

Package leaflet: Information for the user

Pyridoxine 50mg Tablets pyridoxine hydrochloride

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

The name of your medicine is Pyridoxine 50mg Tablets. In the rest of this leaflet it is called Pyridoxine Tablets.

What is in this leaflet

1. What Pyridoxine Tablets are and what they are used for
2. What you need to know before you take Pyridoxine Tablets
3. How to take Pyridoxine Tablets
4. Possible side effects
5. How to store Pyridoxine Tablets
6. Contents of pack and other information

1. What Pyridoxine Tablets are and what they are used for



The active ingredient in Pyridoxine Tablets is pyridoxine hydrochloride, which is Vitamin B6.

It is used to treat low levels of Vitamin B6 in the body and in the treatment of a condition called idiopathic sideroblastic anaemia where the red cells in the blood do not form properly.

Pyridoxine can also be used to treat damage to the nerves (peripheral neuritis) caused by isoniazid, a drug used to treat tuberculosis.

2. What you need to know before you take Pyridoxine Tablets

Do not take Pyridoxine Tablets if:

- you are allergic to pyridoxine hydrochloride or any of the other ingredients of this medicine (listed in section 6).

If the above statement applies to you, you should not take Pyridoxine Tablets.

Talk to your doctor before taking Pyridoxine Tablets if:

- the patient is a child. **Pyridoxine Tablets are not recommended for children.**

Other medicines and Pyridoxine Tablets

Taking another medicine while you are taking Pyridoxine Tablets can affect how it or the other medicine works. Please inform your doctor or pharmacist if you are taking or have recently taken any other medicines, including those you may have bought yourself without a prescription.

Please check with your doctor if you are taking any of the following (or any other medication):

- levodopa, a drug used in the treatment of Parkinson's disease
- isoniazid, used to treat tuberculosis
- oral contraceptives
- penicillamine, used to treat arthritis and other conditions.

If you have any doubts about whether you should take this medicine then discuss matters with your doctor before taking it.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Pyridoxine Tablets do not affect the ability to drive or operate machinery.

3. How to take Pyridoxine Tablets

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Unless instructed differently, take your tablets with a glass of water.

For the treatment of low levels of Vitamin B6 in the body

The usual dose in adults is 50 to 150mg daily in divided doses.

For the treatment of idiopathic sideroblastic anaemia

The usual adult dose is 100 to 400mg daily in divided doses.

For the treatment of nerve damage (peripheral neuritis) caused by isoniazid

The usual adult dose is 50mg three times a day.

Elderly

If you are elderly you will require similar doses to those given above.

Children

Pyridoxine Tablets are not recommended for use in children.

If you take more Pyridoxine Tablets than you should

If you accidentally take too many tablets contact your doctor or pharmacist.

If you forget to take Pyridoxine Tablets

If you forget to take a dose, take another as soon as you remember. If it is almost time for your next dose, then do not take the missed dose at all. Do not take a double dose to make up for a forgotten tablet.

If you stop taking Pyridoxine Tablets

You should continue to take Pyridoxine Tablets for as long as your doctor tells you to. Do not stop taking the medicine without talking to your doctor first.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects

Like all medicines this medicine can cause side effects, although not everybody gets them.

If you take large doses of Pyridoxine Tablets for a long time you may develop problems with your nerves (peripheral neuritis). One of the symptoms of peripheral neuritis can be pins and needles.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Pyridoxine Tablets

Keep this medicine out of the sight and reach of children.

Do not take this medicine after the expiry date which is stated on the blister and carton after 'EXP'. The expiry date refers to the last day of that month.

Pyridoxine Tablets should not be taken if they show signs of deterioration.

Store below 25°C.

Store in the original container or package in order to protect from light and moisture. Do not transfer the tablets to another container.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. Contents of the pack and other information

What Pyridoxine Tablets contain

The active substance is pyridoxine hydrochloride.

Each tablet contains 50mg of the active substance.

The other ingredients are: calcium hydrogen phosphate, maize starch, sodium lauryl sulphate, magnesium stearate and purified water.

Contents of the pack

Pyridoxine Tablets are available in strip packs of 28 tablets.

Marketing Authorisation Holder:

Wockhardt UK Ltd, Ash Road North, Wrexham, LL13 9UF, UK.

Manufacturer:

CP Pharmaceuticals Ltd, Ash Road North, Wrexham, LL13 9UF, UK.

Other formats:

To listen to or request a copy of this leaflet in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK Only)

Please be ready to give the following information:

Product name	Reference number
Pyridoxine 50mg Tablets	29831/0181

This is a service provided by the Royal National Institute of Blind People.

This leaflet was last revised in 03/2023.