

## PACKAGE LEAFLET: INFORMATION FOR THE USER

### GONAPEPTYL Depot 3.75 mg Powder and solvent for suspension for injection Triptorelin

#### Read all of this leaflet carefully before you start treatment with this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or pharmacist.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### In this leaflet:

1. What GONAPEPTYL Depot is and what it is used for
2. Before you are given GONAPEPTYL Depot
3. How to be given GONAPEPTYL Depot
4. Possible side effects
5. How to store GONAPEPTYL Depot
6. Further information

## 1. WHAT GONAPEPTYL DEPOT IS AND WHAT IT IS USED FOR

GONAPEPTYL Depot contains triptorelin (as triptorelin acetate). Triptorelin belongs to a group of medicines called GnRH analogues. One of its actions is to decrease the production of sex hormones in the body. It is used:

#### In Men:

- For the treatment of hormone dependent locally advanced or metastatic prostate cancer.

#### In Women:

- To suppress the levels of ovarian hormones in order to -
- Reduce the size of uterine myomas, (commonly known as fibroids) which are non-cancerous tumours arising from the myometrium (smooth muscle layer) of the uterus.
  - Treat endometriosis (the formation of uterine tissue outside the uterus).

#### In Children:

- For the treatment of central precocious puberty (puberty that occurs prematurely but with the physical and hormonal changes of normal puberty).

## 2. BEFORE YOU ARE GIVEN GONAPEPTYL DEPOT

#### You must not be given GONAPEPTYL Depot

- If you are allergic to triptorelin or any of the other ingredients of GONAPEPTYL Depot.
- If you are allergic to gonadotropin-releasing hormone (GnRH) or any other GnRH analogues.

#### In Women:

- If you are pregnant or are breast feeding.

#### Take special care with GONAPEPTYL Depot

##### Men and women:

- There have been reports of depression in patients taking Gonapeptyl which may be severe. If you are taking Gonapeptyl and develop depressed mood, inform your doctor.
- As GONAPEPTYL Depot can lead to mood changes.
- As treatment with GONAPEPTYL Depot in rare cases can lead to brain hemorrhage (pituitary apoplexia). Contact your doctor immediately if you experience sudden headache, vomiting or visual disturbances.
- As treatment with GONAPEPTYL Depot can lead to thinning of bones which increases risk of bone injury.
- If you are at additional risk of thinning of the bones (osteoporosis) you should tell your doctor before taking GONAPEPTYL Depot. Risk factors include:
  - o If any of your close family have thinning of the bones.
  - o If you drink excessive amounts of alcohol, have a poor diet and/or smoke heavily.
  - o If you are also being treated with certain medicines which may affect the strength of bone.

#### In Men:

Tell your doctor

- If you have pains in your bones, or difficulty passing urine.
- If you have a secondary spinal or urinary tract tumour.
- If you are castrated
- if you are diagnosed with diabetes
- If you have a high risk of heart disease, such as diagnosed high blood pressure or heart rhythm problems (arrhythmia).
- If you have any heart or blood vessel conditions, including heart rhythm problems (arrhythmia), or are being treated with medicines for these conditions. The risk of heart rhythm problems may be increased when using GONAPEPTYL.

#### During treatment:

During the beginning of therapy with GONAPEPTYL Depot you may experience a worsening in your disease symptoms. Contact your doctor if any of your symptoms of the disease get worse

#### In Women:

Tell your doctor

- If you are experiencing bleeding mid-cycle during treatment (except for the first month).

#### During treatment:

Non-hormonal methods of contraception, such as a condom or a diaphragm, should be used during the first month after the first injection. It should also be used from 4 weeks after the last injection until the return of your periods (menstruation).

Your periods will stop during treatment. Once treatment has finished, your periods (menstruation) will resume 7-12 weeks after the final injection.

If your periods (menstruation) persists during treatment, please inform your doctor.

#### In Children:

- Treatment should only be started in girls under 9 years of age and boys under 10 years of age.

#### During treatment:

In the first month of treatment girls can experience mild to moderate episodes of vaginal bleeding.

