

Care

Simple
Linctus
Paediatric

Sugar Free

Citric Acid Monohydrate

For relief of dry, irritating coughs

IMPORTANT: Peel this label at corner and read BEFORE use. Do not tear off, re-fix for future use.

For relief of dry, irritating coughs.
Take the oral solution by mouth.
Children 1- 5 years: Give 1 x 5ml spoonful.
Children 6 -12 years: Give 2 x 5ml spoonfuls.
Repeat the dose up to four times a day if necessary.
If symptoms persist for more than 5 days consult a doctor.

Peel where shown for further precautions.
Active ingredient per 5ml: citric acid monohydrate (E330) 31.25 mg.

Also contains amongst other ingredients: glycerol (E422), maltitol liquid (E965), sodium benzoate (E211) and aniseed flavour (contains propylene glycol (E1520)). Maltitol liquid 4.2g per 5ml.

Peel where shown for full list of ingredients.
Do not store above 25°C.
Once opened, use within three months.
Keep out of the sight and reach of children.
Manufactured by the licence holder: Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.
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200ml e

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This medicine is a demulcent. It coats the throat and relieves dry irritating coughs.

1. Before you use this medicine

❑ Do not use the medicine if your child has....

- An **allergy** to any of the ingredients listed in section 3.

⚠ Pregnant or breastfeeding....

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Simple Linctus Paediatric Sugar Free should not be used in pregnancy unless the doctor has told you to do so.

⚠ Important ingredient information

- This product contains 4.2g of maltitol liquid per 5ml dose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. Calorific value 2.3 kcal/g of maltitol liquid. Maltitol may have a mild laxative effect.

This medicine contains less than 1 mmol sodium (23mg) per 5ml dose, that is to say essentially 'sodium-free'.

This medicine contains 840mg sorbitol per 5ml dose.

Sorbitol is a source of fructose. If your doctor has told you that your child has an intolerance to some sugars or if they have been diagnosed with hereditary fructose intolerance (HFI), a genetic disorder in which a person cannot break down fructose, talk to your doctor before your child receives this medicine.

Sorbitol may cause gastrointestinal discomfort and mild laxative effect.

2. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Hypersensitivity/allergic reactions are possible with this product (frequency unknown).

If taken excessively above the stated dose, glycerol present in the medicine may cause headache, stomach upset and diarrhoea.

If you notice any side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

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Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for 'MHRA Yellow Card' in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

3. Further information

⚠ If you accidentally give too much see a doctor straight away. Take the pack with you to show which medicine your child has swallowed.

- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

The active ingredient per 5ml is: citric acid monohydrate (E330) 31.25mg.

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The other ingredients are: glycerol (E422), aniseed flavour (contains propylene glycol (E1520)), maltitol liquid (E965), sodium benzoate (E211) and purified water.

What the medicine looks like

Simple Linctus Paediatric Sugar Free is a colourless syrupy liquid.

It is supplied in a 200ml bottle.

This label was last revised in August 2020