

**Bausch & Lomb**  
**Minims® Tropicamide 0.5% w/v**  
**Minims® Tropicamide 1% w/v**  
**Eye Drops, solution**  
**Tropicamide**

Read all this leaflet carefully **before** you start using your medicine. It contains a summary of the information available on your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist. Remember this medicine is for you. Do not give it to someone else.

**In this leaflet:**

1. What Minims® Tropicamide eye drops are and what they are used for
2. Before you use your eye drops
3. How to use your eye drops
4. Possible side effects
5. How to store your eye drops
6. Further information

**1. What Minims® Tropicamide eye drops are and what they are used for**

Minims® Tropicamide contains a mydriatic and cycloplegic agent. It is used to enlarge the pupil of your eye and temporarily paralyse the lens. Your doctor or eye specialist may use it to examine your eye.

**2. Before you use your eye drops**

**Do not use these drops if**

- you are allergic to the active substance (tropicamide) or any of the other ingredients (refer to the end of this leaflet).
- you have history of closed angle glaucoma with your eyes likely to develop sudden increased internal pressure when the pupil is enlarged

Consult your doctor for advice; use of this product may cause:

-- Increase in the pressure of your eye. You should have your eye pressure checked before initiation of therapy, especially in elderly.

**Take special care**

Ask yourself the following questions:

- Is this product to be used in a small child?
- Are your eyes red or inflamed?

If the answer to any of these questions is yes, tell your doctor or eye specialist.

**If you are pregnant, may be pregnant, or are breastfeeding**

Tell your doctor or eye specialist, he/she may decide to use these drops or to prescribe you an alternative.

**Contact lenses**

Your doctor will ask you to remove your contact lenses prior to the administration of the drops. There is no information on the effect of this product on contact lenses. Therefore, do not wear your contact lenses until the effects of the drops have completely worn off.

**Driving and using machines**

Some people find bright light (such as daylight) uncomfortable for a few hours after receiving Minims® Tropicamide. This may make it difficult for you to drive.

As with all eye drops, your vision may be blurred after putting the drops in. Wait until your vision is clear before driving or using machines.

**3. How to use your eye drops**

The drops are for single use only and provided in single use Minims units, to treat both eyes if necessary. Once opened, use immediately.

Discard any unused portion.

## Dosage

- The normal adult dose is 1 drop followed by a second drop after an interval of 5 minutes. A further 1 drop may be instilled after 30 minutes, if required.
- The dose for children will be decided by the doctor or eye specialist.

## Method of administration

Make sure you follow these instructions carefully:

1. Wash your hands.
2. Use a mirror, this will help you to see what you are doing.
3. Carefully dry your eyes using a tissue, and twist off the cap from the Minims body of the unit.
4. Pull your lower eyelid down gently, and then carefully place 1 or 2 drops inside your lower eyelid.
5. Close your eye and blink a few times to make sure your eye is covered by the liquid.
6. Close the eyelids. It is advisable to press gently on the inner corner of your eyelid for 3 minutes. This will help stop the solution draining into your nose and throat. This is especially advisable in children, the elderly and population at risk.
7. Repeat steps 4, 5 and 6 for the other eye if necessary, then throw away the Minims unit, even if some solution remains.

**If you use more Minims® Tropicamide than you should**, an overdose is very unlikely to occur. If you suddenly feel unwell after receiving the drops, tell your doctor or eye specialist or contact your nearest emergency department immediately.

## 4. Possible side effects

The following side effects may occur:

- temporary stinging and blurred vision. This will gradually wear off.
- dry mouth. This is caused by the active substance being absorbed through the tear duct and causing a common effect for this type of medicine. This effect should wear off within a couple of hours.

If any of the side effects gets serious, please seek immediate medical attention. If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any side effects not listed in this leaflet. You can also report side effects directly via:

The Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

## 5. How to store your eye drops

Keep out of the reach and sight of children.

Do not use the eye drops after the expiry date which is stated on the overwrap of each unit and on the carton after the letters "EXP". The expiry date refers to the last day of that month.

Do not store above 25°C. Do not freeze. Store in the original package in order to protect from light. The drops are for single use only and provided in single use Minims units, to treat both eyes if necessary. Once opened, use immediately. Discard any unused portion.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 6. Further information

### What do your eye drops contain

- The active ingredient is tropicamide. Each Minims unit contains approximately 0.5 ml eye drops solution of tropicamide 0.5% w/v (2.5 mg) or 1% w/v (5 mg).
- The other ingredients are sodium hydroxide and hydrochloric acid (for pH adjustment) and purified water.

This medicine does not contain a preservative as it is a sterile single use unit.

**Contents of the pack**

Each carton contains 20 units.

**Marketing Authorisation Holders:**

Bausch & Lomb UK Ltd.

106 London Road - Kingston-upon-Thames - KT2 6TN - UK

**Manufacturer:**

Zone Industrielle de Ripotier

50 Avenue Jean Monnet

07200 Aubenas

France

**This leaflet was last revised in:** November 2023