After finalising the therapy, development of puberty characteristics will occur. In most girls menses will start on average one year after ending the therapy, which in most cases is regular.

For any possible side effects please see section 4.



#### Using other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

GONAPEPTYL Depot might interfere with some medicines used to treat heart rhythm problems (e.g. quinidine, procainamide, amiodarone and sotalol) or might increase the risk of heart rhythm problems when used with some other drugs (e.g. methadone (used for pain relief and part of drug addiction detoxification), moxifloxacin (an antibiotic), antipsychotics used for serious mental illnesses).

#### Pregnancy and lactation

GONAPEPTYL Depot must not be used during pregnancy and lactation (see also the section 'You must not be given GONAPEPTYL Depot'). If you are possibly pregnant, pregnancy should be ruled out by your doctor before you should use GONAPEPTYL Depot.

Women of childbearing potential should use effective non-hormonal contraception, such as a condom or a diaphragm, during treatment with GONAPEPTYL Depot until menstruation resumes.

#### Driving and using machines

There are no known effects on the ability to drive or use machinery.

However it cannot be ruled out that the ability to drive or use machinery can be affected during treatment due to some of the side effects (dizziness, sleep disturbances/insomnia and disturbed eye vision). Take extra caution if you experience these side effects.

## 3. HOW YOU WILL BE GIVEN GONAPEPTYL DEPOT

The powder and solvent are normally mixed and injected by a healthcare professional.

Depending on the condition you are being treated for, the appropriate dose will be administered by intramuscular injection (into a muscle) or subcutaneous injection (just under the skin).

#### In Men:

- One injection of GONAPEPTYL Depot is normally given every 4 weeks as a long-term therapy.

#### In Women:

- One injection of GONAPEPTYL Depot is normally given every 4 weeks for up to six months.
- Treatment must be started during the first 5 days of the menstrual cycle.

#### In Children:

- At the beginning of treatment one injection should be injected on days 0, 14 and 28.
- The dose is adjusted according to body weight. Children weighing less than 20kg are given 1.875mg (1/2 dose); children weighing 20 - 30kg are given 2.5mg (2/3 dose); children weighing more than 30kg are given 3.75mg.
- Thereafter, injections are given every 3 - 4 weeks, according to effect.

The treatment duration is monitored by your doctor

#### If you are given more GONAPEPTYL Depot than you should

It is not very likely that you will be given more GONAPEPTYL Depot than you should have received. If you have been given more GONAPEPTYL Depot than you should, talk to a doctor or pharmacist immediately.

#### If you stop using GONAPEPTYL Depot

Treatment with GONAPEPTYL Depot should only be discontinued under advice from your doctor. If you have any further questions for the use of this product, ask your doctor or pharmacist.

Tear here <  
turn over

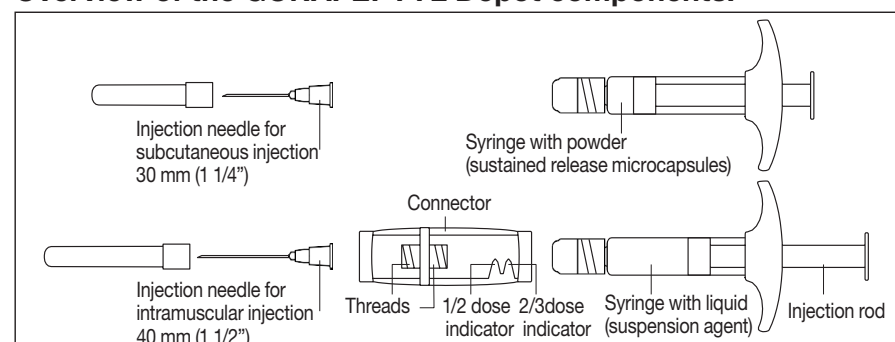
The following information is intended for healthcare professionals only:

