

## Package leaflet: Information for the user

### **Enerzair® Breezhaler® 114 micrograms/46 micrograms/136 micrograms inhalation powder, hard capsules**

indacaterol/glycopyrronium/mometasone furoate

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet:**

1. What Enerzair Breezhaler is and what it is used for
2. What you need to know before you use Enerzair Breezhaler
3. How to use Enerzair Breezhaler
4. Possible side effects
5. How to store Enerzair Breezhaler
6. Contents of the pack and other information

Instructions for use of Enerzair Breezhaler inhaler

#### **1. What Enerzair Breezhaler is and what it is used for**

##### **What Enerzair Breezhaler is and how it works**

Enerzair Breezhaler contains three active substances:

- indacaterol
- glycopyrronium
- mometasone furoate

Indacaterol and glycopyrronium belong to a group of medicines called bronchodilators. They work in different ways to relax the muscles of the small airways in the lungs. This helps to open the airways and makes it easier for air to get in and out of the lungs. When they are taken regularly, they help the small airways to remain open.

Mometasone furoate belongs to a group of medicines called corticosteroids (or steroids).

Corticosteroids reduce the swelling and irritation (inflammation) in the small airways in the lungs and so gradually ease breathing problems. Corticosteroids also help to prevent attacks of asthma.

##### **What Enerzair Breezhaler is used for**

Enerzair Breezhaler is used regularly as treatment for asthma in adults.

Asthma is a serious, long-term lung disease where the muscles around the smaller airways become tight (bronchoconstriction) and inflamed. Symptoms come and go and include shortness of breath, wheezing, chest tightness and cough.

You should use Enerzair Breezhaler every day and not only when you have breathing problems or other symptoms of asthma. This will ensure that it controls your asthma properly. Do not use this medicine to relieve a sudden attack of breathlessness or wheezing.

If you have any questions about how Enerzair Breezhaler works or why this medicine has been prescribed for you, ask your doctor.

## 2. What you need to know before you use Enerzair Breezhaler

Follow all the doctor's instructions carefully.

### Do not use Enerzair Breezhaler

- if you are allergic to indacaterol, glycopyrronium, mometasone furoate, or any of the other ingredients of this medicine (listed in section 6). If you think you may be allergic, ask your doctor for advice.

### Warnings and precautions

Talk to your doctor, pharmacist or nurse **before** using Enerzair Breezhaler if any of the following applies to you:

- if you have heart problems, including an irregular or fast heartbeat.
- if you have thyroid gland problems.
- if you have ever been told you have diabetes or high blood sugar.
- if you suffer from seizures or fits.
- if you have severe kidney problems.
- if you have severe liver problems.
- if you have a low level of potassium in your blood.
- if you have an eye problem called angle-closure glaucoma.
- if you have difficulty passing urine.
- if you have tuberculosis (TB) of the lung, or any long standing or untreated infections.

### During treatment with Enerzair Breezhaler

**Stop using this medicine and get medical help immediately** if you have any of the following:

- tightness of the chest, coughing, wheezing or breathlessness immediately after using Enerzair Breezhaler (signs the medicine is unexpectedly tightening the airways, known as paradoxical bronchospasm).
- difficulty breathing or swallowing, swelling of the tongue, lips or face, skin rash, itching and hives (signs of allergic reaction).
- eye pain or discomfort, temporary blurring of vision, visual haloes (seeing bright circles around lights) or coloured images in association with red eyes (signs of an attack of angle-closure glaucoma).

### Children and adolescents

Do not give this medicine to children or adolescents (below the age of 18 years) because it has not been studied in this age group.

### Other medicines and Enerzair Breezhaler

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines. In particular, tell your doctor or pharmacist if you are using:

- medicines that decrease the level of potassium in your blood. These include diuretics (which increase urine production and can be used to treat high blood pressure, e.g. hydrochlorothiazide), other bronchodilators such as methylxanthines used for breathing problems (e.g. theophylline) or corticosteroids (e.g. prednisolone).
- tricyclic antidepressants or monoamine oxidase inhibitors (medicines used in the treatment of depression).
- any medicines that may be similar to Enerzair Breezhaler (contain similar active substances); using them together may increase the risk of possible side effects.
- medicines called beta blockers used to treat high blood pressure or other heart problems (e.g. propranolol) or to treat glaucoma (e.g. timolol).
- ketoconazole or itraconazole (medicines used to treat fungal infections).
- ritonavir, nelfinavir or cobicistat (medicines used to treat HIV infection).

### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine. Your doctor will discuss with you whether you can use Enerzair Breezhaler.

### **Driving and using machines**

It is unlikely that this medicine will affect your ability to drive and use machines.

### **Enerzair Breezhaler contains lactose**

This medicine contains about 25 mg of lactose per capsule. If you have been told by your doctor that you have an intolerance to some sugars, speak with your doctor before taking this medicine.

## **3. How to use Enerzair Breezhaler**

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

### **How much Enerzair Breezhaler to inhale**

The usual dose is to inhale the content of one capsule each day. You only need to use the medicine once a day. Do not use more than your doctor tells you to use.

You should use Enerzair Breezhaler every day, even when your asthma is not troubling you.

### **When to inhale Enerzair Breezhaler**

Inhale Enerzair Breezhaler at the same time each day. This will help control your symptoms throughout the day and night. It will also help you to remember to use it.

### **How to inhale Enerzair Breezhaler**

- Enerzair Breezhaler is for inhalation use.
- In this pack, you will find an inhaler and capsules that contain the medicine. The inhaler enables you to inhale the medicine in the capsule. Only use the capsules with the inhaler provided in this pack. The capsules should remain in the blister until you need to use them.
- Peel the backing away from the blister to open it, **do not push the capsule through the foil.**
- When you start a new pack, use the new inhaler supplied in this new pack.
- Dispose of the inhaler in each pack after all capsules in that pack have been used.
- Do not swallow the capsules.
- **Please read the instructions for use on the other side of this leaflet for more information on how to use the inhaler.**

### **If your pack contains a sensor for Enerzair Breezhaler**

- The sensor and App are not required in order for you to take your medicine. The sensor does not need to be connected to the App when taking your medicine.
- Your doctor will decide whether use of the sensor and App is appropriate for you.
- The electronic sensor for Enerzair Breezhaler is to be attached to the base of the Enerzair Breezhaler inhaler.
- The sensor confirms that you have used the Enerzair Breezhaler inhaler by recording and monitoring its actuations and the whirring noise of the spinning capsule during inhalation but it will not monitor whether you have received the dose of your medicine.
- The sensor is to be used with the Propeller App on your smart phone or another suitable device. The sensor links with the Propeller App via Bluetooth.
- Please read the instructions for use provided in the sensor pack and the App for more information on how to use the sensor for Enerzair Breezhaler and the App.
- After all Enerzair Breezhaler capsules in a pack have been used, move the sensor to the new inhaler in the next Enerzair Breezhaler pack.

**If your symptoms do not improve**

If your asthma is not getting better or if it gets worse after you have started using Enerzair Breezhaler, talk to your doctor.

**If you use more Enerzair Breezhaler than you should**

If you accidentally inhale too much of this medicine, contact your doctor or hospital for advice immediately. You may need medical attention.

**If you forget to use Enerzair Breezhaler**

If you forget to inhale a dose at the usual time, inhale one as soon as possible on that day. Then inhale the next dose at the usual time on the next day. Do not inhale two doses on the same day.

**If you stop using Enerzair Breezhaler**

Do not stop using Enerzair Breezhaler unless your doctor tells you to. Your asthma symptoms may come back if you stop using it.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**Some side effects could be serious**

Stop using Enerzair Breezhaler and get medical help immediately if you have any of the following:

**Common:** may affect up to 1 in every 10 people

- difficulty breathing or swallowing, swelling of the tongue, lips or face, skin rash, itching and hives (signs of allergic reaction).

**Other side effects**

Other side effects include the following listed below. If these side effects become severe, please tell your doctor, pharmacist or nurse.

**Very common:** may affect more than 1 in 10 people

- sore throat
- runny nose
- sudden difficulty breathing and feeling of tightness in chest with wheezing or coughing

**Common:** may affect up to 1 in every 10 people

- oral thrush (sign of candidiasis). After you have finished taking your dose, rinse your mouth with water or a mouthwash solution and then spit this out. This will help to prevent thrush.
- a frequent urge to urinate and pain or burning when urinating (signs of urinary tract infection)
- headache
- fast heart beat
- cough
- voice alteration (hoarseness)
- diarrhoea, abdominal cramps, nausea, and vomiting (gastroenteritis)
- pain in muscles, bones or joints (signs of musculoskeletal pain)
- muscle spasm
- fever

**Uncommon:** may affect up to 1 in every 100 people

- dry mouth
- rash
- high level of sugar in the blood
- skin itching

- difficulty and pain when passing urine (signs of dysuria)
- clouding of the lens of your eyes (signs of cataract)

### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Enerzair Breezhaler**

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton and blister after “EXP”. The expiry date refers to the last day of that month.
- This medicinal product does not require any special temperature storage conditions.
- Store the capsules in the original blister, in order to protect from light and moisture, and do not remove until immediately before use.
- Do not throw away any medicines via wastewater. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.
- If your pack contains an electronic sensor for Enerzair Breezhaler, see the Instructions for Use provided in the sensor pack for detailed instructions on how to store and when to discard it.

