Package leaflet: Information for the patient

Latuda 18.5 mg film-coated tablets
Latuda 37 mg film-coated tablets
Latuda 74 mg film-coated tablets
lurasidone

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet
1. What Latuda is and what it is used for
2. What you need to know before you take Latuda
3. How to take Latuda
4. Possible side effects
5. How to store Latuda
6. Contents of the pack and other information

1. What Latuda is and what it is used for

Latuda contains the active substance lurasidone and belongs to a group of medicines called antipsychotics. It is used to treat symptoms of schizophrenia in adults aged 18 years or over.
Lurasidone works by blocking receptors in the brain to which the substances dopamine and serotonin attach. Dopamine and serotonin are neurotransmitters (substances that allow nerve cells to communicate with each other) that are involved in the symptoms of schizophrenia. By blocking their receptors, lurasidone helps to normalise the activity of the brain, reducing the symptoms of schizophrenia.

Schizophrenia is a disorder with symptoms such as hearing things, seeing or sensing things that are not there, mistaken beliefs, unusual suspiciousness, becoming withdrawn, incoherent speech and behaviour and emotional flatness. People with this disorder may also feel depressed, anxious, guilty, or tense. This medicine is used to improve your symptoms of schizophrenia.

2. What you need to know before you take Latuda

Do NOT take Latuda if you:
- are allergic to lurasidone or any of the other ingredients of this medicine (listed in section 6)
- are taking medicines which may affect the level of lurasidone in your blood such as:
  - medicines for fungal infections such as itraconazole, ketoconazole (except as a shampoo), posaconazole or voriconazole
  - medicines for an infection such as the antibiotic clarithromycin or telithromycin
  - medicines for HIV infections such as cobicistat, indinavir, nelfinavir, ritonavir, and saquinavir
  - boceprevir, and telaprevir (medicines for chronic hepatitis)
  - nefazodone (a medicine for depression)
  - rifampicin (a medicine for tuberculosis)
  - carbamazepine, phenobarbital and phenytoin (medicines for seizures)
  - St John’s wort (Hypericum perforatum) (herbal medicine for depression).
Warnings and precautions
It may take several days or even weeks before this medicine will have a full effect. Contact your doctor if you have questions on this medicine.

Talk to your doctor or pharmacist before taking this medicine, or during treatment, especially if you have:

- Suicidal thoughts or behaviour
- Parkinson’s disease or dementia
- ever been diagnosed with a condition whose symptoms include high temperature and muscle stiffness (also known as neuroleptic malignant syndrome) or if you have ever experienced rigidity, tremors or problems moving (extrapyramidal symptoms) or abnormal movements of the tongue or face (tardive dyskinesia). You should be aware that these conditions may be caused by this medicine
- heart disease or heart disease treatment that makes you prone to low blood pressure or have a family history of irregular heart beat (including QT prolongation)
- a history of seizures (fits) or epilepsy
- a history of blood clots, or if someone else in your family has a history of blood clots, as medicines for schizophrenia have been associated with formation of blood clots
- enlarged breasts in male (gynecomastia), milky nipple discharge (galactorrhea), absence of menstruation (amenorrhea) or erectile dysfunction
- diabetes or are prone to diabetes
- decreased kidney function
- decreased liver function
- an increase in your weight
- blood pressure dropping upon your standing up which may cause fainting.

If you have any of these conditions, please talk to your doctor as he/she may want to adjust your dose, monitor you more closely or stop treatment with Latuda.

Children and adolescents
This medicine is not recommended for children and adolescents under 18 years due to the lack of data in these patients.

Other medicines and Latuda
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This is especially important if you are taking:

- any medicines that also work in the brain, as their effects could be additive in a negative way with the effects of Latuda on your brain
- medicines that lower blood pressure, as this medicine can also lower blood pressure
- medicines for Parkinson’s disease and restless legs syndrome (e.g. levodopa) as this medicine can reduce their effects
- medicines containing ergot alkaloid derivatives (used for treating migraines), and other medicines including terfenadine and astemizole (used for treating hay fever and other allergic conditions), cisapride (used for treating digestive problems), pimozide (used to treating psychiatric illnesses), quinidine (used for treating heart conditions), bepridil (used for treating chest pain).

Tell your doctor if you take any of these medicines since your doctor may have to change the dose of that medicine during treatment with Latuda.

