



Kalcex

**Package leaflet: Information for the user**  
**Morphine sulfate 10 mg/ml, 15 mg/ml and 30 mg/ml solution for injection**  
 morphine sulfate

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

**What is in this leaflet**

1. What Morphine sulfate is and what it is used for
2. What you need to know before you are given Morphine sulfate
3. How Morphine sulfate will be given to you
4. Possible side effects
5. How to store Morphine sulfate
6. Contents of the pack and other information

**1. What Morphine sulfate is and what it is used for**

Morphine is one of a group of medicines called opioid analgesics, which are used to relieve moderate to severe pain.

Morphine is used for the relief of severe pain and it is also used to treat breathlessness caused by fluid in the lungs and as a pre-medication before operations in adults.

**2. What you need to know before you are given Morphine sulfate**

**Do not use Morphine sulfate if you:**

- are allergic to active substance or any of the other ingredients of this medicine (listed in section 6);
- have conditions that make breathing difficult, such as obstructive airways disease or your breathing is weak;
- are taking, or have recently taken (in the past two weeks) any drugs for depression known as monoamine oxidase inhibitors (MAOIs);
- have head injuries, headaches or have increased pressure in the skull (raised intracranial pressure);
- have problems related to fluid on the brain (cerebral oedema);
- suffer from convulsions (fits);
- have severe stomach cramps caused by a condition known as biliary colic;
- are suffering from acute alcoholism;
- suffer from antibiotic induced pseudomembranous colitis;
- have ulcerative colitis;
- have been told you have a tumour of the adrenal gland near your kidney called pheochromocytoma;
- are at risk from a blocked intestine (paralytic ileus);
- are suffering from severe diarrhoea caused by food poisoning or an infection.

Morphine sulfate is never given to patients in a coma.

If any of the above applies to you, do not use this medicine and talk to your doctor or nurse.

**Warnings and precautions**

Talk to your doctor or nurse before you are given Morphine sulfate if you:

- have low blood pressure (hypotension);
- have a disease that causes difficulty in breathing as asthma, emphysema, cor pulmonale (high blood pressure causing failure of the right side of the heart), abnormal spinal shape and excessive obesity;
- have an under-active thyroid (hypothyroidism) or adrenal gland (adrenocortical insufficiency);
- have a liver or kidney disease;
- have an inflammatory or obstructive bowel disease such as Crohn's disease or ulcerative colitis;
- are in circulatory collapse (shock);
- are male and have an enlarged prostate or have difficulty passing water (prostatic hypertrophy);
- have muscle weakness (myasthenia gravis);
- have biliary disorders;
- have a tendency to abuse drugs or have ever suffered from drug abuse;
- are elderly.

Talk to your doctor or nurse if you experience any of the following symptoms while using Morphine sulfate:

- increased sensitivity to pain despite the fact that you are taking increasing doses (hyperalgesia). Your doctor will decide whether you will need a change in dose or a change in strong analgesic ("painkiller"), (see section 2).
- weakness, fatigue, lack of appetite, nausea, vomiting or low blood pressure. This may be a symptom of the adrenals producing too little of the hormone cortisol, and you may need to take hormone supplement.
- loss of libido, impotence, cessation of menstruation. This may be because of decreased sex hormone production.
- severe upper abdominal pain possibly radiating to the back, nausea, vomiting or fever as this could be symptoms associated with inflammation of the pancreas (pancreatitis) and the biliary tract system.
- if you have once been dependent on drugs or alcohol. Also tell if you feel that you are becoming dependent on Morphine sulfate while you are using it. You may have started to think a lot about when you can take the next dose, even if you do not need it for the pain.
- abstinence symptoms or dependence. The most common abstinence symptoms are mentioned in section 3. If this occurs, your doctor may change the type of medicine or the times between doses.

**Tolerance, dependence, and addiction**

This medicine contains morphine which is an opioid medicine. Repeated use of opioids can result in the drug being less effective (you become accustomed to it, known as tolerance). Repeated use of Morphine sulfate can also lead to dependence, abuse, and addiction, which may result in life-threatening overdose. The risk of

The following information is intended for healthcare professionals only:

**1. NAME OF THE MEDICINAL PRODUCT**

Morphine sulfate 10 mg/ml solution for injection  
 Morphine sulfate 15 mg/ml solution for injection  
 Morphine sulfate 30 mg/ml solution for injection

**4. CLINICAL PARTICULARS**

**4.1 Therapeutic indications**

Morphine is used for the symptomatic relief of severe pain; relief of dyspnoea of left ventricular failure and pulmonary oedema of cardiogenic origin; pre-operative use in adults.