## **6. Contents of the pack and other information**

### **What Enerzair Breezhaler contains**

- The active substances are indacaterol (as acetate), glycopyrronium (as bromide) and mometasone furoate. Each capsule contains 150 micrograms of indacaterol (as acetate), 63 micrograms of glycopyrronium bromide (equivalent to 50 micrograms of glycopyrronium) and 160 micrograms of mometasone furoate. Each delivered dose (the dose that leaves the mouthpiece of the inhaler) contains 114 micrograms of indacaterol (as acetate), 58 micrograms of glycopyrronium bromide (equivalent to 46 micrograms of glycopyrronium) and 136 micrograms of mometasone furoate.
- The other ingredients are lactose monohydrate and magnesium stearate (see “Enerzair Breezhaler contains lactose” in section 2).

### **What Enerzair Breezhaler looks like and contents of the pack**

In this pack, you will find an inhaler together with capsules in blisters. Some packs also contain a sensor device. The capsules are transparent and contain a white powder. They have a black product code “IGM150-50-160” printed above two black bars on the body with a logo printed in black and surrounded by a black bar on the cap.

The following pack sizes are available:

Single pack containing 10 x 1, 30 x 1 or 90 x 1 hard capsules, together with 1 inhaler.

Pack containing 30 x 1 hard capsules, together with 1 inhaler and 1 sensor.

Multipacks comprising 15 cartons, each containing 10 x 1 hard capsules together with 1 inhaler.

Not all pack sizes may be available in your country.

### **Marketing Authorisation Holder**

Novartis Europharm Limited  
 Vista Building  
 Elm Park, Merrion Road  
 Dublin 4  
 Ireland

**Manufacturer**

Novartis Farmacéutica, S.A.  
Gran Via de les Corts Catalanes, 764  
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For any information about this medicine, please contact the local representative of the Marketing Authorisation Holder:

**United Kingdom**

Novartis Pharmaceuticals UK Ltd.  
Tel: +44 1276 698370

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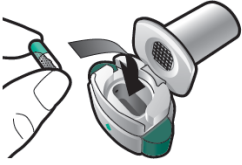
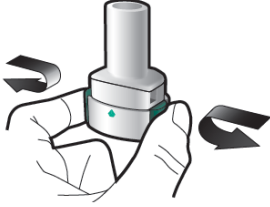


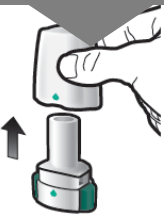
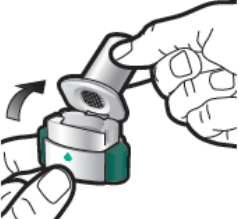
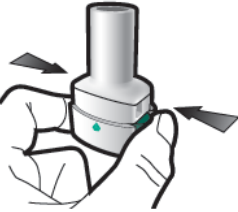



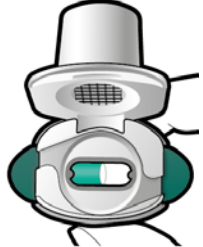


**Other sources of information**

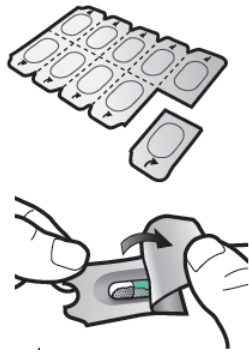
Detailed information on this medicine is available on the European Medicines Agency web site:  
<http://www.ema.europa.eu>.

