Valsartan 40mg, 80mg and 160mg Capsules

Warnings and precautions
Talk to your doctor before taking Valsartan Capsules
• if you have liver disease
• if you have severe kidney disease or if you are undergoing dialysis.
• if you are suffering from a narrowing of the kidney artery.
• if you have recently undergone kidney transplantation (received a new kidney).
• if you have any other previous heart attacks.

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What Valsartan Capsules are and what they are used for
Valsartan Capsules contain the active substance valsartan and belong to a class of medicines known as angiotensin II receptor antagonists, which help to reduce high blood pressure. Angiotensin II is a substance in the body that causes the blood vessels to tighten, causing your blood pressure to increase.

Valsartan works by blocking the effect of angiotensin II. As a result, blood vessels relax and blood pressure is lowered.

Valsartan 40mg Capsules can be used for three different conditions:
• to treat high blood pressure in children and adolescents 6 to 18 years of age and in adults
• to treat symptomatic heart failure in adult patients
• to treat adult patients after a recent heart attack

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What you need to know before you take Valsartan Capsules

Do not take Valsartan Capsules:
• if you are allergic to valsartan or any of the other ingredients of this medicine (listed in section 6).
• if you are taking a blood pressure-lowering medicine containing aliskiren.

If you have severe liver or kidney disease or if you have experienced heart attacks or heart failure, your doctor may check your kidney function.

Possible side effects
• if you have diabetes-related kidney problems.

Possible side effects
A possible side effect of Valsartan Capsules is that medicines that increase the amount of potassium in your blood at regular intervals.

If you have just experienced a heart attack or heart failure, your doctor may increase your dose by adding another drug (including ACE inhibitors), tell your doctor if these symptoms occur when you are taking Valsartan Capsules, stop taking Valsartan Capsules immediately and never take it again. See section 4. "Possible side effects".

Do not take Valsartan Capsules:
• if you are taking medicines that increase the amount of potassium in your blood at regular intervals.
• if you have a fluid (hydration) caused by diuretics, in the tongue and face caused by an allergic reaction called angioedema when taking another drug (including ACE inhibitors), tell your doctor if these symptoms occur when you are taking Valsartan Capsules, stop taking Valsartan Capsules immediately and never take it again. See section 4. "Possible side effects".

If you are being treated with an ACE-inhibitor together with certain other medicines to treat your heart failure, which are known as mineralocorticoid receptors antagonists (MRA) (for example spironolactone, eplerenone) or beta-blockers (for example metoprolol).

Other medicines and Valsartan Capsules
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

The effect of the treatment can be influenced if Valsartan Capsules are used when a group of medicines called ACE inhibitors (a medication to treat heart failure) cannot be used or it may be used in addition to other medicines. Valsartan Capsules can be used for three different conditions:
• to treat adult patients after a recent heart attack

For example spironolactone, eplerenone) or betablockers (for example metoprolol).

Valsartan is used when a group of medicines called ACE inhibitors (a medication to treat heart failure) cannot be used. It is caused when the heart muscle cannot pump blood strongly enough to supply all the blood vessels.

Valsartan 80mg and 160mg Capsules can be used for three different conditions:

There may be a need for a new kidney.

Tell your doctor before taking Valsartan Capsules if you are:
• taking an ACE-inhibitor or aliskiren (see also information under the headings “Do not take Valsartan Capsules” and “Warnings and precautions”).

In addition:
• if you are being treated with an ACE-inhibitor together with certain other medicines to treat your heart failure, which are known as mineralocorticoid receptors antagonists (MRA) (for example spironolactone, eplerenone) or beta-blockers (for example metoprolol).

This is a disease in which your adrenal glands make too much of the hormone aldosterone. If this applies to you, the use of Valsartan Capsules is not recommended.

Your doctor may check your kidney function, blood pressure, and the amount of electrolytes (e.g. potassium) in your blood at regular intervals.

See also information under the heading “Do not take Valsartan Capsules”.

Possible side effects
Talk to your doctor before taking Valsartan Capsules
• if you have liver disease
• if you have severe kidney disease or if you are undergoing dialysis.
• if you are suffering from a narrowing of the kidney artery.
• if you have recently undergone kidney transplantation (received a new kidney).

