Warnings and precautions
• Talk to your doctor or pharmacist before taking Prednisolone Tablets if:
  - you have ever had severe depression or manic-depressive illness (bipolar disorder). This includes having had depression before whilst taking steroid medicines like prednisolone
  - you have ever had severe anemia or a tendency to bleed
  - you have ever had severe infections
  - you have had severe liver or kidney problems
  - you have glaucoma (a condition of the eye that affects the drainage of fluid in the eye)
  - you have diabetes or a history of diabetes in your family

Also talk to your doctor or pharmacist before taking Prednisolone Tablets

Common leaflet artwork for all the locations.

ARTWORK CHECK BOX

Changes in detail:

Size/Layout            Regulatory            Non-Regulatory

CHANGE CONTROL :

Version changes due to change in:

Regulatory:

Non-Regulatory:

Read all of this leaflet carefully before you start taking Prednisolone Tablets because information about its use is important for you.

Keep this leaflet. You may need to read it again.

• If you have any further questions, ask your doctor or pharmacist or nurse.

This medicine has been prescribed for you only. Do not pass it on to others or let them use it even if their signs of illness are the same as yours.

If you are planning to have a vaccination, tell your doctor or pharmacist or nurse. This includes any possible side-effects not listed in this leaflet. See section 4.

What is this medicine used for?

This is a corticosteroid. It is a steroid medicine.

The active ingredient in your medicine is prednisolone. Prednisolone belongs to a group of medicines called corticosteroids.

The name of your medicine is Prednisolone Tablets.

How do you take Prednisolone Tablets?

1. What Prednisolone Tablets are and what they are for

Prednisolone Tablets are and what they are for:

2. How to take Prednisolone Tablets

How to take Prednisolone Tablets:

3. Before you take Prednisolone Tablets

Before you take Prednisolone Tablets:

4. How to store Prednisolone Tablets

How to store Prednisolone Tablets:

5. What to do if you forget to take Prednisolone Tablets

What to do if you forget to take Prednisolone Tablets:

6. Possible side effects

Possible side effects:

7. How to stop taking Prednisolone Tablets

How to stop taking Prednisolone Tablets:

8. What happens if you take too much Prednisolone Tablets

What happens if you take too much Prednisolone Tablets:

9. What to do in the event of an overdose

What to do in the event of an overdose:

10. Extra information

Extra information:

11. Further information

Further information:

Side effects

• have Duchenne’s muscular dystrophy
• are planning to have a vaccination
• have ever had blood clots, (for example, deep vein thrombosis [DVT], or, thromboembolism)
• suffered a recent heart attack
• severe liver or kidney problems
• glaucoma (a condition of the eye that affects the drainage of fluid in the eye)

Also talk to your doctor before taking Prednisolone Tablets if:

• are undergoing immunosuppression therapy for example in the treatment of cancer
• are taking, or have recently taken, an immunosuppressant drug (such as corticosteroids, an antithyroid, or a transplant

You should keep this leaflet throughout your course of treatment.

Treatment of the elderly: If you are an elderly patient speak to your doctor before taking Prednisolone Tablets. You may need to be prescribed a lower dose to avoid any side effects that could be harmful for your age group. For example, doses of infections, weakening of the bones, high blood pressure, diabetes, increased potassium levels in your blood and thinning of your skin

Chloroquine and Splinters: If you come into contact with splinters or splinters within 3 months (a somewhat shorter contact period) you may develop a serious condition called haemolytic anaemia.

Mesas: Keep away from people who have measles. If you come into contact with people who have measles, go to your doctor immediately.

Mental health problems while taking Prednisolone Tablets

Medications that can cause panic attacks can occur while taking Prednisolone Tablets. These medications are called beta blockers. If you are taking these medications you may be especially prone to mental health problems while taking Prednisolone Tablets. You may need to be prescribed a lower dose to avoid any side effects that could be harmful for your age group. For example, doses of infections, weakening of the bones, high blood pressure, diabetes, increased potassium levels in your blood and thinning of your skin

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Mesas: Keep away from people who have measles. If you come into contact with people who have measles, go to your doctor immediately.
Prednisolone Tablets with food and drink
Prednisolone Tablets should be swallowed with plenty of water unless otherwise directed by your doctor.

Avoid eating liquorice whilst taking Prednisolone Tablets.

Pregnancy, breast-feeding and fertility
If you are pregnant or breast-feeding, your doctor may prescribe or advise you to take this medicine, but do not breast-feed whilst taking this medicine.

If you are pregnant or breast-feeding, you may need to take this medicine for medical reasons. Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines
If you feel dizzy or tired after taking prednisolone do not drive or operate machinery until these effects have worn off.