## Instructions for Use of Enerzair Breezhaler

Please read full instructions for use of Enerzair Breezhaler inhaler before use. These instructions are also available by scanning the QR code or visiting: [www.breezhaler-asthma.eu/enerzair](http://www.breezhaler-asthma.eu/enerzair)

“QR code to be included”

			
Insert	Pierce and release	Inhale deeply	Check capsule is empty
1	2	3	Check
 <p>Step 1a: <b>Pull off cap</b></p>  <p>Step 1b: <b>Open inhaler</b></p>	 <p>Step 2a: <b>Pierce capsule once</b> Hold the inhaler upright. Pierce capsule by firmly pressing both side buttons at the same time.</p> <p>You should hear a noise as the capsule is pierced. <u>Only pierce the capsule once.</u></p>  <p>Step 2b: <b>Release side buttons</b></p>	 <p>Step 3a: <b>Breathe out fully</b> <u>Do not blow into the inhaler.</u></p>  <p>Step 3b: <b>Inhale medicine deeply</b> Hold the inhaler as shown in the picture. Place the mouthpiece in your mouth and close your lips firmly around it. <u>Do not press the side buttons.</u></p>	 <p><b>Check capsule is empty</b> Open the inhaler to see if any powder is left in the capsule.</p> <p>If there is powder left in the capsule:</p> <ul style="list-style-type: none"> <li>• Close the inhaler.</li> <li>• Repeat steps 3a to 3d.</li> </ul>  <p><b>Powder remaining</b></p>  <p><b>Empty</b></p>



Step 1c:

**Remove capsule**

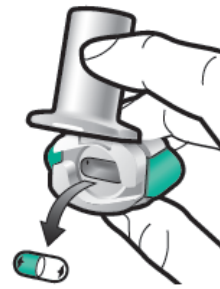
Separate one of the blisters from the blister card.

Peel open the blister and remove the capsule.

Do not push the capsule through the foil.

Do not swallow the capsule.

Breathe in quickly and as deeply as you can. During inhalation you will hear a whirring noise. You may taste the medicine as you inhale.



**Remove empty capsule**

Put the empty capsule in your household waste.

Close the inhaler and replace the cap.



Step 3c:

**Hold breath**

Hold your breath for up to 5 seconds.

Step 3d:

**Rinse mouth**

Rinse your mouth with water after each dose and spit it out.

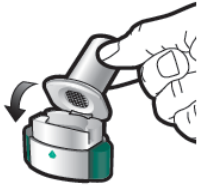




Step 1d:

**Insert capsule**

Never place a capsule directly into the mouthpiece.



Step 1e:

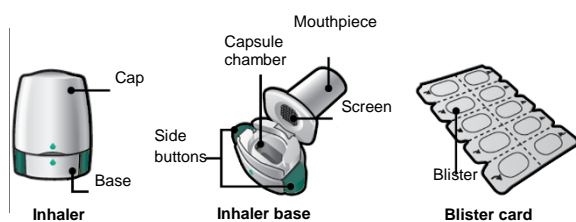
**Close inhaler**

**Important Information**

- Enerzair Breezhaler capsules must always be stored in the blister card and only removed immediately before use.
- Do not push the capsule through the foil to remove it from the blister.
- Do not swallow the capsule.
- Do not use the Enerzair Breezhaler capsules with any other inhaler.
- Do not use the Enerzair Breezhaler inhaler to take any other capsule medicine.
- Never place the capsule into your mouth or the mouthpiece of the inhaler.
- Do not press the side buttons more than once.
- Do not blow into the mouthpiece.
- Do not press the side buttons while inhaling through the mouthpiece.
- Do not handle capsules with wet hands.
- Never wash your inhaler with water.

Your Enerzair Breezhaler Inhaler pack contains:

- One Enerzair Breezhaler inhaler
- One or more blister cards, each containing 10 Enerzair Breezhaler capsules to be used in the inhaler



### Frequently Asked Questions

#### Why didn't the inhaler make a noise when I inhaled?

The capsule may be stuck in the capsule chamber. If this happens, carefully loosen the capsule by tapping the base of the inhaler. Inhale the medicine again by repeating steps 3a to 3d.

#### What should I do if there is powder left inside the capsule?

You have not received enough of your medicine. Close the inhaler and repeat steps 3a to 3d.

#### I coughed after inhaling – does this matter?

This may happen. As long as the capsule is empty you have received enough of your medicine.

#### I felt small pieces of the capsule on my tongue – does this matter?

This can happen. It is not harmful. The chances of the capsule breaking into small pieces will be increased if the capsule is pierced more than once.

### Cleaning the inhaler

Wipe the mouthpiece inside and outside with a clean, dry, lint-free cloth to remove any powder residue. Keep the inhaler dry. Never wash your inhaler with water.

### Disposing of the inhaler after use

Each inhaler should be disposed of after all capsules have been used. Ask your pharmacist how to dispose of medicines and inhalers that are no longer required.