

Active ingredients per suppository: lidocaine hydrochloride monohydrate 10.25mg, allantoin 10.25mg.
Also contains: colloidal silicone dioxide, witepsol and purified water.

MA holder and manufacturer:

Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK for
Sainsbury's Supermarkets Ltd, London EC1N 2HT. Careline 0800 636262.

Text revised in November 2020
PL 00240/0071

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Sainsbury's

**Haemorrhoid relief
suppositories**

Sainsbury's

**Haemorrhoid
relief
suppositories**

Lidocaine hydrochloride
monohydrate, allantoin



x12

Effective relief from
haemorrhoids/piles
Double Action, relieves pain,
promotes healing.

LOT, MAN, EXP
overprint area

Sainsbury's

**Haemorrhoid relief
suppositories**

Read all the carton before use.

What the medicine is for

Sainsbury's Haemorrhoid Relief Suppositories relieve the pain and irritation of piles. They contain lidocaine, a local anaesthetic, to relieve the pain and allantoin to help heal the affected area.

Before you use Sainsbury's Haemorrhoid Relief Suppositories

X Do not use the medicine if you have....

- An allergy to any of the ingredients.
- **Talk to your doctor or pharmacist if you have....**
- Persistent pain or bleeding from the anus especially if your bowel habits have changed.
- A swollen stomach.
- Lost weight without dieting.

! Pregnant or breastfeeding

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. If used whilst breastfeeding, lidocaine, one of the active ingredients, can be absorbed and pass into breast milk.

✓ How to use the medicine

• Wash your hands before and after use. • If necessary empty the bowels before use. • Remove the protective film before use by tearing the strip at the notch or by cutting around the suppository.

• Insert the suppository as deep as possible into the rectum.

Adults, 12 + years: Insert one suppository at night and in the morning after emptying the bowels.

Do not use for children unless your doctor tells you to. If symptoms persist for more than 7 days ask your doctor for advice.

! If you accidentally swallow some see a doctor straight away.

Possible side effects

May cause allergic reactions (e.g. rash, itching, wheezing) or diarrhoea. If you have any side effects, stop use and tell your doctor or pharmacist.

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard
By reporting side effects you can help provide more information on the safety of this medicine.

Storing the medicine

Do not store above 25°C.

KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.

Use by the date shown on the side of the carton.