Prednisolone Tablets contain lutein
Prednisolone Tablets may contain one or more of the following substances that may cause an allergic reaction or asthmatic exacerbation in a sensitive individual:

1. How to take Prednisolone Tablets
Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Take a tablet or capsule on an empty stomach, at least 1 hour before or 2 hours after eating.

If you take more Prednisolone Tablets than your doctor or pharmacist tells you to take, tell your doctor or pharmacist straight away.

Use in children
Prednisolone Tablets may be given to children very rarely to treat specific conditions. The lowest dose may be given for the shortest time possible.

If you stop taking Prednisolone Tablets Do not stop taking Prednisolone Tablets unless your doctor tells you to do so.

If you have forgotten to take a dose of Prednisolone Tablets:

- take as soon as possible, even if it is near to your next dose
- take later that day, but not if it is 2 hours before your next dose
- do not take a double dose to make up for your missed dose
- if you take more than the recommended dose, tell your doctor or pharmacist straight away

If you have any further questions on the use of this medicine, or any other medicine, please talk to your doctor or pharmacist.

2. How much Prednisolone Tablets to take

- blood pressure
- stomach ulcers
- bone fractures
- muscle wasting of the upper arms and legs
- increased blood sugar
- weight gain
- face becomes very round
- absence or irregularity of menstrual periods
- reduced growth in babies, children and teenagers
- slow healing of wounds
- acne
- rash
- itching
- bruising
- raised pressure in the brain (which can cause headaches, nausea and vomiting)
- sleepiness
- feeling tired or dizzy
- increased blood pressure
- patchiness of skin reddening
- nausea
- heart palpitations
- skin thickening
- skin peeling
- hair loss
- increased growth
- slowing of growth
- causing of sounds
- symptom for fear
- increased number of white blood cells
- feeling anxious, having problems sleeping,
- feeling high (mania) or moods that go up and down
- feeling depressed, including thinking about killing yourself
- feeling of dependency on treatment
- abdominal pains
- increased blood pressure and decreased urine production.

If you experience any serious side effects tell your doctor or go to your nearest hospital casualty department immediately.

If you take more Prednisolone Tablets than your doctor tells you to take:

- Stop taking the medicine and contact your doctor straight away if you experience any of the following serious side effects:
- feeling faint, headache, dizziness and feeling unwell
- bruising or bleeding
- feeling or being alone.

- any serious side effects not listed in this leaflet. By reporting side effects you can help provide more information on the safety of this medicine.

- any suspected side effect not listed in this leaflet. These may include very rare side effects that may only become apparent when this medicine is used at higher doses than those recommended in normal treatment.

Side effects where the frequency is not known: Side effects may occur which have not been listed in this leaflet. If you notice any other side effects, please report them to ADR Reporting. You can report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

- and around the brain. Fits/seizures may also be
- side effects not listed in this leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Prednisolone Tablets

- Keep this medicine out of the sight and reach of children.
- Do not throw away medicines via wastewater or household waste.
- Do not store above 25°C.

- Keep this medicine and all medicines out of the reach of children.
- The other ingredients are lactose, maize starch, E1520 (sodium carbonate), potassium silicate, magnesium silicate, talc, hydroxypropyl cellulose, magnesium stearate.
- 60mg taken daily either in several doses or on an empty stomach, but once a day if you are 60 years or over.
- tablets are available in both strengths - 5mg and 15mg.
- 5mg and 15mg flat-faced tablets with a break line and marked CP on one side and PL5 on the other side.

- Food should be swallowed with water. You can take Prednisolone Tablets before or after food.

- Your doctor may start your treatment with the lowest dose for a minimum period of time to minimise side effects.

- The pharmacist has told you. Check with your pharmacist before taking any medicine.

- wrestler.

- To start your treatment, your doctor or pharmacist may prescribe or advise you to take this medicine. Ask your doctor or pharmacist for advice before taking any medicine.

- If you experience any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects that were not listed in this leaflet.

- If you stop taking Prednisolone Tablets Do not stop taking Prednisolone Tablets unless your doctor tells you to do so.

- If you take more Prednisolone Tablets than your doctor tells you to take:

- If you take more Prednisolone Tablets than your doctor tells you to take, tell your doctor or pharmacist straight away.

- If you have any further questions on the use of this medicine, or any other medicine, please talk to your doctor or pharmacist.

- To start your treatment, your doctor or pharmacist may prescribe or advise you to take this medicine. Ask your doctor or pharmacist for advice before taking any medicine.

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