

Carbocisteine 375mg Capsules

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

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1 What Carbocisteine 375mg Capsules are and what they are used for

Carbocisteine 375mg Capsules are used to help treat respiratory tract problems (problems with the breathing passages) characterised by too much sticky mucus, including chronic obstructive airways disease (lung damage with restricted airways).

Carbocisteine 375mg Capsules contain carbocisteine which belongs to a group of medicines called mucolytics which cause the mucus to be less sticky and easier to cough up.

2 What you need to know before you take Carbocisteine 375mg Capsules Do not take Carbocisteine 375mg Capsules if you:

- are **allergic** to carbocisteine or any of the other ingredients of this medicine (listed in section 6)
- have an **active peptic (stomach) ulcer**.

Warnings and precautions

Talk to your doctor if you:

- are **elderly**
- have a history of **stomach ulcers**
- are taking medicines that may cause **intestinal bleeding**
- are **pregnant** or planning to become pregnant
- are **breast feeding**.

Other medicines and Carbocisteine 375mg Capsules

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription. Currently carbocisteine is not known to effect or be affected by any other medicines you may be taking.

Pregnancy and breast-feeding

Carbocisteine 375mg Capsules are not recommended during the first three months of pregnancy.

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby ask your doctor for advice before taking this medicine.

Driving and using machines

Carbocisteine 375mg Capsules are not known to affect the ability to drive or operate machinery.

3 How to take Carbocisteine 375mg Capsules

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended adult dose at the beginning of treatment is 2 capsules to be swallowed 3 times a day until a satisfactory improvement is seen. The dose is then reduced to 1 capsule 4 times a day.

Use in children and adolescents

Other forms of this medicine may be more suitable for children. Ask your doctor or pharmacist.

If you take more Carbocisteine 375mg Capsules than you should

If you take too many capsules contact your nearest hospital casualty department or tell your doctor **IMMEDIATELY**. Take the carton and this leaflet with you. If you take too many Carbocisteine 375mg Capsules, it is likely that you will get an upset stomach (stomach disturbances).

If you forget to take Carbocisteine 375mg Capsules

Take the missed dose as soon as you remember. If it is almost time for your next dose, do not take the missed dose but simply take your next dose at the normal time. Do not take a double dose to make up for a forgotten dose.

If you stop taking Carbocisteine 375mg Capsules

Talk to your doctor or pharmacist before stopping this medicine.

If you have to go to the doctor, dentist or hospital for any reason, tell them you are taking Carbocisteine 375mg Capsules.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4 Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

A few people can be allergic to some medicines:

Contact your doctor or go to the nearest hospital casualty department IMMEDIATELY if any of the following happen after taking your medicine:

- Wheezing, difficulty breathing or swallowing, dizziness
- Swelling of the eyelids, face, lips, tongue or throat
- Itchy skin rash affecting the whole body
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genital. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson' syndrome.

Tell your doctor if you experience any of the following:

Rare (may affect 1 in 1,000 people)

- Skin rashes
- Bleeding from the stomach or intestine (which may be seen as black, tar-like stools).

Not known (frequency cannot be estimated from the available data)

- Being sick.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

5 How to store Carbocisteine 375mg Capsules

Keep out of the sight and reach of children.

Store below 25°C.

Do not use this medicine after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6 Contents of the pack and other information

What Carbocisteine 375mg Capsule contains:

- The active substance: carbocisteine 375mg
- Other ingredients: microcrystalline cellulose, macrogol, magnesium stearate
- The capsules are made from gelatin, iron yellow oxide (E172), brilliant blue FCF (E133) and titanium dioxide (E171).

What Carbocisteine 375mg Capsules look like and contents of the pack

Carbocisteine 375mg Capsules are yellow and blue containing white to off-white odourless powder.

The capsules are packed in blisters, in cartons containing 120 capsules.

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