Package leaflet: Information for the user
Bimzelx 160 mg solution for injection in pre-filled pen
bimekizumab

This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See the end of section 4 for how to report side effects.

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet
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1. What Bimzelx is and what it is used for

What Bimzelx is
Bimzelx contains the active substance bimekizumab.

What Bimzelx is used for
Bimzelx is used in adults to treat a skin condition called plaque psoriasis. Bimzelx reduces the symptoms, including pain, itching, and scaling of the skin.

How Bimzelx works
Bimekizumab, the active substance in Bimzelx, belongs to a group of medicines called interleukin (IL) inhibitors. Bimekizumab works by reducing the activity of two proteins called IL-17A and IL-17F, which are involved in causing inflammation. There are higher levels of these proteins in inflammatory diseases such as psoriasis.

2. What you need to know before you use Bimzelx

Do not use Bimzelx
- if you are allergic to bimekizumab or any of the other ingredients of this medicine (listed in section 6).
- if you have an infection, including tuberculosis (TB), which your doctor thinks is important.
Warnings and precautions
Talk to your doctor, pharmacist or nurse before using Bimzelx if:
• you have an infection or an infection that keeps coming back.
• you recently had or plan to have a vaccination. You should not be given certain types of vaccines (live vaccines) while using Bimzelx.
• you have ever had tuberculosis (TB).
• you have ever had inflammatory bowel disease (Crohn’s disease or ulcerative colitis).

Inflammatory bowel disease (Crohn’s disease or ulcerative colitis)
Stop using Bimzelx and tell your doctor or get medical help immediately if you notice blood in the stool, abdominal cramps, pain, diarrhoea or weight loss. These may be signs of new or worsening inflammatory bowel disease (Crohn’s disease or ulcerative colitis).

Look out for infections and allergic reactions
Bimzelx can rarely cause serious infections. Talk to your doctor or get medical help immediately if you notice any signs of a serious infection. Such signs are listed under “Serious side effects” in section 4.

Bimzelx can potentially cause serious allergic reactions. Talk to your doctor or get medical help immediately if you notice any signs of a serious allergic reaction. Such signs may include:
• difficulty breathing or swallowing
• low blood pressure, which can make you dizzy or light-headed
• swelling of the face, lips, tongue or throat
• severe itching of the skin, with a red rash or raised bumps.

Children and adolescents
Do not give this medicine to children and young people under 18 years of age. This is because it has not been studied in this age group.

Other medicines and Bimzelx
Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

Pregnancy, breast-feeding and fertility
If you are pregnant, think you may be pregnant or are planning to have a baby, ask your doctor for advice before using this medicine. It is preferable to avoid the use of Bimzelx in pregnancy. This is because it is not known how this medicine will affect the baby.

If you are a woman who can become pregnant, you should use contraception while using this medicine and for at least 17 weeks after your last dose of Bimzelx.

If you are breast-feeding or are planning to breast-feed, talk to your doctor before using this medicine. You and your doctor should decide if you can breast-feed or use Bimzelx.

Driving and using machines
Bimzelx is unlikely to affect your ability to drive and use machines.

Bimzelx contains sodium
This medicine contains less than 1 mmol (23 mg) sodium per dose, that is to say essentially “sodium free”.

3. How to use Bimzelx
Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.
How much Bimzelx is given and for how long
The recommended dose, given as injections under your skin (‘subcutaneous injections’) is as follows:
• 320 mg (given as two pre-filled pens, containing 160 mg each) at weeks 0, 4, 8, 12, 16.
• From week 16, you will use 320 mg (two pre-filled pens, containing 160 mg each) every 8 weeks. If you weigh more than 120 kg, your doctor may decide to continue your injections every 4 weeks from week 16.

You and your doctor or nurse will decide if you should inject this medicine yourself. Do not inject this medicine unless you have been trained by a healthcare professional. A caregiver may also give your injections after they have been trained.

Read the ‘Instructions for use’ at the end of this leaflet before injecting Bimzelx pre-filled pen yourself.

If you use more Bimzelx than you should
Tell your doctor if you have used more Bimzelx than you should or if you have injected your dose earlier than you should.

If you forget to use Bimzelx
Talk to your doctor if you have forgotten to inject a dose of Bimzelx.

If you stop using Bimzelx
Talk to your doctor before you stop using Bimzelx. If you stop treatment, your psoriasis symptoms may come back.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects
Like all medicines, this medicine can cause side effects, although not everybody gets them.

Serious side effects
Tell your doctor or get medical help immediately if you get any of the following side effects:

Possible serious infection - the signs may include:
• fever, flu-like symptoms, night sweats
• feeling tired or short of breath, cough which will not go away
• warm, red and painful skin, or a painful skin rash with blisters

Your doctor will decide if you can keep using Bimzelx.

Other side effects
Tell your doctor, pharmacist or nurse if you get any of the following side effects:

Very common (may affect more than 1 in 10 people)
• upper respiratory infections with symptoms such as sore throat and stuffy nose
Common (may affect up to 1 in 10 people)
• thrush in the mouth or throat with symptoms such as white or yellow patches; red or sore mouth and pain with swallowing
• fungal infection of the skin, such as athlete’s foot between the toes
• ear infections
• cold sores (herpes simplex infections)
• stomach flu (gastroenteritis)
• inflamed hair follicles which may look like pimples
• headache
• itchy, dry skin or an eczema-like rash sometimes with swollen and reddened skin (dermatitis)
• acne
• redness, pain or swelling at the site of injection
• feeling tired

Uncommon (may affect up to 1 in 100 people)
• lowered levels of white blood cells (neutropenia)
• fungal infections of the skin and mucous membranes (including oesophageal candidiasis)
• discharge from the eye with itching, redness and swelling (conjunctivitis)
• blood in the stool, abdominal cramps and pain, diarrhoea or weight loss (signs of bowel problems)

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via:

Yellow Card Scheme
Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Bimzelx

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and carton after EXP. The expiry date refers to the last day of that month.