### INSTRUCTIONS FOR USE

#### ⚠ Important Information:

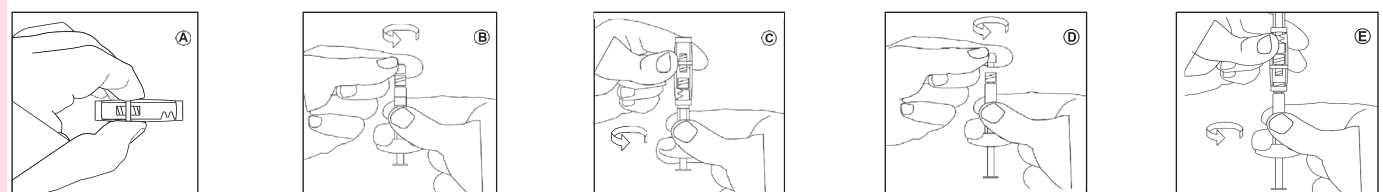
1. Store GONAPEPTYL Depot in the packaging in the refrigerator.
2. Make sure to inject GONAPEPTYL Depot within 3 minutes of the reconstitution.

#### Overview of the GONAPEPTYL Depot components:



### 1. Preparation

To ensure correct preparation of the suspension, the following instructions must be strictly followed:



- Take the package of GONAPEPTYL Depot from the refrigerator.
  - Twist the cap off the syringe with powder. Hold the syringe with the tip pointing upwards to prevent spilling any powder.
  - Screw the syringe with the powder onto one of the threads in the connector until it comes to a stop.
  - Twist the cap off the syringe with the liquid. Hold the syringe with the tip pointing upwards to prevent spilling any liquid.
  - Screw the syringe with the liquid onto the other thread in the connector until it comes to a stop.
- ⚠ **Make sure not to touch the threads in the connector.**
- ⚠ **Make sure not to push the injection rod.**
- ⚠ **Always attach the syringe with powder to the connector before attaching the syringe with liquid**
- ⚠ **Make sure not to push the injection rod.**

CONTINUED ON  
BACK PAGE  
TURN OVER

#### 4. POSSIBLE SIDE EFFECTS

Like all medicines, GONAPEPTYL Depot can cause side effects, although not everybody gets them.

##### General (all patients):

If you experience swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing tell your doctor immediately or go to your nearest casualty department.

Cases of pre-existing pituitary tumour enlargement were reported during treatment with LH-RH agonists, however it has not yet been observed with triptorelin therapy.

##### In Men:

The symptoms you are being treated for (e.g. urinary obstruction, skeletal pain, compression of the spinal cord, muscular discomfort and oedema of the legs, weakness and tingling in the feet and hands) may worsen initially, due to the increased levels of testosterone at the start of treatment.

*Very common, more than 1 patient out of every 10 patients treated:* most of the side effects of GONAPEPTYL Depot in men result from lowered testosterone levels. Impotence, decreased libido, hot flushes, bone pain and difficulty and pain in passing urine can be seen.

*Common, between 1 and 10 patients out of every 100 patients treated:* allergic reaction, depressed mood, mood changes, depression, sleep disorder, nausea, muscle and joint pain, tiredness, injection site reaction, injection site pain, irritability, excessive sweating, headache and breast enlargement in males.

*Uncommon, between 1 and 10 patients out of every 1000 patients treated:* elevated values of some liver enzymes, anaphylactic reaction, testicular wasting, high blood pressure, decreased appetite, dry mouth, upper abdominal pain, asthma aggravated, weight changes, embolism, hair loss and reduced hair growth.

*Not known, frequency cannot be estimated from the available data:*

- common cold
- gout
- vertigo
- diarrhoea
- injection site redness
- sleepiness
- sensation of tingling, pricking or numbness
- taste disturbances
- abnormal sensation in eye
- increased appetite
- anxiety
- dizziness
- chest pain
- chills
- breast pain
- testicular pain
- joint swelling
- musculoskeletal stiffness
- back pain
- purple discoloration of skin
- musculoskeletal pain
- flatulence
- blisters
- angioedema (swelling that occurs under the skin)
- vomiting
- abdominal pain
- low blood pressure
- euphoric mood
- body temperature increased
- oedema
- increased blood pressure
- changes in ECG (QT prolongation)
- diabetes mellitus
- abdominal bloating
- constipation
- shortness of breath
- influenza like symptoms
- blurred vision
- memory impairment
- visual impairment
- tinnitus
- general discomfort
- loss of libido
- insomnia
- confusional state
- decreased activity
- fever
- weakness
- ejaculation failure
- osteoarthritis
- shortness of breath when lying flat
- joint stiffness
- pain in extremities
- muscular weakness
- hives
- muscle spasms
- itching
- acne
- rash
- nose bleeds
- difficulty in standing
- elevated values of some liver and kidney enzymes
- injection site inflammation
- pain

