% w/v.

The other ingredients are boric acid, sodium phosphate, disodium edetate, sodium chloride solution, purified water.

What Vistamethasone Drops look like and contents of the pack

Vistamethasone Drops are a clear, colourless and sterile solution supplied in a plastic dropper bottle with a cap. Each bottle contains 5 or 10ml of the solution.

Marketing Authorisation Holder:
Martindale Pharmaceuticals Ltd
Bampton Road
Harrow Hill
Rombald
RM11 1AG
United Kingdom
Manufacturers:
Fumar A.Y.E Alimos Plant
3, Agia Dimitriou str,
Alimos, Athens
17456, Greece

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