Store in a refrigerator between 2°C and 8°C. Do not freeze.

Keep the pre-filled pens in the original carton in order to protect from light.

Bimzelx can be kept out of the refrigerator for up to 25 days. This must be in the outer carton, not above 25°C and away from direct light. Do not use the pre-filled pens after this time period. There is a space on the box so you can write the date it was taken out of the refrigerator.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Bimzelx contains
• The active substance is bimekizumab. Each pre-filled pen contains 160 mg of bimekizumab in the 1 mL solution.
- The other ingredients are glycine, sodium acetate trihydrate, glacial acetic acid, polysorbate 80 and water for injections.

**What Bimzelx looks like and contents of the pack**
Bimzelx is a clear to slightly opalescent and pale brownish-yellow liquid. It comes in a single use disposable pre-filled pen.

Bimzelx is available in unit packs containing 1 or 2 pre-filled pen(s). Not all pack sizes may be marketed.

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This leaflet was last revised in August 2021.

**Instructions for use**

Read all the instructions below before you use Bimzelx pre-filled pen.

Bimzelx pre-filled pen at a glance (see Figure A):

![Diagram of Bimzelx pre-filled pen with labels: Cap, Needle Guard, Viewing window, and Handle.]
Important information:

- Your healthcare professional should show you how to prepare and inject Bimzelx using the pre-filled pen. Do not inject yourself or someone else until you have been shown how to inject Bimzelx the right way.
- You and/or your caregiver should read these Instructions for Use before each use of Bimzelx.
- Call your healthcare professional if you or your caregiver have any questions about how to inject Bimzelx the right way.
- To receive your full dose, you will need to use 2 Bimzelx pre-filled pens, one after the other.

Do not use this medicine and return it to the pharmacy if:

- the expiry date (EXP) has passed.
- the carton seal is broken.
- the pre-filled pen has been dropped or looks damaged.
- the liquid has ever been frozen (even if thawed).

For a more comfortable injection: Take the Bimzelx pre-filled pens out of the refrigerator and let them sit on a flat surface at room temperature for 30 to 45 minutes before injecting.

- Do not warm in any other way, such as in a microwave or in hot water.
- Do not shake the pre-filled pens.
- Do not uncap the pre-filled pens until you are ready to inject.

Follow the steps below each time you use Bimzelx.

Step 1: Setting up for your injections

Place the following items on a clean flat, well-lit work surface, like a table:

- 2 Bimzelx pre-filled pens

You will also need (not included in the carton):

- 2 alcohol wipes
- 2 clean cotton balls
- 1 sharps disposal container. See “Throw away the used Bimzelx pre-filled pen” at the end of these Instructions for Use.

Start with one pre-filled pen for the first injection.

For the full dose, you need 2 injections, one after the other.

Step 2: Choose injection site and prepare your injection

2a: Choose your injection site

- The places you may chose for your injection are:
  - your stomach (abdomen) or your thigh (see Figure B).
  - the back of your arm may also be used if a caregiver is giving you the injection (see Figure C).
• Do not inject into areas where the skin is tender, bruised, red, scaly, hard or areas with scars or stretch marks.
• Do not inject within 5 cm of the belly-button (navel).
• You should use a different place for each injection. Do not use the same place to inject twice in a row.

2b: Wash your hands well with soap and water and dry with a clean towel

2c: Prepare your skin
• Clean the injection site with an alcohol wipe. Let the area dry completely. Do not touch the cleaned area again before injecting.

2d: Check the pre-filled pen (see Figure D)
• Make sure the name Bimzelx and expiry date appear on the label.
• Check the medicine through the viewing window. The medicine should be pale brownish-yellow and free of particles. You may see air bubbles in the liquid. This is normal.
• Do not use Bimzelx pre-filled pen if the medicine is cloudy, discoloured, or has particles.

Step 3: Inject Bimzelx

3a: Remove the pre-filled pen cap
• Hold the pre-filled pen firmly with one hand around the handle. Pull the cap straight off the pre-filled pen with the other hand (see Figure E). Although you cannot see the needle tip, it is now uncovered.
• Do not touch the needle guard or put the cap back on. This is because it could activate the pre-filled pen and you could prick yourself.
3b: Hold the pre-filled pen at a 90 degree angle to the cleaned injection site (see Figure F).

3c: Place the pre-filled pen flat against your skin, then firmly press the pre-filled pen down against your skin.
You will hear a click sound. Your injection begins when the first “click” is heard (see Figure G).
Do not lift the pre-filled pen away from the skin.

3d: Keep holding the pre-filled pen in place and pressed firmly against your skin.
- You will hear a second “click” within about 15 seconds after the first click.
- The second click tells you that all the medicine has been injected and your Bimzelx injection is finished. You should see the yellow colour indicator filling the viewing window (see Figure H).

3e: Remove the pre-filled pen by carefully pulling it straight up from your skin. The needle guard will automatically cover the needle.
- Press a dry cotton ball over the injection site for a few seconds. Do not rub the injection site. You may see slight bleeding or a drop of liquid. This is normal. You may cover the injection site with a small adhesive plaster, if needed.
Step 4: Throw away the used Bimzelx pre-filled pen

Put the used pre-filled pen in a sharps disposal container straight away after use (see Figure I).

For the second injection of your prescribed dose, use a new Bimzelx pre-filled pen, and repeat steps 2 to 4.

Make sure to select a new injection site for your second injection.