If you are being treated after a heart attack or heart failure, your doctor may check your kidney function if you have ever experienced swelling of the tongue and face caused by an allergic reaction called angioedema when taking another drug (including ACE inhibitors), tell your doctor if these symptoms occur when you are taking Valsartan Capsules, stop taking Valsartan Capsules immediately and never take it again. See section 4. "Possible side effects".

If you are taking any of the following medicines used to treat high blood pressure:
• an ACE-inhibitor (for example enalapril, lisinopril, captopril), in particular if you have diabetes-related kidney problems.

If you have a fluid (hydration) caused by diuretics, in the tongue and face caused by an allergic reaction called angioedema when taking another drug (including ACE inhibitors), tell your doctor if these symptoms occur when you are taking Valsartan Capsules, stop taking Valsartan Capsules immediately and never take it again. See section 4. "Possible side effects".

If you are taking medicines that increase the amount of potassium in your blood at regular intervals.

If you have a fluid (hydration) caused by diuretics, in the tongue and face caused by an allergic reaction called angioedema when taking another drug (including ACE inhibitors), tell your doctor if these symptoms occur when you are taking Valsartan Capsules, stop taking Valsartan Capsules immediately and never take it again. See section 4. "Possible side effects".

If you have a fluid (hydration) caused by diuretics, in the tongue and face caused by an allergic reaction called angioedema when taking another drug (including ACE inhibitors), tell your doctor if these symptoms occur when you are taking Valsartan Capsules, stop taking Valsartan Capsules immediately and never take it again. See section 4. "Possible side effects".

If you are being treated with an ACE-inhibitor together with certain other medicines to treat your heart failure, which are known as mineralocorticoid receptors antagonists (MRA) (for example spironolactone, eplerenone) or beta-blockers (for example metoprolol).

Your doctor may check your kidney function, blood pressure, and the amount of electrolytes (e.g. potassium) in your blood at regular intervals.

See also information under the heading “Do not take Valsartan Capsules”.

Other medicines and Valsartan Capsules
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

The effect of the treatment can be influenced if Valsartan Capsules are used when a group of medicines called ACE inhibitors (a medication to treat heart failure) cannot be used or it may be used in addition to other medicines. Valsartan Capsules can be used for three different conditions:

There may be a need for a new kidney.

Tell your doctor before taking Valsartan Capsules if you are:
• taking an ACE-inhibitor or aliskiren (see also information under the headings “Do not take Valsartan Capsules” and “Warnings and precautions”).

In addition:
• if you are being treated with an ACE-inhibitor together with certain other medicines to treat your heart failure, which are known as mineralocorticoid receptors antagonists (MRA) (for example spironolactone, eplerenone) or beta-blockers (for example metoprolol).

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Your doctor may check your kidney function, blood pressure, and the amount of electrolytes (e.g. potassium) in your blood at regular intervals.

See also information under the heading “Do not take Valsartan Capsules”.

Other medicines and Valsartan Capsules
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

The effect of the treatment can be influenced if Valsartan Capsules are used when a group of medicines called ACE inhibitors (a medication to treat heart failure) cannot be used or it may be used in addition to other medicines. Valsartan Capsules can be used for three different conditions:

There may be a need for a new kidney.

Tell your doctor before taking Valsartan Capsules if you are:
• taking an ACE-inhibitor or aliskiren (see also information under the headings “Do not take Valsartan Capsules” and “Warnings and precautions”).

In addition:
• if you are being treated with an ACE-inhibitor together with certain other medicines to treat your heart failure, which are known as mineralocorticoid receptors antagonists (MRA) (for example spironolactone, eplerenone) or beta-blockers (for example metoprolol).

This is a disease in which your adrenal glands make too much of the hormone aldosterone. If this applies to you, the use of Valsartan Capsules is not recommended.
How to take Valsartan Capsules

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Before you take Valsartan Capsules to treat high blood pressure, Valsartan Capsules may be in rare cases cause less and affect the ability to concentrate.

How to take Valsartan Capsules

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Before you take Valsartan Capsules to treat high blood pressure, Valsartan Capsules may be in rare cases cause less and affect the ability to concentrate.

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