**4.2 Posology and method of administration**

**Posology**

**Adults**

The dosage should be based on the severity of the pain and the response and tolerance of the patient. The usual adult subcutaneous or intramuscular dose is 10 mg every 4 hours, if necessary, but may range from 5 mg to 20 mg. The usual adult intravenous dose is 2.5 mg to 15 mg not more than 4-hourly, where necessary, but dosage and dosing interval must be titrated against the patient's response and adjustments made until analgesia is achieved.

**Elderly**

Because of the depressant effect on respiration, caution is necessary when giving morphine to the elderly and reduced doses may be required.

**Paediatric population**

Use in children is not recommended.

**Hepatic impairment**

A reduction in dosage should be considered in hepatic impairment.

**Renal impairment**

The dosage should be reduced in moderate to severe renal impairment. For concomitant illnesses/conditions where dose reduction may be appropriate, see 4.4.

**Method of administration**

The injection may be given by the intravenous, intramuscular or subcutaneous route. The subcutaneous route is not suitable for oedematous patients.

**Treatment goals and discontinuation**

Before initiating treatment with Morphine sulfate, a treatment strategy including treatment duration and treatment goals, and a plan for end of the treatment, should be agreed together with the patient, in accordance with pain management guidelines. During treatment, there should be frequent contact between the physician and the patient to evaluate the need for continued treatment, consider discontinuation and to adjust dosages if needed. When a patient no longer requires therapy with Morphine sulfate, it may be advisable to taper the dose gradually to prevent symptoms of withdrawal. In absence of adequate pain control, the possibility of hyperalgesia, tolerance and progression of underlying disease should be considered (see section 4.4).

**Duration of treatment**

Opioid analgesics should not be used longer than necessary.

**4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1. Acute respiratory depression. Obstructive airways disease. Concurrent treatment with monoamine oxidase inhibitors or within two weeks of their discontinuation of treatment with them. Cerebral oedema. Head injuries. Coma. Convulsive disorders. Raised intracranial pressure. Biliary colic. Acute alcoholism. Antibiotic induced pseudomembranous colitis. Ulcerative colitis because of the risk of toxic megacolon. Pheochromocytoma. Paralytic ileus. Acute diarrhoea caused by poisoning or invasive pathogens.

**4.4 Special warnings and precautions for use**

Morphine is a potent medicine but with considerable potential for harmful effect, including addiction. It should be used only if other drugs with fewer hazards are inadequate, and with the recognition that it may possibly mask significant manifestations of disease which should be identified for proper diagnosis and treatment.

**Use with caution or reduced doses**

Morphine should be given in reduced doses or with caution to patients with asthma or a reduced respiratory reserve (including emphysema, chronic cor pulmonale, kyphoscoliosis, excessive obesity and sleep apnoea). Avoid use during an acute asthma attack (see section 4.3).

Opioid analgesics in general should be administered with caution or in reduced doses to patients with hypotension, hypothyroidism, adrenocortical insufficiency, impaired kidney or liver function, prostatic hypertrophy, urethral stricture, shock, inflammatory or obstructive bowel disorders, or convulsive disorders.

Caution is advised when giving morphine to patients with impaired liver function due to its hepatic metabolism (see section 4.2).

Severe and prolonged respiratory depression has occurred in patients with renal impairment who have been given morphine (see section 4.2).

Dosage should be reduced in elderly and debilitated patients.

Plasma concentrations of morphine may be reduced by rifampicin. The analgesic effect of morphine should be monitored and doses of morphine adjusted during and after treatment with rifampicin.

**Sleep-related breathing disorders**

Opioids can cause sleep-related breathing disorders including central sleep apnoea (CSA) and sleep-related hypoxemia. Opioid use increases the risk of CSA in a dose-dependent fashion. In patients who present with CSA, consider decreasing the total opioid dosage.

