Mucodyne 375mg Capsules, Hard Carbocisteine

1. What Mucodyne Capsules are and what they are used for

Mucodyne 375mg Capsules, Hard (called Mucodyne Capsules in this leaflet) contain a medicine called carbocisteine. This belongs to a group of medicines called ‘mucolytics’. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Mucodyne Capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made or the mucus is too sticky.

2. What you need to know before you take Mucodyne Capsules

Do not take this medicine and tell your doctor if:
- You are allergic (hypersensitive) to carbocisteine or any of the other ingredients of Mucodyne Capsules (listed in section 6).
- Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.
- You have an ulcer in your stomach or gut.

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Mucodyne Capsules.

3. How to take Mucodyne Capsules

Always take Mucodyne Capsules exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine
- Take this medicine by mouth.
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor.

Pregnancy and breast-feeding
Mucodyne is not recommended during pregnancy or breast-feeding.

Talk to your doctor before taking this medicine if:
- You are pregnant, might become pregnant or think you may be pregnant.
- You are breast-feeding or planning to breast-feed.

Ask your doctor or pharmacist for advice before taking any medicine if you are pregnant or breast-feeding.

Mucodyne Capsules contain:
- Lactose: This is a type of sugar. If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking Mucodyne Capsules.
- Sunset yellow (E110): This may cause allergic reactions. Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.

4. Possible side effects

If you feel that this medicine is too strong or too weak, you should be lowered to one capsule, 4

5. How to store Mucodyne Capsules

6. Contents of the pack and other information
How much to take

Adults (including the elderly)
• Usual dose is two capsules, 3 times each day.
• If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day.

Children
• Mucodyne Capsules are not recommended for children. A syrup form of this medicine called 'Mucodyne Paediatric 125mg/5ml Syrup' is available for use in children.

If you take more Mucodyne Capsules than you should
If you take more Mucodyne Capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Mucodyne Capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

If you forget to take Mucodyne Capsules
If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Mucodyne Capsules can cause side effects, although not everybody gets them.

Stop taking Mucodyne Capsules and see a doctor or go to a hospital straight away if:
• You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.
• You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson Syndrome'.
• You have blood in your vomit or black tarry stools.

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:
• Feeling sick (nausea) or being sick (vomiting)
• Diarrhoea
• Stomach pain

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store

Keep this medicine out of the sight and reach of children. Do not use Mucodyne Capsules after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Store below 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Mucodyne Capsules contain
• Each gelatin capsule contains 375mg of the active substance, carbocisteine.
• The other ingredients are magnesium stearate (E572), anhydrous colloidal silica (E551), lactose monohydrate, sodium lauril sulfate, quinoline yellow (E104), sunset yellow (E110) and titanium dioxide (E171).

What Mucodyne Capsules look like and contents of the pack
Mucodyne Capsules are yellow and printed 'Mucodyne 375' in black. They are available in blister packs containing 6, 18, 30 or 120 capsules. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

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This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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