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1. What Salamol Easi-Breathe® is and what it is used for

Effect
Salamol Easi-Breathe® contains salbutamol, a bronchodilator, which helps to open up the airways in your lungs. This can help you to breathe more easily and feel less breathless. Your doctor may prescribe Salamol Easi-Breathe® to treat asthma, chronic obstructive pulmonary disease (COPD), or bronchitis.

Usages
- Asthma
- Chronic obstructive pulmonary disease (COPD)
- Bronchitis

2. What you need to know before you use Salamol Easi-Breathe®

Do not use Salamol Easi-Breathe®
- If you are allergic to salbutamol or any of the other ingredients of this medicine
- If you have a condition known as hypokalaemia (a disorder affecting the function of the heart) or if you have a history of heart disease or angina

Consult a doctor immediately if you have a history of heart disease or angina, or if you are taking other medicines that may cause side effects.

3. How to use Salamol Easi-Breathe®

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The dosage is individualised and may vary from person to person. Take the medicine exactly as your doctor or pharmacist has told you. Do not use more than the recommended dose.

Test spray the inhaler by pressing two shots into the air before you use it for the first time. If there is no inhalation from the spray, do not use the inhaler. If the cap is not properly closed, it may indicate that the inhaler has been used.

4. Possible side effects

Some side effects are common and may be minor, while others are serious and require medical attention.

5. How to store Salamol Easi-Breathe®

Keep this medicine out of the reach of children.

6. Contents of the pack and other information

If you have any questions, ask your doctor, pharmacist, or nurse.

This leaflet contains important information for you. It is best to keep a record of your respiratory symptoms, such as wheezing, breathlessness, and how often you use your inhaler. This can help your doctor or pharmacist monitor your condition.

7. What to do if your inhaler stops working properly

If your inhaler does not work properly, unscrew the top to check the canister. It is important to clean your inhaler regularly to prevent deposits from the aerosol building up and blocking the inhaler. If your inhaler does not seem to be working, it may be that your inhaler has become blocked and you should clean your inhaler as detailed below.

If your inhaler still does not work, return it to your doctor or pharmacist.
Cleaning the inhaler
You must keep your inhaler clean, especially in the mouthpiece. This will prevent deposits from the aerosol building up. To prevent your inhaler becoming blocked you must clean it once a week.

A. To clean your inhaler: remove and remove the top of the inhaler. Keep this top dry at all times.

B. Remove the metal can from the bottom of the inhaler. Do not put the metal can into water.

C. Rinse the bottom of the inhaler with warm running water for at least 30 seconds.

D. Shake off any excess water and dry the bottom of the inhaler thoroughly (leave to dry overnight if possible) but do not use direct heat. Put the can back into the bottom of the inhaler. Close the cap and screw the top and bottom parts of your inhaler back together.

If you use more Salamol Easi-Breathe® than you should:

- It is important that you take your dose as stated on the pharmacist’s label or as advised by your doctor. You should not increase or decrease your dose without seeking medical advice.
- If you accidentally take a larger dose than recommended, you may notice that your heart is beating faster than usual, that you feel shaly or tense, you may have a headache and your skin may be red and hot. In rare cases, you may feel faint, dizzy, or sick. If this happens, you may feel faint, dizzy, or sick. Do not worry about feeling faint, dizzy, or sick, but if you feel faint, dizzy, or sick, do not worry about feeling faint, dizzy, or sick.
- Sleep disturbances and sensing things that are not real;
- Rapid or irregular heart beat (tachycardia or palpitations);
- Increased blood flow to your extremities (peripheral dilation);
- Mouth and throat irritation, nausea, vomiting and dry and sore mouth;
- Muscle cramps.

Very rare (may affect up to 1 in 10,000 people):

- Difficulty in sleeping (insomnia);
- itchiness of your skin;
- Trembling (particularly your hands);
- Not known (frequency cannot be estimated from the available data);
- Chest pain (due to heart problems such as angina).

Additional side effects in children:

You might collapse in very rare circumstances.
- Sleep disturbances and sensing things that are not real have been reported.
- Hyperventilation.

Reporting of side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard by reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Salamol Easi-Breathe®

Keep this medicine out of the sight and reach of children.

Do not store above 25°C. Do not refrigerate or freeze. If this medicine gets very cold, remove the metal can from the shaker and warm it in your hands for a few minutes before you use it. Do not warm the can in any other way.

Pressurised aerosol can. Do not puncture, break or burst the can, even if it seems empty.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Salamol Easi-Breathe® contains:

- The main substance in Salamol Easi-Breathe® is equivalent to 100 micrograms of salbutamol in each puff (inverted dose).
- The other ingredients are ethylparaben (alcohol) and the propellant norfuran (IPA – 1:4). This medicine does not contain any CFCs.

What Salamol Easi-Breathe® looks like and contents of the pack:

- The name of your medicine is Salamol Easi-Breathe® CFC-Free Inhaler 100 micrograms Pressurised Inhalation Suspension.
- Each pack of Salamol Easi-Breathe® contains a single inhaler and one can which supplies 200 metered doses.

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