**Severe cutaneous adverse reactions (SCARs)**

Acute generalized exanthematous pustulosis (AGEP), which can be life-threatening or fatal, has been reported in association with morphine treatment. Most of these reactions occurred within the first 10 days of treatment. Patients should be informed about the signs and symptoms of AGEP and advised to seek medical care if they experience such symptoms. If signs and symptoms suggestive of these skin reactions appear, morphine should be withdrawn and an alternative treatment considered.

**Hepatobiliary disorders**

Opioids such as morphine should either be avoided in patients with biliary disorders or they should be given with antispasmodic. Morphine may cause dysfunction and spasm of the sphincter of Oddi, thus raising intrabiliary pressure and increasing the risk of biliary tract symptoms and pancreatitis. Therefore, in patients with biliary tract disorders morphine may exacerbate pain (use in biliary colic is a contraindication; see section 4.3). In patients given morphine after cholecystectomy, biliary pain has been induced.

**Opioid Use Disorder (abuse and dependence)**

Tolerance and physical and/or psychological dependence may develop upon repeated administration of opioids such Morphine sulfate. Repeated use of Morphine sulfate can lead to Opioid Use Disorder (OUD). A higher dose and longer duration of opioid treatment, can increase the risk of developing OUD. Abuse or intentional misuse of Morphine sulfate may result in overdose and/or death. The risk of developing OUD is increased in patients with a personal or a family history (parents or siblings) of substance use disorders (including alcohol use disorder), in current tobacco users or in patients with a personal history of other mental health disorders (e.g. major depression, anxiety and personality disorders). Before initiating treatment with Morphine sulfate and during the treatment, treatment goals and a discontinuation plan should be agreed with the patient (see section 4.2). Before and during treatment the patient should also be informed

these side effects can increase with a higher dose and longer duration of use.

Dependence or addiction can make you feel that you are no longer in control of how often you need to take it.

The risk of becoming dependent or addicted varies from person to person. You may have a greater risk of becoming dependent on or addicted to Morphine sulfate if:

- you or anyone in your family have ever abused or been dependent on alcohol, prescription medicines or illegal drugs ("addiction").
- you are a smoker.
- you have ever had problems with your mood (depression, anxiety, or a personality disorder) or have been treated by a psychiatrist for other mental illnesses.

If you notice any of the following signs whilst using Morphine sulfate, it could be a sign that you have become dependent or addicted:

- you need to take the medicine for longer than advised by your doctor.
- you need to take more than the recommended dose.
- you are using the medicine for reasons other than prescribed, for instance, 'to stay calm' or 'help you sleep'.
- you have made repeated, unsuccessful attempts to quit or control the use of the medicine.
- when you stop taking the medicine you feel unwell, and you feel better once taking the medicine again ("withdrawal effects").

If you notice any of these signs, speak to your doctor to discuss the best treatment pathway for you, including when it is appropriate to stop and how to stop safely (see section 3. If you stop using Morphine sulfate).

**Acute generalized exanthematous pustulosis (AGEP)**

Acute generalized exanthematous pustulosis (AGEP) has been reported in association with Morphine sulfate treatment. Symptoms usually occur within the first 10 days of treatment. Tell your doctor if you have ever developed a severe skin rash or skin peeling, blistering and/or mouth sores after taking Morphine sulfate or other opioids. Stop using Morphine sulfate and seek medical attention immediately, if you notice any of the following symptoms: blistering, widespread scaly skin or pus-filled spots together with fever.

**Sleep-related breathing disorders**

Morphine sulfate can cause sleep-related breathing disorders such as sleep apnoea (breathing pauses during sleep) and sleep related hypoxemia (low oxygen level in the blood). The symptoms can include breathing pauses during sleep, night awakening due to shortness of breath, difficulties to maintain sleep or excessive drowsiness during the day. If you or another person observe these symptoms, contact your doctor. A dose reduction may be considered by your doctor.

**Children**

This medicine is not recommended for use in children.