The following medicines may increase the level of lurasidone in your blood:
- diltiazem (to treat high blood pressure)
- erythromycin (to treat infections)
- fluconazole (to treat fungal infections)
- verapamil (to treat high blood pressure or chest pain).
The following medicines may decrease the level of lurasidone in your blood:
• amprenavir, efavirenz, etravirine (to treat HIV infection)
• aprepitant (to treat nausea and vomiting)
• armodafinil, modafinil (to treat sleepiness)
• bosentan (to treat high blood pressure or ulcers of the fingers)
• nafcillin (to treat infections)
• prednisone (to treat inflammatory disease)
• rufinamide (to treat seizures).

Tell your doctor if you take any of these medicines since your doctor may change your dose of Latuda.

**Latuda with food, drink and alcohol**
Alcohol should be avoided when taking this medicine. This is because alcohol will have an additive negative effect.
Do not drink grapefruit juice while you are taking this medicine. Grapefruit can affect the way this medicine works.

**Pregnancy and breast-feeding**
If you are pregnant or breast-feeding, think you may be pregnant or planning to have a baby, ask your doctor for advice before taking this medicine.

You should not take this medicine during pregnancy unless this has been agreed with your doctor.

If your doctor decides that the potential benefit of treatment during pregnancy justifies the potential risk to your unborn baby, your doctor will monitor your baby closely after birth. This is because the following symptoms may occur in newborn babies of mothers that have used lurasidone in the last trimester (last three months) of their pregnancy:
• shaking, muscle stiffness and/or weakness, sleepiness, agitation, breathing problems, and difficulty in feeding.

If your baby develops any of these symptoms you should contact your doctor.

It is not known if lurasidone passes into breast milk. Talk to your doctor if you are breast-feeding, or if you plan to breast-feed.

**Driving and using machines**
Sleepiness, dizziness and vision problems may occur during treatment with this medicine (see section 4, Possible side effects). Do not drive or use any tools or machines until you know that this medicine does not affect you in a negative way.

3. **How to take Latuda**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Your dose will be decided by your doctor and may depend on:
• how well you respond to a dose
• if you are taking some other medicines (see section 2, Other medicines and Latuda)
• if you have kidney or liver problems.

The recommended starting dose is 37 mg once a day.
The dose may be increased or decreased by your doctor within the dose range of 18.5 mg to 148 mg once a day. The maximum dose should not exceed 148 mg once a day.
Swallow your tablet(s) whole with water, in order to mask the bitter taste. You should take your dose regularly every day at the same time of the day, so that it is easier to remember it. You must take this medicine with food or just after eating, as this helps the body to take up the medicine and allows it to work better.

If you take more Latuda than you should
If you take more of this medicine than you should, contact your doctor immediately. You may experience sleepiness, tiredness, abnormal body movements, problems with standing and walking, dizziness from low blood pressure, and abnormal heart beats.

If you forget to take Latuda
Do not take a double dose to make up for a forgotten dose. If you miss one dose, take your next dose on the day after the missed dose. If you miss two or more doses, contact your doctor.

If you stop taking Latuda
If you stop taking this medicine you will lose the effects of the medicine. You should not stop this medicine unless told to do so by your doctor as your symptoms may return.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you notice any of the following symptoms seek medical attention immediately:

- a severe allergic reaction seen as fever, swollen mouth, face, lip or tongue, shortness of breath, itching, skin rash and sometimes a drop in blood pressure. These reactions are seen rarely (may affect up to 1 in 1,000 people).

- A serious blistering rash affecting the skin, mouth, eyes and genitals (Stevens-Johnson syndrome)

- Fever, sweating, muscle stiffness, and reduced consciousness. These could be symptoms of a condition known as neuroleptic malignant syndrome. These reactions are seen rarely (may affect up to 1 in 1,000 people).

- Blood clots in the veins especially in the legs (symptoms include swelling, pain and redness in the leg), which may travel through blood vessels to the lungs causing chest pain and difficulty in breathing. If you notice any of these symptoms seek medical advice immediately.

The following side effects may also happen:

Very common (may affect more than 1 in 10 people):

- feeling of restlessness and inability to sit still
- sleepiness.

