

Information for the user



PAIN RELIEF HEAT *Spray*

Ethyl Nicotinate, Methyl Salicylate, Racemic Camphor

Effective warming relief for muscular and rheumatic pain, sprains and strains
Read this leaflet for full instructions.

Uses

A warming pain relieving spray for the relief of muscular and rheumatic pain, lumbago, fibrositis, sciatica, sprains, strains and stiffness.
No massage necessary.

Before you use

X Do not use:

- **If you are allergic** to any of the ingredients
- **On children under 5 years of age**
- **On broken or damaged skin**, or on open cuts
- **If you are pregnant or breastfeeding**, unless your doctor tells you to

✓ How to use

Keep the spray away from the eyes, face, lining of mouth, throat and nose, and other sensitive areas of the body.

Do not inhale the spray.

Apply to the skin only.

Hold the can 6 inches (15 cm) away from the skin.

Adults and children of 5 years and over: Spray the painful area with 2 or 3 short bursts of spray.

Use only a small amount of spray because using too much can irritate the skin.

If symptoms do not go away, talk to your doctor.

If you accidentally use too much spray it will not usually cause any problems.

Possible side effects

Most people will not have problems.

If you get any of these stop using the spray. If you notice any side effect not listed here, please tell your pharmacist or doctor:

- Skin irritation
- Allergic reaction (such as itching or redness of the skin)

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

Active ingredients

This topical sprays contains Ethyl Nicotinate 1.1% w/w, Methyl Salicylate 1.25% w/w, Racemic Camphor 0.625% w/w. Also contains: denatured ethanol, butane, isobutane, propane.

Keep all medicines out of the sight and reach of children.

Use by the date on the base of the can.

PL 00014/0275

Text prepared 9/14

Manufactured for the Marketing Authorisation holder The Boots Company PLC Nottingham NG2 3AA by Colep Laupheim GmbH & Co. KG Fockestr. 12 88471 Laupheim Germany

Danger: Extremely flammable aerosol. Pressurised container: May burst if heated. Keep away from heat, hot surfaces, sparks, open flames or any incandescent material and other ignition sources. No smoking. Do not pierce or burn, even after use. Do not use near or place on painted or polished surfaces. Protect from sunlight. Do not expose to temperatures above 50° C/122°F.

If you need more advice ask your pharmacist

EXTREMELY FLAMMABLE

Artwork reference WBAG412877