**Other medicines and Morphine sulfate**

Tell your doctor if you are taking have recently taken or might take any other medicines. In particular, tell your doctor if you are taking any of the following:

- monoamine oxidase inhibitors (MAOIs) such as moclobemide or phenelzine used in the treatment of depression.
- tricyclic antidepressants, which are used in the treatment of depression.
- gabapentin or pregabalin to treat epilepsy and pain due to nerve problems (neuropathic pain).
- tranquillising drugs or sleeping tablets such as diazepam, nitrazepam and temazepam.
- medicines used to treat mental illnesses, including schizophrenia (e.g. chlorpromazine, haloperidol).
- medicines used for diarrhoea (e.g. loperamide, kaolin).
- medicines which are used as pre-medication before operations and after heart attacks such as atropine.
- medicines used to treat nausea and vomiting, such as metoclopramide or domperidone.
- mexiletine, used to control heart rhythm.
- some antihistamines, used to treat allergies, hay fever and asthma.
- certain antibiotics, used to treat infections (e.g. ciprofloxacin and linezolid).
- selegiline, used in the treatment of Parkinson's disease.
- pethidine, used to treat pain.
- cimetidine, used as anti-ulcer drug.
- rifampicin to treat e.g. tuberculosis.
- ritonavir, used in the treatment of HIV.
- some medicines used to treat blood clots (e.g. clopidogrel, prasugrel, ticagrelor) may have delayed and decreased effect when taken together with morphine.
- concomitant use of Morphine sulfate and sedative medicines such as benzodiazepines or related drugs increases the risk of drowsiness, difficulties in breathing (respiratory depression), coma and may be life-threatening. Because of this, concomitant use should only be considered when other treatment options are not possible. However if your doctor does prescribe Morphine sulfate together with sedative medicines the dose and duration of concomitant treatment should be limited by your doctor. Please tell your doctor about all sedative medicines you are taking, and follow your doctor's dose recommendation closely. It could be helpful to inform friends or relatives to be aware of the signs and symptoms stated above. Contact your doctor when experiencing such symptoms.

**Morphine sulfate with alcohol**

You should not drink alcohol whilst being given Morphine sulfate, as it will increase its effects.

**Pregnancy and breast-feeding**

If you are pregnant, in labour or breastfeeding, Morphine sulfate will only be given to you if your doctor considers the benefit of treatment outweighs the risk to the infant foetus or new-born baby.

Morphine may reduce contractions during labour, cause breathing problems to the infant

about the risks and signs of OUD. If these signs occur, patients should be advised to contact their physician.

Patients will require monitoring for signs of drug-seeking behaviour (e.g. too early requests for refills). This includes the review of concomitant opioids and psycho-active drugs (like benzodiazepines). For patients with signs and symptoms of OUD, consultation with an addiction specialist should be considered.

**Withdrawal (abstinence) syndrome**

The risk of withdrawal syndrome increases with the time the drug is used, and with higher doses. Symptoms can be minimised with adjustments of dose or dosage form, and gradual withdrawal of morphine. For individual symptoms, see section 4.8.

**Hyperalgesia**

Hyperalgesia that does not respond to a further dose increase of morphine may occur in particular in high doses. A morphine dose reduction or change in opioid may be required.

**Gastrointestinal disorders**

An unexplained increase in abdominal pain associated with disturbed intestinal motility, symptoms of constipation, bloating, abdominal distension and increased gastroesophageal reflux during treatment with morphine sulfate, may indicate the development of opioid-induced bowel dysfunction or narcotic bowel syndrome. In such situations consider the use of alternative analgesics and a morphine detoxification.

**Risk from concomitant use of sedative medicines such as benzodiazepines or related drugs**

Concomitant use of Morphine sulfate and sedative medicines such as benzodiazepines or related drugs may result in sedation, respiratory depression, coma and death. Because of these risks, concomitant prescribing with these sedative medicines should be reserved for patients for whom alternative treatment options are not possible. If a decision is made to prescribe Morphine sulfate concomitantly with sedative medicines, the lowest effective dose should be used, and the duration of treatment should be as short as possible. The patients should be followed closely for signs and symptoms of respiratory depression and sedation. In this respect, it is strongly recommended to inform patients and their caregivers to be aware of these symptoms (see section 4.5).

**Oral P2Y12 inhibitor antiplatelet therapy**

Within the first day of concomitant P2Y12 inhibitor and morphine treatment, reduced efficacy of P2Y12 inhibitor treatment has been observed (see section 4.5).

**Palliative care**

In the control of pain in terminal illness, these conditions should not necessarily be a deterrent to use.

