



Chesty Cough & Cold TABLETS

Paracetamol, Guaifenesin & Phenylephrine

Read all of this leaflet carefully before you take this medicine because it contains important information you need to know.

This medicine is available without prescription, however, you still need to use this product carefully to get the best results from it. Keep this leaflet as you may need to read it again. Ask your pharmacist if you need more information or advice.

1. What is this medicine and what is it used for?

This medicine contains:

- **paracetamol** which is a pain reliever (analgesic) and helps reduce your temperature when you have a fever
- **guaifenesin** which is an expectorant to help loosen phlegm
- **phenylephrine** which is a decongestant to reduce swelling in the passages of the nose to help you breathe more easily.

These tablets are used for the relief of symptoms of colds and flu, including aches and pains, headache, blocked nose, sore throat, chills and chesty coughs.

2. Is this medicine suitable for you?

Do not take this medicine if you:

- are **allergic** to paracetamol, guaifenesin, phenylephrine or any of the other ingredients (listed in section 6)
- have a serious heart condition
- have high blood pressure (hypertension)
- have diabetes
- have an overactive thyroid
- have an enlarged prostate
- have glaucoma, including closed angle glaucoma
- have difficulty passing urine
- are taking antidepressant drugs called monoamine oxidase inhibitors (MAOI's), or have taken them within the last 14 days - these are medicines such as phenelzine and isocarboxazid
- are taking beta-blocking drugs
- are currently taking other decongestant drugs or stimulants (e.g. ephedrine, amfetamines and xylometazoline)
- are taking a cough medicine called a cough suppressant.

Please see your doctor or pharmacist before taking this medicine if you:

- are pregnant or breast-feeding
- suffer from kidney or liver problems, including alcoholic liver disease
- have diabetes
- have phaeochromocytoma
- have a very bad cough or asthma. See your doctor if your cough lasts for more than 5 days or comes back, or if you have a fever, rash or a headache which won't go away
- have circulatory disorders such as a condition called Raynaud's Phenomenon, which results from poor circulation in the fingers and toes
- have angina
- have severe stomach or intestinal problems
- suffer with phenylketonuria, a rare, inherited metabolic disorder.

If you are taking any of the following medicines please see your doctor:

- medicines to treat high cholesterol levels which reduce the amount of fat in the blood such as colestyramine
- medicines to control feeling sick or being sick such as metoclopramide or domperidone
- medicines called anti-coagulants, which are used to thin the blood such as warfarin or other coumarins - you may take occasional doses of paracetamol but should consult your doctor if you need to take it on a regular basis
- barbiturates (for epilepsy or to help you sleep), such as phenobarbitones
- tricyclic antidepressants such as imipramine, amitriptyline
- medicines to treat heart or circulatory problems, or to lower blood pressure, (e.g. digoxin, guanethidine, reserpine, methyl dopa)
- aspirin or other NSAIDs (non-steroidal anti-inflammatory drugs)
- medicines to treat migraine (e.g. ergotamine and methysergide)
- zidovudine as this might cause blood problems (low white blood cell count)
- beta blockers (e.g. atenolol) or vasodilators (e.g. hydralazine)
- phenothiazines used as sedatives (e.g. chlorpromazine, pericyazine and fluphenazine)
- if you are going to have blood or urine tests as taking this medicine may affect the results
- if you are going to have a general anaesthetic as this may cause changes in heart rhythm.

Contains paracetamol.

Do not take anything else containing paracetamol while taking this medicine.

Please turn over ▶