##### In Women:

*Very common, more than 1 patient out of every 10 patients treated:* decreased libido, mood changes, sleep disorder, hot flushes, abdominal pain, bone pain, excessive sweating, vaginal bleeding/spotting, vulvovaginal dryness, painful sexual intercourse, painful menstruation, enlargement of ovaries, pelvic pain, weakness and headache.

*Common, between 1 and 10 patients out of every 100 patients treated:* allergic reaction, depressed mood, depression, nausea, muscle and joint pain, tiredness, injection site reaction, injection site pain, irritability.

*Uncommon, between 1 and 10 patients out of every 1000 patients treated:* anaphylactic reaction, visual impairment, sensation of tingling, pricking or numbness, back pain, increased blood cholesterol, elevated values of some liver enzymes.

*Not known, frequency cannot be estimated from the available data:*

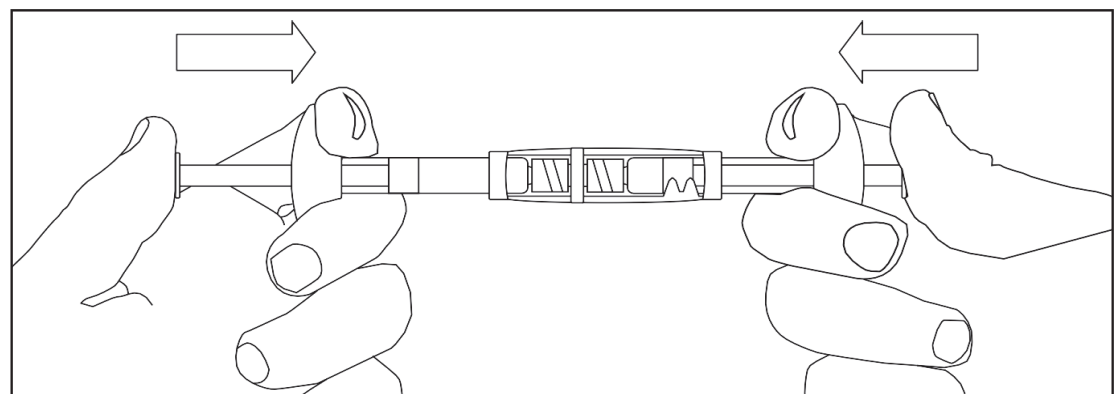
- abdominal discomfort
- heavy, prolonged and/or irregular periods
- angioedema (swelling that occurs under the skin)
- loss of menstrual period
- loss of bone mineral leading to increased bone weakness
- itching
- anxiety
- diarrhoea
- vertigo
- blurred vision
- confusional state
- weight changes
- injection site inflammation
- fever
- dizziness
- blood pressure increased
- breast pain
- injection site redness
- rash
- general discomfort
- vomiting
- muscle weakness
- hives
- shortness of breath
- muscle spasms

The following information is intended for healthcare professionals only:

#### 2. Reconstitution

To mix the suspension:

- Inject all the liquid into the syringe with the powder.
- Slowly push the suspension back and forth into the two syringes until it is homogeneously milky white to faintly yellow. Take care to hold the syringes straight; do not bend.



##### In Children:

*Common, between 1 and 10 patients out of every 100 patients treated:* mood changes, depression.

*Uncommon, between 1 and 10 patients out of every 1000 patients treated:* in girls vaginal bleeding or discharge may occur. Nausea, vomiting and anaphylactic reaction have been seen.