**Acute chest syndrome (ACS) in patients with sickle cell disease (SCD)**

Due to a possible association between ACS and morphine use in SCD patients treated with morphine during a vaso-occlusive crisis, close monitoring for ACS symptoms is warranted.

**Adrenal insufficiency**

Opioid analgesics may cause reversible adrenal insufficiency requiring monitoring and glucocorticoid replacement therapy. Symptoms of adrenal insufficiency may include e.g. nausea, vomiting, loss of appetite, fatigue, weakness, dizziness, or low blood pressure.

**Prolactin**

Long-term use of opioid analgesics may be associated with decreased sex hormone levels and increased prolactin. Symptoms include decreased libido, impotence or amenorrhea.

**Excipients**

This medicinal product contains less than 1 mmol sodium (23 mg) per ml of solution, that is to say essentially 'sodium-free'.

**4.5 Interactions with other medicinal products and other forms of interaction**

**Alcohol:** enhanced sedative and hypotensive effects.

**Anti-arrhythmics:** There may be delayed absorption of mexiletine.

**Antibacterials:** The opioid analgesic papaveretum has been shown to reduce plasma ciprofloxacin concentration. The manufacturer of ciprofloxacin advises that premedication with opioid analgesics be avoided.

**Antidepressants, anxiolytics, hypnotics:**

Severe CNS excitation or depression (hypertension or hypotension) has been reported with the concurrent use of pethidine and monoamine oxidase inhibitors (MAOIs) including selegiline, moclobemide and linezolid. As it is possible that a similar interaction may occur with other opioid analgesics, morphine should be used with caution and consideration given to a reduction in dosage in patients receiving MAOIs.

The sedative effects of morphine (opioid analgesics) are enhanced when used with depressants of the central nervous system such as gabapentin or pregabalin, hypnotics, anxiolytics, tricyclic antidepressants and sedating antihistamines.

**Antipsychotics:** possible enhanced sedative and hypotensive effect.

**Antidiarrhoeal and antiperistaltic agents (such as loperamide and kaolin):** concurrent use may increase the risk of severe constipation.

**Antimuscarinics:** agents such as atropine antagonise morphine-induced respiratory depression and can partially reverse biliary spasm but are additive to the gastrointestinal and urinary tract effects. Consequently, severe constipation and urinary retention may occur during intensive antimuscarinic analgesic therapy.

**Metoclopramide and domperidone:** There may be antagonism of the gastrointestinal effects of metoclopramide and domperidone.

**Sedative medicines such as benzodiazepines or related drugs:** The concomitant use of opioids with sedative medicines such as benzodiazepines or related drugs increases the risk of sedation, respiratory depression, coma and death because of additive CNS depressant effect. The dose and duration of concomitant use should be limited (see section 4.4).

**Cimetidine:** inhibits the metabolism of morphine.

**Rifampicin:** Plasma concentrations of morphine may be reduced by rifampicin.

**Ritonavir:** Although there are no pharmacokinetic data available for concomitant use of ritonavir with morphine, ritonavir induces the hepatic enzymes responsible for the glucuronidation of morphine, and may possibly decrease plasma concentrations of morphine.

**Oral P2Y12 inhibitors:** A delayed and decreased exposure to oral P2Y12 inhibitor antiplatelet therapy has been observed in patients with acute coronary syndrome treated with morphine. This interaction may be related to reduced gastrointestinal motility and apply to other opioids. The clinical relevance is unknown, but data indicate the potential for reduced P2Y12 inhibitor efficacy in patients co-administered morphine and a P2Y12 inhibitor (see section 4.4). In patients with acute coronary syndrome, in whom morphine cannot be withheld and fast P2Y12 inhibition is deemed crucial, the use of a parenteral P2Y12 inhibitor may be considered.

**4.6 Fertility, pregnancy and lactation**

**Pregnancy**

Since morphine rapidly crosses the placental barrier, it is not advised to administer morphine during pregnancy and labour. It may reduce uterine contractions, cause respiratory depression in the foetus and new-born infant, and may have significant effects on foetal heart rate. New-born whose mothers received opioid analgesics during pregnancy should be monitored for signs of neonatal withdrawal (abstinence) syndrome. Treatment may include