Common (may affect up to 1 in 10 people):

- Parkinsonism: This is a medical term that describes many symptoms which include increase in saliva secretion or watery mouth, drooling, jerks when bending the limbs, slow, reduced or impaired body movements, no expression in the face, muscle tightness, stiff neck, muscle stiffness, small, shuffling, hurried steps and lack of normal arm movements when walking, persistent blinking in response to tapping of the forehead (an abnormal reflex)
- speech problems, unusual muscle movements; a collection of symptoms known as extrapyramidal symptoms (EPS) which typically will involve unusual purposeless involuntary muscle movements.
- dizziness
• muscle spasms and stiffness
• nausea (feeling sick), vomiting (being sick)
• rash and itching
• indigestion
• dry mouth or excess saliva
• abdominal pain
• difficulty sleeping, tiredness, agitation and anxiety
• weight gain
• increase in creatine phosphokinase (an enzyme in muscles) seen in blood tests
• increase in creatinine (a marker of kidney function) seen in blood tests.

Uncommon (may affect up to 1 in 100 people):
• slurred speech
• nightmares
• muscle aches
• joint pains
• problems walking
• rigid posture
• increased blood prolactin, increased blood glucose (blood sugar), increase in some liver enzymes, seen in blood tests
• increased blood pressure
• blood pressure dropping upon standing up which may cause fainting
• fast heart beat
• common cold
• hot flush
• blurred vision
• reduced appetite
• sweating
• pain when passing urine.
• uncontrollable movements of mouth, tongue and limbs (tardive dyskinesia)
• low blood levels of sodium which can cause tiredness and confusion, muscle twitching, fits and coma (hyponatremia).
• lack of energy (lethargy)
• gas (flatulence)
• neck pain
• back pain

Rare (may affect up to 1 in 1,000 people):
• Rhabdomyolysis which is the breakdown of muscle fibres that leads to the release of muscle fibre contents (myoglobin) into the bloodstream, seen as muscle pain, being sick, being confused, an abnormal heart rate and rhythm, and possibly dark urine
• increase in eosinophils (a type of white blood cell).
• swelling beneath the skin surface (angioedema)

Not known (frequency cannot be estimated from the available data):
• reduced levels of white blood cells (which fight infection) and red blood cells (which carry oxygen around the body)
• deliberate injury to oneself
• sudden feelings of anxiety
• sleep disorder
• spinning sensation
• seizure (fits)
• chest pain
• abnormal nerve impulses in the heart
slow heart rate
• diarrhoea
• difficulty swallowing
• irritation to lining of stomach
• kidney failure
• newborn babies may show the following: agitation, increase or decreases in muscle tone, tremor, sleepiness, breathing or feeding problems
• abnormal breast enlargement, breast pain, milk secretion from breasts
• problems with erections
• painful or absence of menstrual periods
• sudden death associated with heart disease.

In elderly people with dementia, a small increase in the number of deaths has been reported for patients Reporting of side effects taking medicines for schizophrenia compared with those not receiving these medicines.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the following website: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Latuda

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister after EXP. The expiry date refers to the last day of that month.

Store in the original package in order to protect from light.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Latuda contains
• The active substance is lurasidone.
  Each 18.5 mg tablet contains lurasidone hydrochloride equivalent to 18.6 mg lurasidone.
  Each 37 mg tablet contains lurasidone hydrochloride equivalent to 37.2 mg lurasidone.
  Each 74 mg tablet contains lurasidone hydrochloride equivalent to 74.5 mg lurasidone.
• The other ingredients are mannitol, pregelatinised starch, croscarmellose sodium, hypromellose, magnesium stearate (E470b), titanium dioxide (E171), macrogol, yellow iron oxide (E172) (present in 74 mg tablets), indigotine (E132) (present in 74 mg tablets) and carnauba wax (E903).

What Latuda looks like and contents of the pack
• Latuda 18.5 mg film-coated tablets are white to off-white, film-coated round tablets debossed with “LA”
• Latuda 37 mg film-coated tablets are white to off-white, film-coated round tablets debossed with “LB”
• Latuda 74 mg film-coated tablets are pale green, film-coated oval tablets debossed with “LD”.
Latuda film-coated tablets are available in pack sizes containing 14 x 1, 28 x 1, 30 x 1, 56 x 1, 60 x 1, 90 x 1 or 98 x 1 film-coated tablet in aluminium/aluminium perforated unit dose blisters.

Not all pack sizes may be marketed.

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For any information about this medicine, please contact the local representative of the Marketing Authorisation Holder:

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