*Not known, frequency cannot be estimated from the available data:*

- allergic reactions
- nervousness
- abdominal pain
- visual impairment
- nose bleeds
- hot flushes
- rash
- hives
- hair loss
- angioedema (swelling that occurs under the skin)
- redness
- loosening or separation of growth zone of tubular bones
- pain
- headache
- blurred vision
- abdominal discomfort
- genital haemorrhage
- blood pressure increase
- weight gain
- Injection site pain, inflammation and redness
- general discomfort
- muscle pain
- emotional lability

##### Reporting of side effects

If you get any side effects, talk to your doctor. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme, website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

#### 5. HOW TO STORE GONAPEPTYL DEPOT

Keep out of the reach and sight of children.

Do not use GONAPEPTYL Depot after the expiry date which is stated on the packaging. The expiry date refers to the last day of that month.

Store in a refrigerator (2°C-8°C). Keep the container in the outer carton.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### 6. FURTHER INFORMATION

##### What GONAPEPTYL Depot contains

The powder:

- The powder in each pre-filled syringe contains 4.12 mg of triptorelin acetate equivalent to 3.75 mg of the active substance, triptorelin.
- The other ingredients are Poly-(d,l lactide coglycolide), Propylene glycol dicaprylocaprate

The solvent contains:

- Dextran 70, polysorbate 80, sodium chloride, sodium hydrogen phosphate dihydrate, sodium hydroxide and water for injection.

This medicinal product contains less than 1 mmol sodium (3.69 mg/ml or 0.160 mmol/ml) per dose, i.e it is essentially 'sodium free'.

##### What GONAPEPTYL Depot looks like and contents of the pack

It is presented in packs of 1 set of the following: 1 or 3 pairs of pre-filled syringes (powder and solvent).

##### Marketing Authorisation Holder:

Ferring Pharmaceuticals Ltd.,  
Drayton Hall,  
Church Road,  
West Drayton,  
UB7 7PS, UK

##### Manufacturer:

Ferring GmbH  
Wittland 11  
D-24109 Kiel  
Germany

##### This medicinal product is authorised in the Member States of the EEA under the following names:

GONAPEPTYL Depot (Belgium, Greece, Italy, Luxembourg, the Netherlands, Sweden, Spain, Portugal, United Kingdom), GONAPEPTYL 3.75 mg (France), GONAPEPTYL Depot 3.75 mg (Ireland), DECAPEPTYL Depot (Estonia, Germany, Latvia, Norway, Czech Republic, Denmark, Iceland, Lithuania, Poland, Slovakia), DECAPEPTYL Depot 3.75 (Finland), DECAPEPTYL N (Germany), DECAPEPTYL GYN (Germany), DECAPEPTYL CR 3.75 (the Netherlands), DECAPEPTYL Depot-Retardmikrokapseln und Suspensionsmittel für Einmalspritzen (Austria), DECAPEPTYL Depot injection (Hungary), DECAPEPTYL Retard injektionspräparat i.m/s.c (Switzerland), UROPEPTYL Depot (Germany), GYNOPEPTYL (Germany).

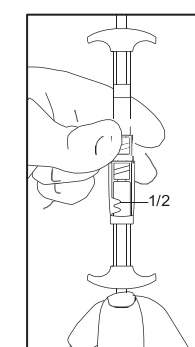
##### This leaflet was last revised in October 2019

Tear here ✂

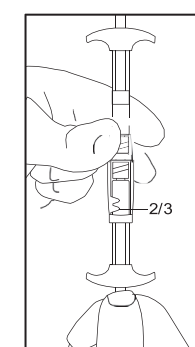
##### 1/2 or 2/3 doses for children:

Use the dose indicators on the connector to measure 1/2 or 2/3 doses:

- Make sure that the suspension is in the syringe connected to the side of the connector **without** dose indicators.
- Turn the syringes to a vertical position with the syringe containing the suspension at the top.
- Wait some seconds to let the foam separate.
- Slowly pull the injection rod of the empty syringe downwards until the suspension reaches the 1/2 or 2/3 indicator.



1/2 DOSE



2/3 DOSE

##### 3. Injection

- Screw the syringe with the suspension ready for injection off the connector.
- Screw the injection needle onto the syringe.
- Inject the suspension within 3 minutes.



**GONAPEPTYL Depot is for single use only and any unused suspension should be discarded**